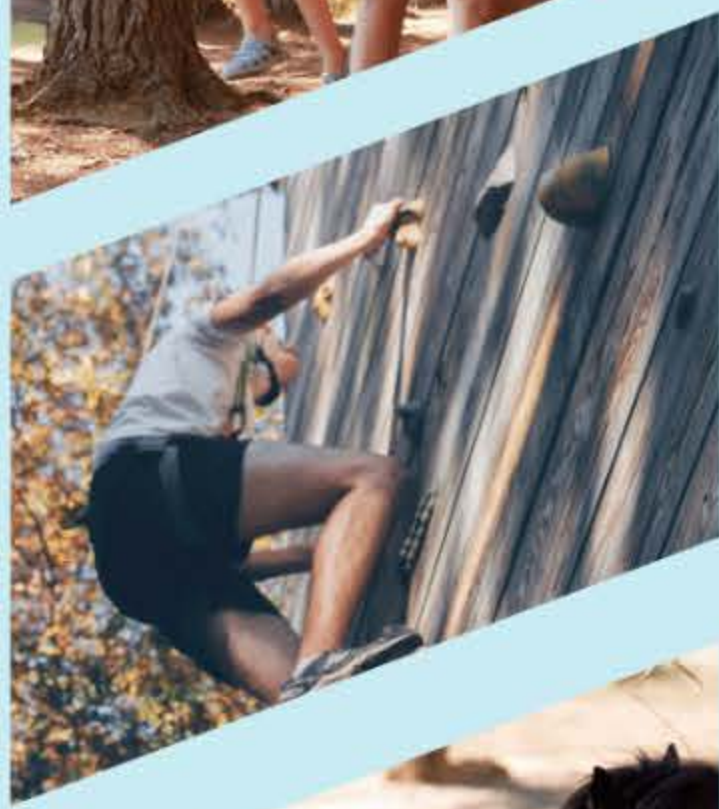


FAMILY CAMP AT MONTVALE 2023 DATES

• **June 30 - July 2** • **August 25 - 27** •
• **September 29 - October 1** • **October 20 - 22** •



Today's families face unprecedented challenges. Demands for our time (work, school, sports, and other activities) make it increasingly challenging to connect with one another in meaningful ways. Designed with adoptive and guardianship families in mind, the Montvale Family Camp experience provides an opportunity to heal, grow, and connect with one another in a fun, outdoor environment.

The goals of Family Camp are to:

- Provide an emotionally & physically safe environment
- Promote attachment & strengthen relationships
- Provide therapeutic & experiential learning through nature, art, animals, music & movement
- Acknowledge, honor & embrace each child's journey
- Create an experience that builds trust & connection
- Encourage imagination, creativity & curiosity through play

Camp activities include:

- Arts & Crafts
- Hikes & nature walks
- Equine Therapy
- Yoga & Drumming
- Educational groups for parents
- Challenge Course
- Swimming
- Sports like basketball, sand volleyball & GaGa ball
- Campfire, s'mores & more!

Family Camp takes place at historic Camp Montvale, owned and operated by Harmony Family Center. Located eight miles from Maryville, Tennessee, Montvale's 364 acres sit at the foot of Chilhowee Mountain. Montvale's tranquil woodland setting is the ideal location for families to play, relax, and connect.

The newly renovated camp provides a comfortable meeting place and spectacular views. Montvale has a wide range of recreational activities including a beautiful swimming pool and challenge course with a 60 foot climbing wall. Families will stay in our Ridge Top or Creekside cabins.



4901 Montvale Road • Maryville, TN 37803

www.harmonyfamilycenter.org • 423-347-8319 • miranda@harmonyfamilycenter.org