



RESOURCE GUIDE



Department of
Children's Services



harmony



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NORTHEAST



Early Childhood Resources

Tennessee Early Intervention Service

- Location: In-home Services
- Phone: 1-800-852-7157
- Website: <https://www.tn.gov/didd/for-consumers/tennessee-early-intervention-system-teis.html>
- Eligibility Requirements: Child age birth to 3, must have a delay in one or more areas of development or a diagnosed condition
- Fees for Service: N/A
- Brief Service Description: Anyone who has a concern about a child's development, age birth through two, can call Tennessee's Early Intervention System, and make a referral. This is a voluntary education program through the Department of Education.

Regional Intervention Program (RIP)

- Location: Kingsport and Johnson City locations
- Phone: Kingsport: (423) 224-1020 | Johnson City: (423) 232-4211
- Website: <https://www.tn.gov/behavioral-health/children-youth-young-adults-families/rip/about-us/rip-locations.html>
- Eligibility Requirements: Children ages 2-5
- Fees for Service: N/A
- Brief Service Description: Regional Intervention Program (RIP) is a 6–9 month behavior modification program. The program is designed to simultaneously decrease the child's unwanted behaviors while strengthening social skills and empowering parents to set developmentally appropriate limits and consequences for their child.

Head Start and Early Head Start

- Location: Various Locations in TN
- Phone: 615-741-4846
- Website: <https://www.tn.gov/education/districts/early-learning/head-start.html>
- Eligibility Requirements: Visit website for more information
- Fees for Service: N/A
- Brief Service Description: Head Start is built upon the understanding that child and family development takes place in a community, and that effective programs build upon and link families with community resources. For this reason, Head Start is designed to link with schools, social service agencies, health services, childcare services -- but especially with parents.

Mental Health, Alcohol and Substance Abuse, and Health Resources

Harmony Family Center (Adoption Support and Preservation Program)

- Location: Statewide/In-home Services
- Phone: (888) 848-2727
- Website: <https://harmonyfamilycenter.org/pre-post-adoption/asap-gsap-services/>
- Eligibility Requirements: Adopted children 18 and under
- Fees for Service: Free services for children adopted via foster care, sliding scale for other adoptive families
- Brief Service Description: In-home, trauma informed assessment and family-focused counseling.

Youth Villages

- Location: 3915 Bristol Highway #101, Johnson City, TN 37601
- Phone: (423) 283-6500
- Website: <http://www.youthvillages.org>
- Eligibility Requirements: Children and youth with behavioral and mental health issues
- Fees for Service: Call to confirm
- Brief Service Description: In East Tennessee, Youth Villages offers our full continuum of programs serving emotionally and behaviorally troubled young people—Intensive In-Home Services, Residential Treatment, Foster Care and Adoption, YVLifeSet and Specialized Crisis Services.

OMNI Community Health

- Location: Various locations in Tennessee
- Phone: (877) 258-8795
- Website: <http://www.theomnifamily.com/>
- Eligibility Requirements: N/A

- Fees for Service: Call to confirm; accepts TNCare
- Brief Service Description:
 - Comprehensive Diagnostic & Evaluation Services
 - Individual, Family & Couples Therapy, Group Therapy
 - Case Management
 - Play Therapy
 - Medication Management & Evaluation
 - Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
 - Wraparound In-Home Services.

Sexual Assault Center of East Tennessee

- Location: various locations in East Tennessee
- Phone: (865) 522-7273
- Website: <https://mcnabbcenter.org/victim-services/>
- Eligibility Requirements: Victims of sexual abuse, as well as offenders
- Fees for Service: Call to confirm
- Brief Service Description:
 - Sexual Assault Nurse Examinations
 - Advocacy
 - Education
 - Outreach Therapy

Frontier Behavioral Health

- Location: Various Locations
- Phone: (877) 928-9062
- Website: <https://www.frontierhealth.org>
- Eligibility Requirements: Services for children, youth, adolescents, and families
- Fees for Service: Call to confirm
- Brief Service Description:

- Outpatient services for children, youth, adolescents, and families are provided by licensed or licensed-eligible clinicians; crisis services are available 24/7 through phone and face-to-face assessments. Intensive Outpatient Services are available through the Adventure Program and school-based services are available at locations throughout the region.
- Psychiatric services: children and youth psychiatrists and advanced practice nurses provide medication, evaluation, and monitoring for those in need of psychotropic medication as part of their comprehensive treatment plan.
- Case management: case management is a service that supports treatment by helping someone figure out the services they need and empowering them through person-centered planning.

Thriveworks Counseling Services

- Location: Locations in Bristol and Johnson City
- Phone: Bristol: (423) 822-5099 | Johnson City: (423) 491-4202
- Website: <http://thriveworks.com/bristol-counseling/>
- Eligibility Requirements: Children, adolescents, and adults; Family and individual therapy
- Fees for Service: Call to confirm
- Brief Service Description: Various practitioners, some have trauma specific training or EMDR certification

Tonia M Parlier, LPC

Location: 701 Professional Plaza Dr. STE 1, Greeneville, TN 37745

- Phone: 423-930-9112
- Website: <https://www.lovingcc.com/toniaparlier>
- Eligibility Requirements: Toddler through adult
- Fees for Service: Accepts some insurance and sliding scale, call to confirm

- Brief Service Description: Specializes in working with the effects of trauma, certified in Trauma Focused Cognitive Behavioral Therapy (TF-CBT) and Attachment/ Self-Regulation/ Competency (ARC) for complex traumas.

Dr. Thomas Burns

- Location: 404 E Market St, Kingsport, TN
- Phone: (423) 392-6898
- Website: N/A
- Eligibility Requirements: Children and adolescents
- Fees for Service: Takes most insurance, call to confirm
- Brief Service Description: Psychologist, provides individual & family counseling for children and teens.

Rebecca Myers, MT-BC (Music Therapist, Board Certified)

- Location: 317 Santa Fe Drive, Bristol, TN
- Phone: (423) 747-8056
- Website: N/A
- Eligibility Requirements: call to confirm client types currently accepted
- Fees for Service: \$20 for 1/2 hr., \$35 for 1 hr. Add an additional \$5 for visits to clients' homes. Does not accept insurance at this time.
- Brief Service Description: Provides private Music Therapy

Peninsula Behavioral Health

- Location: 1451 Dowell Springs Blvd, Knoxville, TN 37909
- Phone: (865) 970-9800
- Website: <https://www.peninsulabehavioralhealth.org>
- Eligibility Requirements: N/A
- Fees for Service: Call to confirm; accepts TNCare

- Brief Service Description: Inpatient treatment for children and adolescents.

Village Behavioral Health

- Location: 2431 Jones Bend Rd, Louisville, TN 37777
- Phone: 855-493-3846
- Website: <http://www.villagebh.com>
- Eligibility Requirements: N/A
- Fees for Service: Call to confirm
- Brief Service Description: Teen Residential Treatment Programs for Mental Health or Addiction.

Norris Academy

Location: 101 First Quality Road, Andersonville, TN 37705

- Phone: (865) 494-5554
- Website: <https://www.norrisacademytn.com/>
- Eligibility Requirements: N/A
- Fees for Service: Call to confirm
- Brief Service Description: Norris Academy is a residential treatment care facility for children and youth ages 5 to 21 diagnosed with Autism Spectrum Disorder/Neurodevelopmental Disorders.

Mountain Youth Academy

- Location: 332 Hospital Road Mountain City, TN 37683
- Phone: (423) 727-9898
- Website: <http://www.mountainyouthacademy.net>
- Eligibility Requirements: Youth ages 5-17 with an IQ of 65 or above
- Fees for Service: Call to confirm
- Brief Service Description: Mountain Youth Academy is a residential treatment facility for girls and boys, ages 5-17. We are a trauma-based treatment facility treating at-

risk youth with an IQ of 65 or above. We offer a therapeutic and safe setting in a secure, locked facility to help children and teens address their mental health needs. We also have specific treatment programs for those with intellectual disabilities. Our treatment programs utilize adolescent and child therapy in both, individual and group settings as well as other treatment methods to address each individual's mental health needs.

Vanderbilt Behavioral Health Inpatient Program

- Location: Vanderbilt University Medical Center
- Phone: (615) 327-7000
- Website: <https://www.vanderbilthealth.com/service-line/behavioral-health>
- Eligibility Requirements: Call for more information
- Fees for Service: Call for more information
- Brief Service Description: This program offers a wide range of treatment methods including: Pharmacotherapy, Individual, group, and family psychotherapy, Educational and vocational treatment, Activity therapy, Nutritional education. We encourage families to join in the treatment process, because family members can have a positive impact on the patient's success. We also provide an aftercare plan to help continue progress after leaving the hospital.

SteppenStone Youth Treatment Services

- Location: 110 SteppenStone Blvd, Limestone, TN 37681
- Phone: (423) 257-6054
- Website: <https://www.candcservices.org/>
- Eligibility Requirements: Adolescent males
- Fees for Service: Call to confirm
- Brief Service Description: SteppenStone Youth Treatment Services is a fully integrated closed treatment continuum specializing in the treatment of adolescent teenage males experiencing emotional and behavioral problems. SteppenStone

provides 24 hour residential, day, after school, and outpatient treatment services. SteppenStone also provides academic services from a fully accredited education program. Our program is designed to interrupt the cycle of abuse and mistreatment while developing pro-social attitudes and behavior. SteppenStone is dedicated to positively impacting the lives of these young boys so they may have the opportunity to lead a healthy life.

TalkBack Pediatric Therapy

- Location: Locations in Johnson City, Kingsport, and Elizabethton
- Phone: (423) 282-1700
- Website: <http://www.talkbackinc.com>
- Eligibility Requirements: Eligible for Speech, OT or PT services
- Fees for Service: Call to confirm
- Brief Service Description: Specialize in providing speech, occupational, and physical therapy to children ages birth to three, preschool age, and school age in the Tri-Cities area of East Tennessee, therapists are specially trained in the field of pediatric therapy. Incorporate play into therapy sessions and are trained to be more sensitive to the emotional, psychological, and physical needs of children.

Camelot Care Center

- Locations:
- 2971 Fort Henry Drive, Kingsport, TN 37664 | (423) 392-2975
- 15 Old Stage Rd., Suite A, Greeneville, TN 37745 | (423) 392-2975
- Website: <https://www.thecamelotdifference.com/services>
- Eligibility Requirements: Call to confirm
- Fees for Service: Call to confirm
- Brief Service Description: Camelot offers home-based services to children and families in Tennessee. Our clinical employees who provide these services are also

trained in the techniques of trauma-focused cognitive behavioral therapy (TF-CBT) and motivational interviewing (MI). Camelot provides home-based services through Comprehensive Child and Family Treatment (CCFT). The service usually involves multiple visits per week by the counselor to the home.

The Next Step Behavioral Health

- Locations: 207 N. Boone Street, Suite 600, Johnson City, TN 37604
- Phone: (865) 338-5384
- Website <https://www.thenextstepbh.com/Mission&Values.html>
- Eligibility Requirements: Call to confirm
- Fees for Service: Call to confirm
- Brief Service Description: Provides Assessment and Evaluation, CCFT, Counseling, Intensive Outpatient Program, Medication Management, Parent Education and Skills Training.

Appalachian Integrated Therapy Services

- Location: 2700 S Roan St, Suite 410, Johnson City, TN 37601
- Phone: (423) 302-0541
- Website <https://www.appalachianintegratedtherapyservices.com/about>
- Eligibility Requirements: Call to confirm
- Fees for Service: Call to confirm
- Brief Service Description: Counseling services. Offers Cognitive Behavioral Therapy and EMDR.

Growing Light Counseling

- Location: 2020 Meadowview Parkway, Suite 200, Kingsport, TN 37660
- Phone: (423) 578-7208
- Website <http://www.growinglightcounseling.com>

- Eligibility Requirements: Call to confirm
- Fees for Service: Call to confirm
- Brief Service Description: Counseling services for children, adolescents, and young adults.

Summit Counseling Services

- Location: 217 East Market St., Suite 100, Johnson City, TN 37601
- Phone: (423) 207-3336
- Website <https://summitcounselingtn.com/>
- Eligibility Requirements: Call to confirm
- Fees for Service: Call to confirm
- Brief Service Description: Counseling services for children, adolescents, and young adults. Offers Play Therapy, PCIT, Grief and Loss, and Trauma Processing.

Educational Resources

Harmony Family Center Educational Advocacy

- Location: Statewide
- Phone: 865-982-5225
- Website: <https://harmonyfamilycenter.org/educational-advocacy/>
- Eligibility Requirements: School aged children
- Fees for Service: Initial consultation is fee. Service rates are \$75/hour. Most client's need are met in 5 hours or less.
- Brief Service Description: Harmony's professional staff use their specialized training and years of experience to offer support, education, and assistance to families navigating educational services and systems. Our advocates help prepare for school meetings, including IEP, Section 504, S-Team, or Expulsion Hearings. Harmony's advocates will support you by attending school meetings, informing you of your child's educational rights, and negotiating for your child's educational needs and services.

Greene County Schools Parent Resource Center

- Location: Chuckey Elementary School, 1605 Chuckey Highway, Chuckey, TN 37641
- Phone: (423) 257-2108
- Website: <http://www.greenek12.org>
- Eligibility Requirements: Greene County Students
- Fees for Service: N/A
- Brief Service Description: Networking among schools and service agencies through the Family Resource Center is used to maximize services and resources available to children and families to ensure student needs are met so they are ready to learn when they get to school.

Hawkins County Schools Parent Resource Center

- Location: 200 North Depot Street, Rogersville, TN 37857
- Phone: (423) 272-7629 Ext. 2056
- Website:
<http://hawkinscountysd.schoolinsites.com/?DivisionID=15559&DepartmentID=16673&SubDepartmentID=7680>
- Eligibility Requirements: Hawkins County Student
- Fees for Service: N/A
- Brief Service Description: The Hawkins County Family Resource Center provides a variety of free services to children and families of the Hawkins County School System. The goals of the Family Resource Center are to assist the family in learning the skills necessary to promote the full development of children, to encourage social support and communication and to increase school, family, and community involvement in education.

Children and Teen Resources

Big Brothers/ Big Sisters

- Location: 301 Louis Street, #302 Kingsport, TN 37660
- Phone: (423) 247-3240
- Website: <http://www.tennesseebig.org/>
- Eligibility Requirements: Children ages 6-18 needing mentorship
- Fees for Service: N/A
- Brief Service Description: Big Brothers Big Sisters makes meaningful mentorship matches between volunteers (Bigs) and children ages 6-18 (Littles). We then provide the training, resources, and support necessary for those matches to succeed in our community based or site-based programs.

Boys and Girls Club

- Locations and Phones:
 - Eastman Center: 1 Positive Place, Kingsport, TN 37660 | (423) 230-4160
 - Cloud Site: 1072 Reedy Place, Kingsport, TN 37660 | (423) 392-2552
 - Riverview Site: 301 Louis Street, Kingsport, TN 37660 | (423) 392-2517
 - Washington County Site: 2210 West Market St, Johnson City, TN 37604 | (423) 461-4560
 - Carter County Site: 104 Hudson Drive, Elizabethton, TN 37643 | (423) 543-2946
 - Greene County Site: 740 West Church St., Greeneville, TN 37745 | (423) 787-9334
 - Hawkins County Site: 1604 E. Main Street, Rogersville, TN 37857 | (423) 272-5656
 - Scott County Site: 322 Jennings Street, Weber City, VA 24290 | (423) 732-1084
- Website: <https://www.bgctn.org/local-clubs>
- Eligibility Requirements: Youth and teens in grades K-12.
- Eligibility Requirements: N/A
- Fees for Service: call preferred Club for information
- Brief Service Description: Boys & Girls Club of Tennessee Valley is proud to serve youth with programs in art, education, health & physical fitness, social enrichment,

teen focused programs and much more. We invite you to learn more what we offer at each of our Branch sites.

SHOUT Youth Leadership

- Location: 400 Clinchfield Street, Suite 100, Kingsport, TN 37660
- Phone: (423) 392-8813
- Website:
<http://www.kingsportchamber.org/pages/S46H46O46U46T46%C2%AEYouthLeadership>
- Eligibility Requirements: Application process
- Fees for Service: N/A
- Brief Service Description: S.H.O.U.T.!® stands for Students Helping Others Understand Tomorrow and is for talented high school students who might someday hold positions of leadership in our region. The program offers lively, interactive sessions where you'll learn leadership skills and important information about our community including volunteer opportunities. Program days consist of topics such as Know Your Peers, Know your Self, Know your Leaders, Know your Community and Know your Ability.

Girls, Inc

Locations:

1100 Girls Place, P.O. Box 981, Kingsport, TN 37662 (423) 247-2321

227 Library Lane, Johnson City, TN (423) 928-4251

885 Clinton Ave, Bristol, VA. (276) 669-8686

Website: <https://girlsincckpt.org/>

Eligibility Requirements: Girls 4-18.

Fees for Service: Call to confirm

Brief Service Description: Girls Inc. of Kingsport is an after school and summer program for girls 4-18. We provide a fun and safe environment for girls to make new friends, further artistic and athletic abilities, and supplement learning in the classroom. We have

sports teams throughout the year (basketball, soccer, volleyball, track, etc.). All practices and games take place on site during normal operating hours. Every league is considered a “learning league”: no experience is necessary. The girls learn the fundamentals while getting to be part of a team

Greene County YMCA

- Location: 404 Y Street, Greeneville, TN 37745
- Phone: (423) 639-6107
- Website: <https://greenecounty-ymca.org/>
- Eligibility Requirements: Call for information
- Fees for Service: Call for information
- Brief Service Description: Childcare, youth and adult sports, water exercise classes, group exercise classes, outdoor walking track, cardio and strength machines, playgrounds, active older adult activities, health related seminars, facility space for other non-profits, financial assistance for membership and/or programs for those who qualify, etc.

Greater Kingsport Family YMCA

- Location: 1840 Meadowview Parkway, Kingsport, TN 37660
- Phone: (423) 247-9622
- Website: <https://www.ymcakpt.org/>
- Eligibility Requirements: Call for information
- Fees for Service: Call for information
- Brief Service Description: Childcare, youth and adult sports, water exercise classes, group exercise classes, outdoor walking track, cardio and strength machines, playgrounds, active older adult activities, health related seminars, facility space for other non-profits, financial assistance for membership and/or programs for those who qualify, etc.

YMCA Brighter Horizons Youth Center

- Location: 1604 E Main St, Rogersville, TN 37857
- Phone: (423) 500-4891
- Website: <https://www.ymcakpt.org/locations/brighter-horizons-youth-center/ymca-brighter-horizons-youth-center/?back=locations>
- Eligibility Requirements: Call for information
- Fees for Service: Call for information
- Brief Service Description: Childcare, youth and adult sports, water exercise classes, group exercise classes, outdoor walking track, cardio and strength machines, playgrounds, active older adult activities, health related seminars, facility space for other non-profits, financial assistance for membership and/or programs for those who qualify, etc.

Teens Transitioning into Adulthood Resources

TN Department of Children's Services Independent Living Program

- Location: Regional Office—2557 Plymouth Road, Johnson City, TN 37601
- Phone: (423) 979-5220
- Website: <https://www.tn.gov/dcs/program-areas/youth-in-transition/il.html>
- Eligibility Requirements: Youth moving out of foster care with the state up to the age of 21; call for details on eligibility. Young adults who are incarcerated are still eligible unless they receive a felony charge; also pregnant teens are eligible, but must work with team to make a decision about the baby; young adults with serious disability that prevents them from pursuing an education or full time employment may be eligible as well.
- Fees for Service: N/A
- Brief Service Description: Provides a comprehensive Independent Living Program (Independent Living - Transition to Adulthood) for youth moving out of foster care with the state including support with housing, education, life skills and other needs to help the youth successfully live on their own.

Vocational Rehabilitation Regional Office

- Location and Phone:
 - P.O. Box 1480 (37644-1480)
407 Cherokee Park Drive, Elizabethton, TN 37643 | (423) 542-4159
 - 241 Baileyton Road, Greeneville, TN 37745-3303 | (423) 639-5148
 - 1060 Wilcox Court, Kingsport, TN 37660-5381 | (423) 639-5148
 - 905 Buffalo St. (37604-6719), Johnson City, TN 37605 | (423) 434-6934
- Website: <https://www.tn.gov/humanservices/ds/vocational-rehabilitation>
- Eligibility Requirements:

- A determination of Vocational Rehabilitation (VR) program eligibility is based on the following: 1. The person has a physical, mental or sensory impairment that results in a substantial impediment to employment; 2. VR services are required to prepare for, secure, retain or regain employment consistent with the person's strengths, abilities, capabilities, interests and informed choice; and 3. The person can benefit from VR services in terms of an employment outcome.
- Fees for Service: N/A
- Brief Service Description: The Vocational Rehabilitation Program (VR) provides a variety of individualized services to persons with disabilities in preparation for their employment in the competitive labor market. VR advocates employment outcomes for clients that are consistent with their individual strengths, resources, abilities, capabilities, and informed choice.

Legal and Advocacy Resources

Disability Rights TN

- Location: East Tennessee Office—9050 Executive Park Drive, Suite 101-B, Knoxville, TN 37923
- Phone: (865) 670-2944
- Website: <http://www.disabilityrightstn.org/get-help>
- Eligibility Requirements: Approval by review team
- Fees for Service: N/A
- Brief Service Description: Provides Advocacy Services for issues that are approved by the Review Team.

TN Voices

- Location: Statewide
- Phone: (800) 670-9882
- Website: <https://tnvoices.org/>
- Eligibility Requirements: N/A
- Fees for Service: There is no fee for support and advocacy services, or consultation, and most of the parent training are available free of charge
- Brief Service Description: The SFSN provides support, advocacy, and assistance in connecting with services or accessing supports to families of children with emotional, behavioral, and mental health difficulties. We offer individual consultation and advocacy in all systems (education, juvenile court, mental health, child welfare and others), information and training, and support groups. The Statewide Family Support Network is open to caregivers of children ages birth to 22 who are experiencing struggles related to an emotional, behavioral, or mental health concern or disorder, as well as to the providers and community agencies that work with children and families. Services are offered in all 95 counties in TN.

Children's Advocacy Center

- Locations:
- 200 Main Street, Mosheim, TN 37818 (423) 422-4446
- 150 Blountville Bypass, Blountville, TN 37617 (423) 279-1222
- 201 E. Myrtle Avenue, Johnson City, TN 37601 (423) 926-6528
- Website: <https://cactn.org/>
- Eligibility Requirements: Children affected by child abuse or neglect
- Fees for Service: Call to confirm
- Brief Service Description: Community Awareness and Education, Medical Referrals and Accompaniment, Safe and Caring Environment for Investigations, Therapy Services and Victims Services Program. Family advocates and forensic interviewers.

Legal Aide of Tennessee

- Location: 311 W. Walnut St., Ste. 100, Johnson City, TN 37604
Phone: (423) 928-8311
- Website: <http://www.laet.org>
- Eligibility Requirements: Call to confirm
- Fees for Service: Call to confirm
- Brief Service Description: LAET provides civil legal services ranging from information and advice to complex litigation and appellate advocacy to low-income persons in twenty six (26) East Tennessee counties. LAET also engages in Community Economic Development work with individuals and grass roots community organizations focused on protecting communities and facilitating economic opportunity for low-income persons. LAET has special programs for seniors and victims of domestic violence that, due to funding source permissions, can be provided to persons whose income and/or assets exceed the restrictions on the majority of our services LAET

also funds and staffs Pro Bono Projects that recruit, support and utilize volunteer attorneys and other professionals to allow us to expand services.

Pride Community Center of the Tri-Cities

- Location: P.O. Box 5277, Johnson City, TN 37602
- Phone: N/A, email: info@pridetricities.com
- Website: <https://pridetricities.com/>
- Eligibility Requirements: N/A
- Fees for Service: Email to confirm
- Brief Service Description: Pride Community Center of the Tri-Cities is dedicated to providing a safe space to foster the physical, mental, emotional, and spiritual well-being of individuals in the LGBT communities of the Tri-Cities and surrounding areas. Our goal is to create positive social change in the region by nurturing a healthy, active, productive, and contributive LGBT community, and establishing a proud visible presence with a central location. Pride Community Center is committed to empowering the local LGBT population, through advocacy, education, and entertainment, via a variety of mediums.

Volunteer Advocacy Project

- Location: Various locations
- Phone: N/A
- Email: VolAP@vanderbilt.edu
- Website: <https://vkc.vumc.org/vkc/services/project/volunteer-advocacy/>
- Eligibility Requirements: N/A
- Fees for Service: N/A
- Brief Service Description: The VAP training is comprised of two parts: (1) a 40-hour training, and (2) the linkage of the volunteer advocate with four families of children with disabilities.

- Forty-hour training: Every participant attends a 40-hour training. In the training, various topics related to special education advocacy are taught: evaluations and eligibility, individualized education plans, assistive technology, discipline provisions, behavior intervention plans, non-adversarial advocacy techniques, legislative change, least restrictive environment, and extended school year services. The training also has various speakers including professors, attorneys, parents of children with disabilities, and advocates. Reading assignments of relevant laws and regulations accompany each class session.
- Linkage with four families: After graduating from the class (completing the 40 hours of instruction), each participant commits to working, at no cost, with four families of children with disabilities.

TNSTEP: Special Education Support for Tennessee Families

- Location: Various locations in TN
- Phone: 1-800-280-STEP
- Email: information@tnstep.org
- Website: <http://www.tnstep.org/>
- Eligibility Requirements: Children with disabilities
- Fees for Service: N/A
- Brief Service Description: TNSTEP's vision is to ensure a brighter future for children and youth in Tennessee, with an emphasis on those with disabilities, special health care needs, and mental health needs.

Tennessee Justice Center

- Location: P.O. Box 100187, Nashville, TN 37224
- Phone: (615) 255-0331 or 1-877-608-1009
- Website: <https://www.tnjustice.org/>
- Eligibility Requirements: Call to confirm

- Fees for Service: Call to confirm
- Brief Service Description: We help Tennesseans one-by-one and then take what we learn from their stories to advocate for large-scale changes that help others in the same boat. In addition to helping individuals, we use the law and advocacy to ensure that Tennesseans can meet their most basic needs and have a pathway to opportunity.

Financial Assistance and Basic Needs Resources

Assistance and Resource Ministries

- Location: 714 West C Street, Elizabethton, Tennessee
- Phone: (423) 542-0919
- Website: <http://www.armfoodpantry.com>
- Eligibility Requirements: Carter County Residents
- Fees for Service: N/A
- Brief Service Description: Assistance and Resources Ministries mission is to identify and secure the necessary human, financial, and material resources required to efficiently and fairly provide basic emergency necessities to those in need throughout Carter County. A.R.M. provides information regarding the short-term needs present within our community to secure resources locally and collaborates with outside entities to obtain funding and resources through grants and awards.

Upper East TN Human Development Agency Neighborhood Centers

- Location: Serving all of counties in the Northeast Region (Carter, Johnson, Unicoi, Sullivan, Greene, Hancock, Hawkins, and Washington)
- Phone: (423) 246-6180 (follow prompts to reach the center closest to you)
- Website: <http://uethda.org>
- Eligibility Requirements: Low-income residents
- Fees for Service: N/A
- Brief Service Description: The Purpose of UETHDA Emergency Assistance Services is to provide short term assistance to low-income households that have immediate needs with an essential item (shelter, water, clothing, food, etc.) The Emergency Assistance Services is not designed to provide on-going support, only to fill a specific gap created beyond the control of the customer. Services Include: Deposits, First Month's Rent, Past Due Rent, Mortgage, Meter Water Assistance, Clothing,

Household Goods- for homeless, Food, Heating Repair/Equipment, Well Spring Pumps

First Tennessee Human Resource Agency

- Location: 704 Rolling Hills Dr., Johnson City, TN 37604
- Phone: (423) 461-8200
- Website: <http://fthra.org>
- Eligibility Requirements: varies by service, please call for information
- Fees for Service: N/A
- Brief Service Description: Offers Meals on Wheels & Nutrition Program, N.E.T. Trans, Adult Day Services, Community Investment, Child Care Food Program, DUI School, Foster Grandparent Program, Personal Support Services, Probation Programs, Safe Passage DV Shelter, Senior Employment Program

Family Promise of Greater Johnson City Interfaith Hospitality Network

- Location: 215 W Watauga Ave #4, Johnson City, TN 37604
- Phone: (423) 929-9967
- Website: <http://familypromisejc.com>
- Eligibility Requirements: Homeless families with children
- Fees for Service: N/A
- Brief Service Description: Interfaith Hospitality Network is made up of over 50 faith congregations that provide lodging and meals for our guests. Additionally, an FPJC case manager works with our guests to obtain sustainable housing, collaborates with community resources to obtain needed services, and assists the families to develop and achieve personal goals related to debt resolution, budgeting, obtaining employment, living a physically and emotionally healthy lifestyle, and parenting & interpersonal skills.

Second Harvest Foodbank of Northeast Tennessee

- Location: 1020 Jericho Drive, Kingsport, TN 37663
- Phone: (423) 279-0430
- Website: <https://netfoodbank.org/find-a-food-pantry/>
(Use this site to find local foodbank with phone numbers to confirm eligibility)
- Eligibility Requirements: Varies, call to confirm
- Fees for Service: N/A
- Brief Service Description: At Second Harvest Food Bank of Northeast Tennessee, we collect and distribute food throughout our community in a variety of programs and services. Food bank programs that provide direct service include: The Food for Kids Backpack Program, Summer Food Service Program, The Kids Café Program, The Mobile Food Bank, and the Mobile Food Pantry.



SMOKY MOUNTAIN



Early Childhood Resources

Tennessee Early Intervention Service

- Location: In-home services
- Phone: 1 (800) 852-7157
- Website: <https://www.tn.gov/didd/for-consumers/tennessee-early-intervention-system-teis.html>
- Eligibility Requirements: Child age birth to 3, must have a delay in one or more areas of development or a diagnosed condition
- Fees for Service: N/A
- Brief Service Description: Anyone who has a concern about a child's development, age birth through two, can call Tennessee's Early Intervention System, and make a referral. This is a voluntary education program through the Department of Education.

Regional Intervention Program (RIP)

- Location: Helen Ross McNabb—114 Dameron Avenue, Knoxville, TN 37917
- Phone: (865) 523-8695
- Website: <https://www.tn.gov/behavioral-health/children-youth-young-adults-families/rip/about-us/rip-locations.html>
- Eligibility Requirements: Children ages 2-5
- Fees for Service: N/A
- Brief Service Description: Regional Intervention Program (RIP) is a 6-9 month behavior modification program. The program is designed to simultaneously decrease the child's unwanted behaviors while strengthening social skills and empowering parents to set developmentally appropriate limits and consequences for their child.

Head Start and Early Head Start

- Location: Various Locations in TN
- Phone: N/A
- Website: <https://www.tn.gov/education/districts/early-learning/head-start.html>
- Eligibility Requirements: Visit website for more information
- Fees for Service: N/A
- Brief Service Description: Head Start is built upon the understanding that child and family development takes place in a community, and that effective programs build upon and link families with community resources. For this reason, Head Start is designed to link with schools, social service agencies, health services, childcare services -- but especially with parents.

LTVEC Birth-to-Three Center

- Location: 1432 East Lee Hwy, Loudon, TN 37774
- Phone: (865) 458-8900
- Website: <http://www.ltvec.org/>
- Eligibility Requirements: Children birth-3 years of age
- Fees for Service: Call to confirm
- Brief Service Description: The Birth-to-Three Program is a nationally recognized program that provides early intervention services to infants and toddlers and education and support to their families

Mental Health, Alcohol and Substance Abuse, and Health Resources

Harmony Family Center (Adoption Support and Preservation Program)

- Location: Statewide/In-home Services
- Phone: (888) 848-2727
- Website: <https://harmonyfamilycenter.org/pre-post-adoption/asap-gsap-services/>
- Eligibility Requirements: Adopted children 18 and under
- Fees for Service: Free services for children adopted via foster care, sliding scale for other adoptive families
- Brief Service Description: In-home, trauma informed assessment and family-focused counseling.

Cherokee Health Systems

- Location: Various Locations in Knox and surrounding counties
- Phone: (866) 231-4477
- Website: <https://www.cherokeehealth.com>
- Eligibility Requirements: N/A
- Fees for Service: Call to confirm; accepts TNCare
- Brief Service Description: Cherokee Health Systems offers primary medical care services to newborns, children, and teenagers at most locations. Behavioral health services for children and teens are also offered. Our pediatric behavioral health clinicians provide treatment for a number of behavioral conditions including ADHD, anxiety, depression, disruptive behavior problems, trauma, sleep problems, and self-management of obesity, asthma, and other chronic illnesses. Developmental psychologists at Cherokee Health Systems provide a wide array of services for children, including evaluation and treatment of developmental delays, learning difficulties, attention deficit problems, social skills problems, and other conditions that affect children and their development. We also offer Individualized Education

Plan (IEP) consultations for school-aged children attending public school. These services are currently offered at Center City, Talbott, and Dameron Avenue.

Youth Villages

- Location: 9111 Cross Park Drive, Suite E-475, Knoxville, TN 37923
- Phone: (865) 560-2550
- Website: <http://www.youthvillages.org>
- Eligibility Requirements: Children and youth with behavioral and mental health issues
- Fees for Service: Call to confirm
- Brief Service Description: In East Tennessee, Youth Villages offers our full continuum of programs serving emotionally and behaviorally troubled young people – Intensive In-Home Services, Residential Treatment, Foster Care and Adoption, YVLifeSet and Specialized Crisis Services.

Helen Ross McNabb Center

- Location: 600 Arthur Street, Knoxville, TN 37921
- Phone: (865) 523-8695
- Website: <https://www.mcnabbcenter.org>
- Eligibility Requirements: N/A
- Fees for Service: Call to confirm; accepts TNCare
- Brief Service Description:
 - Therapy/Counseling
 - Psychiatric medication services provide an initial psychiatric evaluation and ongoing pharmacotherapy
 - Case management Services

OMNI Community Health

- Location: Various locations in Tennessee
- Phone: (877) 258-8795

- Website: <http://www.theomnifamily.com/>
- Eligibility Requirements: N/A
- Fees for Service: Call to confirm; accepts TNCare
- Brief Service Description:
 - Comprehensive Diagnostic & Evaluation Services
 - Individual, Family & Couples Therapy
 - Group Therapy
 - Case Management
 - Play Therapy
 - Medication Management & Evaluation
 - Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
 - Wraparound In-Home Services

Sexual Assault Center of East Tennessee

- Location: various locations in East Tennessee
- Phone: (865) 522-7273
- Website: <https://mcnabbcenter.org/victim-services/>
- Eligibility Requirements: Victims of sexual abuse, as well as offenders
- Fees for Service: Call to confirm
- Brief Service Description:
 - Sexual Assault Nurse Examinations
 - Advocacy
 - Education
 - Outreach Therapy

Peninsula Behavioral Health

- Location: 2347 Jones Bend Rd, Louisville, TN 37777
- Phone: (865) 970-9800
- Website: <https://www.peninsulabehavioralhealth.org>

- Eligibility Requirements: N/A
- Fees for Service: Call to confirm; accepts TNCare
- Brief Service Description: Inpatient treatment for children and adolescents.

Covenant Counseling and Consultation Services

- Location: 2606 Greenway Drive #205, Knoxville, TN 37918
- Phone: (865) 337-7375
- Website: N/A
- Eligibility Requirements: Call for more information
- Fees for Service: Call to confirm
- Brief Service Description: Counties served -Grainger, Blount, Sevier, Hamblen, Jefferson, Knox, and Anderson. Services include Alcohol / Drug and Mental Health, Assessments, Alcohol and Drug Treatment and Education, Parenting, Anger Management, Individual and Family, and mental health counseling.

Crossroads Counseling Center

- Location: 118 Joy Street, Sevierville, TN 37862
- Phone: (865) 286-5637
- Website: N/A
- Eligibility Requirements: Call to confirm
- Fees for Service: Call to confirm, takes some insurance plans
- Brief Service Description: Individual, couples, and family counseling, Outpatient / Intensive Outpatient Substance Abuse Treatment.

Health Connect America, Inc.

- Location: 233 West Main Street, Morristown, TN 37814
- Phone: (423) 839-2550
- Website: www.healthconnectamerica.com

- Eligibility Requirements: Families identified as “at risk” in Grainger, Hamblen, Cocke, Claiborne, Sevier, Hawkins, Hancock, Jefferson, and Greene Counties.
- Fees for Service: Call to confirm
- Brief Service Description: Case management Services for support in the home, and Medication Management Services. HCA also provides Mental Health IOP, and Alcohol and Drug IOP.

Cove Mountain Counseling

- Location: 309 High St., Maryville, TN 37804
- Phone: (865) 681-2869
- Website: <http://www.covemountaincounseling.com>
- Eligibility Requirements: Preschoolers through adults
- Fees for Service: Takes some insurance, call to confirm
- Brief Service Description: Various providers, Wimberly Thompson, LCSW can work with children with spectrum disorders

Mark Vanderlip

- Location: 341 E Lincoln Rd, Alcoa, Tennessee 37701
- Phone: (303) 622-5491
- Website: N/A
- Eligibility Requirements: Call to confirm ages of clients currently being accepted
- Fees for Service: Does not accept insurance, private pay only
- Brief Service Description: Trained in EMDR

Megan McCarter Cates, LPC, MHSP

- Location: 400 Park Road, Suite 219, Sevierville, Tennessee 37862
- Phone: (865) 850-7051
- Website: <http://meganmccartercates.com/>
- Eligibility Requirements: Accepts adult, child and adolescent clients

- Fees for Service: Accepts some insurance, call to confirm
- Brief Service Description: Work experience focused on trauma, child abuse, domestic and sexual violence recovery for adults, children and adolescents.

Irina Diyankova, Ph.D.

- Location: 9111 Cross Park Dr., Building D, Suite 200, Knoxville, TN 37923
- Phone: (865) 888-0257
- Website: <http://www.dr-irina.com>
- Email: irina@dr-irina.com
- Eligibility Requirements: Adults and teenagers (14-18)
- Fees for Service: Accepts some insurance, does not accept TNCare
- Brief Service Description: Dr. Irina Diyankova specializes in Psychotherapy for PTSD, Anxiety, OCD, Panic Attacks, Depression, Eating Disorders, & Dissociative Disorders, EMDR for Trauma & Couples Counseling in the Knoxville, Knox County, Sevierville, Pigeon Forge, Seymour, Sevier County, Union County, Granger County, TN areas.

Village Behavioral Health

- Location: 2431 Jones Bend Rd, Louisville, TN 37777
- Phone: (855) 493-3846
- Website: <http://www.villagebh.com>
- Eligibility Requirements: N/A
- Fees for Service: Call to confirm
- Brief Service Description: Teen Residential Treatment Programs for Mental Health or Addiction.

Norris Academy

- Location: 101 First Quality Road, Andersonville, TN 37705
- Phone: (865) 494-5554

- Website: <https://www.norrisacademytn.com>
- Eligibility Requirements: N/A
- Fees for Service: Call to confirm
- Brief Service Description: Norris Academy is a residential treatment care facility for children and youth ages 5 to 21 diagnosed with Autism Spectrum Disorder/Neurodevelopmental Disorders.

Mountain Youth Academy

- Location: 332 Hospital Road, Mountain City, TN 37683
- Phone: (423) 727-9898
- Website: <http://www.mountainyouthacademy.net>
- Eligibility Requirements: Youth ages 5-17 with an IQ of 65 or above
- Fees for Service: Call to confirm
- Brief Service Description: Mountain Youth Academy is a residential treatment facility for girls and boys, ages 5-17. We are a trauma-based treatment facility treating at-risk youth with an IQ of 65 or above. We offer a therapeutic and safe setting in a secure, locked facility to help children and teens address their mental health needs. We also have specific treatment programs for those with intellectual disabilities. Our treatment programs utilize adolescent and child therapy in both, individual and group settings as well as other treatment methods to address each individual's mental health needs.

Vanderbilt Behavioral Health Inpatient Program

- Location: Vanderbilt University Medical Center
- Phone: (615) 327-7000
- Website: <https://www.vanderbilthealth.com/service-line/behavioral-health>
- Eligibility Requirements: Call for more information
- Fees for Service: Call for more information

- Brief Service Description: This program offers a wide range of treatment methods including:
 - pharmacotherapy
 - individual, group, and family psychotherapy
 - educational and vocational treatment
 - activity therapy
 - nutritional education

We encourage families to join in the treatment process, because family members can have a positive impact on the patient's success. We also provide an aftercare plan to help continue progress after leaving the hospital.

Ridgeview Behavioral Health Services

- Location: Various Locations in Anderson, Campbell, Morgan, Roane and Scott counties.
- Phone: (800) 834-4178 crisis-line: 1 (800) 870-5481
- Website: www.ridgeview.com
- Eligibility Requirements: Children, adolescents and adults with behavioral and mental health issues
- Fees for Service: Ridgeview is committed to providing behavioral health care services to all patients regardless of race, sex, or the ability to pay. Financial assistance will be provided to individuals who are uninsured, underinsured, ineligible for a government program (TnCare/Medicaid, Medicare), or otherwise unable to pay for necessary behavioral health care services, based on their individual financial situation. Call to confirm
- Brief Service Description: Our psychiatric nurse and board certified child psychiatrist meet weekly in our treatment team, along with a Ph.D. psychologist / licensed professional examiner, licensed master's level therapists, certified master's level social workers, case managers, and others as needed to review and develop

treatment plans for the youth in our programs. Our clinical staff provide mental health screenings and provide referrals and linkage for other services as needed.

SteppenStone Youth Treatment Services

- Location: 110 SteppenStone Blvd. Limestone, Tennessee 37681
- Phone: (423) 257-8600
- Website: www.candcservices.org/
- Eligibility Requirements: Adolescent males
- Fees for Service: Call to confirm
- Brief Service Description: SteppenStone Youth Treatment Services is a fully integrated closed treatment continuum specializing in the treatment of adolescent teenage males experiencing emotional and behavioral problems. SteppenStone provides 24 hour residential, day, after school, and outpatient treatment services. SteppenStone also provides academic services from a fully accredited education program. Our program is designed to interrupt the cycle of abuse and mistreatment while developing pro-social attitudes and behavior. SteppenStone is dedicated to positively impacting the lives of these young boys so they may have the opportunity to lead a healthy life.

Oak Plains Academy

- Location: 1751 Oak Plains Road, Ashland City, TN 37015
- Phone: (931) 362-4723
- Website: <https://www.oakplainsacademy.com/>
- Eligibility Requirements: Males and females aged 11-17
- Fees for Service: Call to confirm
- Brief Service Description: Oak Plains Academy offers treatment for children who are experiencing mental health issues as well as those who may have experienced trauma in terms of physical or sexual abuse.

Educational Resources

Harmony Family Center Educational Advocacy

- Location: Statewide
- Phone: 865-982-5225
- Website: <https://harmonyfamilycenter.org/educational-advocacy/>
- Eligibility Requirements: School aged children
- Fees for Service: Initial consultation is fee. Service rates are \$75/hour. Most client's need are met in 5 hours or less.
- Brief Service Description: Harmony's professional staff use their specialized training and years of experience to offer support, education, and assistance to families navigating educational services and systems. Our advocates help prepare for school meetings, including IEP, Section 504, S-Team, or Expulsion Hearings. Harmony's advocates will support you by attending school meetings, informing you of your child's educational rights, and negotiating for your child's educational needs and services.

Blount County Schools Family Resource Center

- Location: 831 Grandview Drive, Maryville, TN 37803
- Phone: (865) 984-1212
- Website: https://www.blountk12.org/our_district/departments/family_resource_center
- Fees for Service: N/A
- Eligibility Requirements: Blount County Student
- Brief Service Description: Goals of the Family Resource Center:
 - To provide information and support to the families of at-risk youth enabling them to have a successful educational and social experience.

- To network with community programs enabling students and families to obtain services, thereby assisting them in becoming productive citizens.
- To assist parents in obtaining parenting information and support through home visits with one-on-one assistance and referral to ongoing community programs. Parents will be encouraged to become involved in their child's school program and participate in school activities.
- To assist teachers and administrators in becoming more aware of available community resources and how to access these services.

Grainger County Family Resource Center

- Location: 7850 Rutledge Pike, Rutledge, TN 37861
- Phone: (865) 828-3611
- Website: <http://graingercounty.schoolinsites.com>
- Fees for Service: N/A
- Eligibility Requirements: Grainger County Student
- Brief Service Description: The Grainger County Family Resource Center programs and activities are directed to ensure that parents and children have access to appropriate services and assistance needed to increase their chance of success in school and help remove barriers to the educational success of families. The two major goals of the Grainger County Family Resource Center are to help parents increase their literacy skills and improve their parenting skills in order to help their children's educational development; and to help children's developmental and educational skills in order to enhance their chance of school success.

Jefferson County Schools Family Resource Center

- Location: 1221 Gay Street, Dandridge TN 37725
- Phone: (865) 397-4466
- Website: <http://www.jc-schools.net>
- Fees for Service: Free services

- Eligibility Requirements: Jefferson County student
- Brief Service Description:
 - Preschool in a Bag– (Birth to 5) Tips and ideas to encourage your child's development.
 - Developmental Screening– (Birth to 5) Referrals made when additional help is needed. Your child must be screened at age four, as required by Jefferson County Schools.
 - Jefferson County Preschool Programs- Screening and referral to Governor's County preschool program.
 - Baby Connection Newsletter- Designed to provide parents with developmental information and activities.
 - Community Information– Provide information on services available in Jefferson County to help meet your needs.
 - Preschool Orientation-Provide kindergarten readiness orientation for parents of children enrolled in preschool programs throughout the county.
 - Imagination Library– Provide information and registration materials for parents to receive free books for their child.
 - Information and Referral- Provide information and refer to services in the community.
 - The Family Resource Center is here to help you, if you need help and do not know where to go, please give us a call. Our goal is to provide you information on where you can go to get help.

Children and Teen Resources

Boys & Girls Club of the Smoky Mountains

- Location and Phone:
 - Sevierville Branch: 209 McMahan Avenue, Sevierville, TN 37862 | (865) 428-5437
 - Pigeon Forge Branch: 2456 Library Dr, Pigeon Forge, TN 37863 | (865) 774-0039
 - Gatlinburg Branch: 1820 Sports World Blvd, Gatlinburg, TN 37738 | (865) 436-4600
 - Kodak Branch: 4125 Douglas Dam Rd, Kodak TN 37764 | (865) 933-3718
 - Seymour Branch: 212 N Pitner Rd, Seymour, TN 37865 | (865) 577-1080
- Website: <https://www.bgcsmoky.com/>
- Eligibility Requirements: Children and teens
- Fees for Service: Call preferred Club for information
- Brief Service Description: Boys & Girls Club of the Smoky Mountains is proud to serve youth in Sevier County with programs in art, education, health & physical fitness, social enrichment, teen focused programs and much more. When school is out Clubs are in! We invite you to learn more what we offer at each of our Branch sites.

Big Brothers/ Big Sisters

- Location: East Tennessee
- Phone: (865) 523-2179
- Website: <http://www.tennesseebig.org/>
- Eligibility Requirements: Children ages 6-18 needing mentorship
- Fees for Service: N/A
- Brief Service Description: Big Brothers Big Sisters makes meaningful mentorship matches between volunteers (Bigs) and children ages 6-18 (Littles). We then provide the training, resources and support necessary for those matches to succeed in our community based or site-based programs.

Teens Transitioning into Adulthood Resources

TN Department of Children's Services Independent Living Program

- Location: 305 Home Avenue, Maryville, TN 37801
- Phone: (865) 981-2366
- Website: <https://www.tn.gov/dcs/program-areas/youth-in-transition/il.html>
- Eligibility Requirements: Youth moving out of foster care with the state up to the age of 21; call for details on eligibility. Young adults who are incarcerated are still eligible unless they receive a felony charge; also pregnant teens are eligible, but must work with team to make a decision about the baby; young adults with serious disability that prevents them from pursuing an education or full time employment may be eligible as well.
- Fees for Service: N/A
- Brief Service Description: Provides a comprehensive Independent Living Program (Independent Living - Transition to Adulthood) for youth moving out of foster care with the state including support with housing, education, life skills and other needs to help the youth successfully live on their own.

Vocational Rehabilitation Regional Office

- Location: 520 West Summit Hill Drive, Knoxville, TN 37902
- Phone: (833) 751-0597
- Website: <https://www.tn.gov/humanservices/ds/vocational-rehabilitation>
- Eligibility Requirements: A determination of Vocational Rehabilitation (VR) program eligibility is based on the following: 1. The person has a physical, mental or sensory impairment that results in a substantial impediment to employment; 2. VR services are required to prepare for, secure, retain or regain employment consistent with the person's strengths, abilities, capabilities, interests and informed choice; and 3. The person can benefit from VR services in terms of an employment outcome.

- Fees for Service: N/A
- Brief Service Description: The Vocational Rehabilitation Program (VR) provides a variety of individualized services to persons with disabilities in preparation for their employment in the competitive labor market. VR advocates employment outcomes for clients that are consistent with their individual strengths, resources, abilities, capabilities and informed choice.

Legal and Advocacy Resources

TNSTEP: Special Education Support for Tennessee Families

- Location: Various locations in TN
- Phone: 1-800-280-STEP
- Email: information@tnstep.org
- Website: <http://www.tnstep.org/>
- Eligibility Requirements: Children with disabilities
- Fees for Service: N/A
- Brief Service Description: TNSTEP's vision is to ensure a brighter future for children and youth in Tennessee, with an emphasis on those with disabilities, special health care needs, and mental health needs.

Disability Rights TN

- Location: East Tennessee Office—9050 Executive Park Drive, Suite 101-B, Knoxville, TN 37923
- Phone: (865) 670-2944
- Website: <http://www.disabilityrightstn.org/get-help>
- Eligibility Requirements: Approval by review team
- Fees for Service: N/A
- Brief Service Description: Provides Advocacy Services for issues that are approved by the Review Team.

Statewide Family Support Network

- Location: Statewide
- Phone: (800) 670-9882
- Website: <https://tnvoices.org/>

- Eligibility Requirements: N/A
- Fees for Service: There is no fee for support and advocacy services, or consultation, and most of the parent training are available free of charge
- Brief Service Description: The SFSN provides support, advocacy, and assistance in connecting with services or accessing supports to families of children with emotional, behavioral, and mental health difficulties. We offer individual consultation and advocacy in all systems (education, juvenile court, mental health, child welfare and others), information and training, and support groups. The Statewide Family Support Network is open to caregivers of children ages birth to 22 who are experiencing struggles related to an emotional, behavioral, or mental health concern or disorder, as well as to the providers and community agencies that work with children and families. Services are offered in all 95 counties in TN.

Legal Aide of Tennessee

- Location and Phone:
- Morristown: 1001 W. 2nd North St., Morristown, TN 37814 | (423) 587-4850
- Maryville: 307 Ellis Ave., Maryville, TN 37801 | (865) 981-1818
- Website: <http://www.laet.org>
- Eligibility Requirements: Call to confirm
- Fees for Service: Call to confirm
- Brief Service Description: LAET provides civil legal services ranging from information and advice to complex litigation and appellate advocacy to low-income persons in twenty six (26) East Tennessee counties. LAET also engages in Community Economic Development work with individuals and grass roots community organizations focused on protecting communities and facilitating economic opportunity for low-income persons. LAET has special programs for seniors and victims of domestic violence that, due to funding source permissions, can be provided to persons whose income and/or assets exceed the restrictions on the majority of our services LAET

also funds and staffs Pro Bono Projects that recruit, support and utilize volunteer attorneys and other professionals to allow us to expand services.

Safe Harbor Child Advocacy Center

- Location: P.O. Box 4536, Sevierville, TN, 37864-4536
- Phone: (865) 774-1777
- Website: <http://safeharborcac.com/>
- Fees for Service: Therapy services are free of charge
- Eligibility Requirements: Children affected by child abuse or neglect residing in Cocke, Grainger, Jefferson & Sevier Counties
- Brief Service Description: The Child Advocacy Center is mandated by the state to serve the severely neglected, physically, and sexually abused children and children who have been a witness to a violent crime or act. Provides crisis intervention and counseling, education, and advocacy.

Safe Space (Domestic Violence)

- Location: 636 Middle Creek Rd, Suite #3, Sevierville, TN 37862
- Phone: 1 (800) 244-5968
 - Sevierville Office (865) 453-9254
 - Dandridge Office (865) 397-8546
 - Newport Office (865) 237-6626
- Website: <https://safespaceTN.org/>
- Fees for Service: N/A
- Eligibility Requirements: Victim of domestic violence or assault
- Brief Service Description: For victims of domestic violence and/or sexual assault

Claiborne County Children's Alliance (Child Advocacy Center)

- Campbell County: 203 Independence Lane, LaFollette, TN 37766 - (423) 562-4190
- Union County: 120 Veterans Street, Maynardville, TN 37807 – (865) 992-7677

- Claiborne County: 411 Blue Top Road, Suite 5 Tazewell, TN 37879 - (423) 526-5520
- Website: <http://www.campbellcountychildrenscenter.org>
- Fees for Service: All services are provided at no cost to the victim and their non-offending caregivers.
- Eligibility Requirements: Children affected by alleged child abuse or neglect residing in Claiborne County
- Brief Service Description: The CAC provides forensic interviews, child/family/court advocacy, therapy, and forensic medical exams to child victims of severe abuse and neglect

New Hope Blount County Children's Advocacy Center

- Location: 216 Southdowne Dr, Maryville, TN 37801
- Phone: (865) 981-2000
- Website: www.blountkids.org
- Fees for Service: Services are at no charge to clients
- Eligibility Requirements: Eligible to Blount County residents (or allegations of abuse/neglect occurred in Blount County). All children ages birth to 17 years and their non-offending (protective) family members and/or legal guardians/caregivers.
- Brief Service Description: Non-profit child advocacy center providing comprehensive services for victims of child abuse, neglect and other types of trauma along with their non-offending family members/caregivers. Services include: case coordination, CPIT coordination, 24/7 crisis/on-call, forensic interviews, forensic medicals examinations, child/family advocacy & support, clinical therapy services, and prevention programming for adults.

Volunteer Advocacy Project

- Location: Various locations
- Phone: N/A
- Email: VolAP@vanderbilt.edu

- Website: <https://vkc.vumc.org/vkc/services/project/volunteer-advocacy/>
- Eligibility Requirements: N/A
- Fees for Service: N/A
- Brief Service Description: The VAP training is comprised of two parts: (1) a 40-hour training, and (2) the linkage of the volunteer advocate with four families of children with disabilities.
 - Forty-hour training: Every participant attends a 40-hour training. In the training, various topics related to special education advocacy are taught: evaluations and eligibility, individualized education plans, assistive technology, discipline provisions, behavior intervention plans, non-adversarial advocacy techniques, legislative change, least restrictive environment, and extended school year services. The training also has various speakers including professors, attorneys, parents of children with disabilities, and advocates. Reading assignments of relevant laws and regulations accompany each class session.
 - Linkage with four families: After graduating from the class (completing the 40 hours of instruction), each participant commits to working, at no cost, with four families of children with disabilities.

TN Voices

- Location: Statewide services
- Phone: (800) 670-9882
- Website: <https://tnvoices.org/>
- Eligibility Requirements: N/A
- Fees for Service: There is no fee for support and advocacy services, or consultation, and most of the parent training are available free of charge

Brief Service Description: The SFSN provides support, advocacy, and assistance in connecting with services or accessing supports to families of children with emotional, behavioral, and mental health difficulties. We offer individual consultation and advocacy

in all systems (education, juvenile court, mental health, child welfare and others), information and training, and support groups. The Statewide Family Support Network is open to caregivers of children ages birth to 22 who are experiencing struggles related to an emotional, behavioral, or mental health concern or disorder, as well as to the providers and community agencies that work with children and families. Services are offered in all 95 counties in TN.

Tennessee Justice Center

- Location: P.O. Box 100187, Nashville, TN 37224
- Phone: (615) 255-0331 or 1-877-608-1009
- Website: <https://www.tnjustice.org/>
- Eligibility Requirements: Call to confirm
- Fees for Service: Call to confirm
- Brief Service Description: We help Tennesseans one-by-one and then take what we learn from their stories to advocate for large-scale changes that help others in the same boat. In addition to helping individuals, we use the law and advocacy to ensure that Tennesseans can meet their most basic needs and have a pathway to opportunity.

Financial Assistance and Basic Needs Resources

Blount County Good Neighbors

- Location: 320 W Broadway Ave, Maryville TN 37801
- Phone: (865) 681-5420
- Website: <http://goodneighborsbc.org>
- Eligibility Requirements: Blount County residents in need
- Fees for Service: N/A
- Brief Service Description: Good Neighbors is a 501 (c) (3) community ministry. Our mission is to help lift our Blount County neighbors out of a temporary crisis. Good Neighbors provides resources to maintain and/or increase the ability of our neighbors to cope with the challenges of everyday life. We do this in an atmosphere of love and respect, building partnerships through which Christ's love can grow and by advocating for social justice within Blount County. Good Neighbors provides support through:
 - Listening and problem solving with our neighbors: Many times, a person is able to solve his or her own problem if given the support to do so. Neighbors meet one-on-one with a volunteer coach to assess their situation and possible solutions. Neighbors are always encouraged and supported in their efforts to seek training and education to make a lasting difference.
 - Referrals to and networking with other agencies in Blount County, which can be a very difficult and confusing system to navigate alone: GN provides information and encouragement needed by our neighbors to improve their situation. GN is able to advocate to help our neighbors get their needs met.
 - Limited financial assistance: When appropriate GN may assist with partial payment of past due bills for life's basic needs (utilities, rent, etc.)
 - Creating a plan for success with each neighbor to help them move toward self-sufficiency.

- Follow-up calls to neighbors 2 to 3 months after each visit to check on progress and offer additional resources when helpful.

East TN Human Resources Agency (Rent Assistance)

- Location and Phone:
- Blount: 2008 E Lamar Alexander Pkwy, Maryville, TN 37804 | (865) 681-9161
- Claiborne: 1720 Church St, Suite #2, Tazewell, TN 37879 | (423) 973-3669
- Cocke: 440 Eastern Plaza Way, Newport, TN 37821 | (423) 623-7296
- Grainger: 270 Justice Center Dr, Rutledge, TN 37861 | (865) 828-5161
- Jefferson: 1248 Gay Street, Dandridge, TN 37725 | (865) 397-1085
- Sevier: 717 W Main St, Sevierville, TN 37862 | (423) 429-6067
- Union: 1401 Main Street, Suite 1, Maynardville, TN 37807 | (865) 992-8816
- Website: <https://www.ethra.org/>
- Eligibility Requirements: Low-income residents
- Fees for Service: N/A
- Brief Service Description: Must be at least one month in behind on rent, mortgage, and or utilities and have no visible means of making the payment. Low-income persons are given priority. This is contingent on funds being available.

Sevier County Food Ministries (Food Pantry)

- Location: 890 Old Knoxville Hwy, Sevierville, TN 37862
- Phone: (865) 428-5182
- Website: <https://seviercountyfoodministries.org/>
- Eligibility Requirements: Anyone in need of food.
- Fees for Service: N/A
- Brief Service Description: Provides groceries on a weekly basis for families who come to distribution center and state their need for it. Open from 12-4 Monday, Tuesday, Thursday, and Friday.

CROSS Food Ministry

- Location: 406 Boyds Creek Highway, Seymour, TN 37865
- Phone: (865) 579-6192
- Website: <https://crossfoodministry.org/>
- Eligibility Requirements: Must be low-income resident of service area. Can only be served once every 14 days and no more than 15 times a year. Service area includes John Sevier Highway to first White School Road, Highway 411 down to River Ford Road, and Boyd's Creek Road to first Loop Road.
- Fees for Service: N/A
- Brief Service Description: Must walk in and have a current utility bill and/or driver's license. Must be low-income resident of service area.

The Neighborhood Service Centers

- Location and Phone:
 - Cocke County: 353 Driskill Circle, Newport, TN 37821 | (423) 623-3066
 - Hamblen County: 224 Lincoln Ave, Morristown, TN 37813 | (423) 587-3076
 - Monroe County: 884 Englewood Rd., Madisonville, TN 37354 | (423) 442-3769
 - Grainger County: 7765 Rutledge Pike, Rutledge, TN 37861 | (865) 828-5228
 - Jefferson County: 1409 Russell Ave, Suite A, Jefferson City, TN 37760 | (865) 475-4745
 - Sevier County: 750 Old Knoxville Hwy., Sevierville, TN 37864 | (865) 453-7131
- Website: <https://www.douglascherokee.com/community-services>
- Eligibility Requirements: Low-income residents of Cocke, Grainger, Hamblen, Jefferson, Monroe and Sevier counties.
- Fees for Service: N/A
- Brief Service Description: The centers provide emergency services in the form of vouchers for limited help with rent/mortgage evictions, utility disconnect notices and food. They also distribute USDA Surplus Commodity food, provide job placement services, and provide limited home visits and errands for elderly and disabled clients.



EAST



Early Childhood Resources

Tennessee Early Intervention Service

- Location: In Home Services
- Phone: (800) 852-7157
- Website: <https://www.tn.gov/didd/for-consumers/tennessee-early-intervention-system-teis.html>
- Eligibility Requirements: Child age birth to 3, must have a delay in one or more areas of development or a diagnosed condition
- Fees for Service: N/A
- Brief Service Description: Anyone who has a concern about a child's development, age birth through two, can call Tennessee's Early Intervention System, and make a referral. Children qualify for services if they have a delay in one or more areas of development or a diagnosed condition. This is a voluntary education program through the Department of Education.

Regional Intervention Program (RIP)

- Location: Various locations, call for information
- Phone: (615) 963-1177
- Website: <https://www.tn.gov/behavioral-health/children-youth-young-adults-families/rip/about-us/rip-locations.html>
- Eligibility Requirements: Children ages 2-5
- Fees for Service: N/A
- Brief Service Description: Regional Intervention Program (RIP) is a 6-9 month behavior modification program. The program is designed to simultaneously decrease the child's unwanted behaviors while strengthening social skills and empowering parents to set developmentally appropriate limits and consequences for their child.

Head Start and Early Head Start

- Location: Various Locations in TN
- Phone: 615-741-4846
- Website: <https://www.tn.gov/education/districts/early-learning/head-start.html>
- Eligibility Requirements: Visit website for more information
- Fees for Service: N/A
- Brief Service Description: Head Start is built upon the understanding that child and family development takes place in a community, and that effective programs build upon and link families with community resources. For this reason, Head Start is designed to link with schools, social service agencies, health services, childcare services -- but especially with parents.

Mental Health, Alcohol and Substance Abuse, and Health Resources

Harmony Family Center (Adoption Support and Preservation Program)

- Location: Statewide/In-home services
- Phone: 888-848-2727
- Website: <https://harmonyfamilycenter.org/pre-post-adoption/asap-gsap-services/>
- Eligibility Requirements: Adopted children 18 and under
- Fees for Service: Free services for children adopted via foster care, sliding scale for other adoptive families
- Brief Service Description: In-home, trauma informed assessment and family-focused counseling

Cherokee Health Systems

- Location: Various Locations in Knox and surrounding counties
- Phone: (866) 231-4477
- Website: <https://www.cherokeehealth.com>
- Eligibility Requirements: N/A
- Fees for Service: Call to confirm; accepts TNCare
- Brief Service Description: Cherokee Health Systems offers primary medical care services to newborns, children, and teenagers at most locations. Behavioral health services for children and teens are also offered. Our pediatric behavioral health clinicians provide treatment for a number of behavioral conditions including ADHD, anxiety, depression, disruptive behavior problems, trauma, sleep problems, and self-management of obesity, asthma, and other chronic illnesses. Developmental psychologists at Cherokee Health Systems provide a wide-array of services for children, including evaluation and treatment of developmental delays, learning difficulties, attention deficit problems, social skills problems, and other conditions that affect children and their development.

We also offer Individualized Education Plan (IEP) consultations for school-aged children attending public school. These services are currently offered at Center City, Talbott, and Dameron Avenue.

Youth Villages

- Location: 9111 Cross Park Drive, Suite E-475, Knoxville, TN 37923
- Phone: (865) 560-2550
- Website: <http://www.youthvillages.org>
- Eligibility Requirements: Children and youth with behavioral and mental health issues
- Fees for Service: Call to confirm
- Brief Service Description: In East Tennessee, Youth Villages offers our full continuum of programs serving emotionally and behaviorally troubled young people – Intensive In-Home Services, Residential Treatment, Foster Care and Adoption, YVLifeSet and Specialized Crisis Services.

Helen Ross McNabb Center

- Location: Various locations in the Greater Knox and Hamilton County areas
- Phone: 1 (800) 255-9711
- Website: <https://www.mcnabbcenter.org>
- Eligibility Requirements: N/A
- Fees for Service: Call to confirm; accepts TNCare
- Brief Service Description:
 - Therapy/Counseling
 - Psychiatric medication services provide an initial psychiatric evaluation and ongoing pharmacotherapy
 - Case management Services

Sexual Assault Center of East Tennessee

- Location: Various locations in East Tennessee

- Phone: (865) 522-7273
- Website: <https://mcnabbcenter.org/victim-services/>
- Eligibility Requirements: Call for more information
- Fees for Service: N/A
- Brief Service Description: SACET has four program areas, which include: Sexual Assault Nurse Examinations, Advocacy, Therapy, Education and Outreach.

HOPE of East Tennessee, Inc. – Substance Abuse Recovery

- Location: 188 Raleigh Rd, Oak Ridge, TN 37830
- Phone: (865) 482-4826
- Website: <http://www.hopeofet.org/>
- Eligibility Requirements: Adults
- Fees for Service: Hope's intensive outpatient program is a routine part of the program for residents of Opportunity House who requires/needs intensive outpatient treatment. We accept TNCare - Amerigroup, Bluecare, United Healthcare, and commercial Blue Cross Blue Shield.
- Brief Service Description: A non-profit organization which operates halfway houses for recovering addicts and alcoholics. Counseling and other assistance are provided in a structured chemical free environment.

Ridgeview Behavioral Health Services

- Location: Various Locations in Anderson, Campbell, Morgan, Roane and Scott counties.
- Phone: 1 (800) 834-4178, Crisis-line: 1 (800) 870-5481
- Website: www.ridgeview.com
- Eligibility Requirements: Children, adolescents, and adults with behavioral and mental health issues
- Fees for Service: Ridgeview is committed to providing behavioral health care services to all patients regardless of race, sex, or the ability to pay. Financial assistance will be

provided to individuals who are uninsured, underinsured, ineligible for a government program (TnCare/Medicaid, Medicare), or otherwise unable to pay for necessary behavioral health care services, based on their individual financial situation. Call to confirm

- Brief Service Description: Our psychiatric nurse and board certified child psychiatrist meet weekly in our treatment team, along with a Ph.D. psychologist / licensed professional examiner, licensed master's level therapists, certified master's level social workers, case managers, and others as needed to review and develop treatment plans for the youth in our programs. Our clinical staff provide mental health screenings and provide referrals and linkage for other serves as needed.

Volunteer Behavioral Health (serves Monroe County)

- Location: Volunteer Behavioral Health Care System
- Phone: 1 (877) 567-6051, 24-Hour Crisis Line: 1 (800) 704-2651
- Website: <https://www.vbhcs.org>
- Eligibility Requirements: Children, adolescents, and adults
- Fees for Service: Call to confirm
- Brief Service Description: Outpatient services include several treatment components. Individual, family and couples therapy is available as part of outpatient services throughout the Volunteer system. Volunteer has clinical staff trained in family therapy as well as expertise in treatment of marital and relationship issues. Individual therapy is available for children, adolescents, and adults. Specialized group therapy is available at several locations. These include groups addressing attention deficit hyperactivity disorder, depression, anger management and sexual offender treatment. Providers are trained in several evidence-based practices including Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and Attachment, Self-Regulation and Competency (ARC). Evaluation services are available to children and adolescents throughout the Volunteer service area. Specific services include psychological evaluations, parenting assessments, alcohol and drug assessments and

sexual offender assessments. We also provide consultation and evaluation services for local school systems and work with families to ensure appropriate mental health evaluations are administered.

Jan Lewis, LCSW & Dr. Sharon Bryant at Psychotherapy Associates in Kingston (Roane Co.)

- Location: 1002 Bradford Way, Kingston, TN 37763
- Phone: (865) 376-1585
- Website: <http://www.professionalpsychotherapyassociates.com/>
- Eligibility Requirements: Serves children, adolescents, adults and the elderly
- Fees for Service: Call to confirm, accepts some insurance
- Brief Service Description: Specialized Services for health, mental health, and substance use conditions (under and over age 18)

Irina Diyankova, Ph.D.

- Location: 9111 Cross Park Dr., Building D, Suite 200, Knoxville, TN 37923
- Phone: (865) 888-0257
- Email: irina@dr-irina.com
- Website: <http://www.dr-irina.com>
- Eligibility Requirements: Adults and teenagers (14-18)
- Fees for Service: Accepts some insurance, does not accept TNCare
- Brief Service Description: Dr. Irina Diyankova specializes in Psychotherapy for PTSD, Anxiety, OCD, Panic Attacks, Depression, Eating Disorders, & Dissociative Disorders, EMDR for Trauma & Couples Counseling in the Knoxville, Knox County, Sevierville, Pigeon Forge, Seymour, Sevier County, Union County, Grangier County, TN areas.

Peninsula Behavioral Health

- Location: 1451 Dowell Springs Blvd. Knoxville, TN 37909
- Phone: (865) 970-9800

- Website: <https://www.peninsulabehavioralhealth.org>
- Eligibility Requirements: Children, adolescents, and adults
- Fees for Service: Accepts insurance, call to confirm
- Brief Service Description: Peninsula Hospital, a 155-bed treatment center, provides acute care inpatient mental health services for people of all ages. A team approach using psychiatrists, nurses, counselors, and discharge planners ensures individualized treatment plans and interventions for people in crisis. Inpatient treatment for children and adolescents.

Village Behavioral Health

- Location: 2431 Jones Bend Rd, Louisville, TN 37777
- Phone: (866) 403-4010
- Website: <http://www.villagebh.com>
- Eligibility Requirements: Village Behavioral Health specializes in helping children, ages 13-17, who are struggling with mental health and/or addiction issues
- Fees for Service: We Accept Insurance including Aetna, Beacon Health Options, Blue Cross Blue Shield, Cigna, Medicaid and United Health; call to confirm
- Brief Service Description: Teen Residential Treatment Programs for Mental Health or Addiction.

Norris Academy

- Location: 101 First Quality Rd, Andersonville, TN 37705
- Phone: (865) 494-5554
- Website: <http://www.norrisacademytn.com/>
- Eligibility Requirements: Children and youth ages 5 to 21 diagnosed with Autism Spectrum Disorder/Neurodevelopmental Disorders, Intellectual Disability, Fetal-Alcohol Syndrome, Neonatal Abstinence Syndrome, etc.
- Fees for Service: Call to confirm

- Brief Service Description: Norris Academy strives to provide intensive treatment to children and youth who are experiencing challenges associated with Autism Spectrum and Neurodevelopmental disorders. Our trained professional staff work directly with our residents, their families and involved stakeholders in a compassionate, evidence-based manner with a focus on meaningfully engaging and diminishing problems behaviors. Through intensive skill-building efforts on a daily basis, our residents develop strategies in order to provide the opportunity for transition of the individual back into the community and into the home. The level of treatment is appropriate for individuals currently presenting significant to acute problem behaviors, which are prohibiting them from participating in the community and in their family.

SteppenStone Youth Treatment Services

- Location: 110 SteppenStone Blvd. Limestone, Tennessee 37681
- Phone: (423) 257-6054
- Website: <http://www.candcservices.org/>
- Eligibility Requirements: Adolescent males
- Fees for Service: Call to confirm
- Brief Service Description: SteppenStone Youth Treatment Services is a fully integrated closed treatment continuum specializing in the treatment of adolescent teenage males experiencing emotional and behavioral problems. SteppenStone provides 24 hour residential, day, after school, and outpatient treatment services. SteppenStone also provides academic services from a fully accredited education program. Our program is designed to interrupt the cycle of abuse and mistreatment while developing pro-social attitudes and behavior. SteppenStone is dedicated to positively impacting the lives of these young boys so they may have the opportunity to lead a healthy life.

Mountain Youth Academy

- Location: 332 Hospital Road, Mountain City, TN 37683
- Phone: (423) 727-9898
- Website: <http://www.mountainyouthacademy.net>
- Eligibility Requirements: Youth ages 5-17 with an IQ of 65 or above
- Fees for Service: Call to confirm
- Brief Service Description: Mountain Youth Academy is a residential treatment facility for girls and boys, ages 5-17. We are a trauma-based treatment facility treating at-risk youth with an IQ of 65 or above. We offer a therapeutic and safe setting in a secure, locked facility to help children and teens address their mental health needs. We also have specific treatment programs for those with intellectual disabilities. Our treatment programs utilize adolescent and child therapy in both, individual and group settings as well as other treatment methods to address each individual's mental health needs.

Vanderbilt Behavioral Health Inpatient Program

- Location: Vanderbilt University Medical Center
- Phone: (615) 327-7000
- Website: <https://www.vanderbilthealth.com/service-line/behavioral-health>
- Eligibility Requirements: Call for more information
- Fees for Service: Call for more information
- Brief Service Description: This program offers a wide range of treatment methods including:
 - pharmacotherapy
 - individual, group, and family psychotherapy
 - educational and vocational treatment
 - activity therapy
 - nutritional education

We encourage families to join in the treatment process, because family members can have a positive impact on the patient's success. We also provide an aftercare plan to help continue progress after leaving the hospital.

Educational Resources

Harmony Family Center Educational Advocacy

- Location: Statewide
- Phone: 865-982-5225
- Website: <https://harmonyfamilycenter.org/educational-advocacy/>
- Eligibility Requirements: School aged children
- Fees for Service: Initial consultation is fee. Service rates are \$75/hour. Most client's need are met in 5 hours or less.
- Brief Service Description: Harmony's professional staff use their specialized training and years of experience to offer support, education, and assistance to families navigating educational services and systems. Our advocates help prepare for school meetings, including IEP, Section 504, S-Team, or Expulsion Hearings. Harmony's advocates will support you by attending school meetings, informing you of your child's educational rights, and negotiating for your child's educational needs and services.

Melissa Houck, Campbell County Parent Involvement

- Location: Campbell County Schools
- Phone: N/A
- Email melissa.houck@ccpstn.net
- Website: <http://www.campbell.k12.tn.us/parentinvolvement.htm>
- Eligibility Requirements: Campbell County student
- Fees for Service: N/A
- Brief Service Description: Title I & Parent Involvement

Lenoir City Family Resource Center

- Location: 200 E. Broadway Street, Lenoir City, TN 37771

- Phone: Office: (865) 986-8058 or 865-986-0518
- Website: https://www.lenoircityschools.com/491006_3
- Eligibility Requirements: Lenoir City Schools to include Elementary, Intermediate/Middle, High School and ILearn Institute
- Fees for Service: N/A
- Brief Service Description: The Lenoir City Family Resource Center is the link between the home, school, agencies, and community. We are here to assist children and their families.

Children and Teen Resources

Big Brothers/ Big Sisters

- Location: East Tennessee
- Phone: (865) 523-2179
- Website: <http://www.tennesseebig.org/>
- Eligibility Requirements: Children ages 6-18 needing mentorship
- Fees for Service: N/A
- Brief Service Description: Big Brothers Big Sisters makes meaningful mentorship matches between volunteers (Bigs) and children ages 6-18 (Littles). We then provide the training, resources and support necessary for those matches to succeed in our community based or site-based programs.

YOKE Youth Ministries

- Location: 1401 Cecil Avenue, Knoxville, TN 37917
- Phone: (865) 522-6907
- Website: <http://www.yokeyouth.com>
- Eligibility Requirements: Middle school student in Knox, Anderson, Blount, Jefferson, or Grainger County
- Fees for Service: N/A
- Brief Service Description: YOKE is a faith-based ministry that connects middle school students with adult mentors through after school clubs, camps and special activities. Founded in Knoxville in 1977, YOKE now has programs at 27 schools across Knox, Anderson, Blount, Jefferson, and Grainger Counties.

Boys & Girls Club of Tennessee Valley

- Location and Phone: (865) 232-1200
 - Lake City Elementary: 310 6th Street, Rocky Top, TN | (865) 232-1234

- Lenoir City: 201 N. B Street, Lenoir City, TN 37771 | (865) 232-1228
- Website: <https://bgctnv.org>
- Eligibility Requirements: Youth and teens in grades K-12.
- Fees for Service: call preferred Club for information
- Brief Service Description: Boys & Girls Club of Tennessee Valley is proud to serve youth with programs in art, education, health & physical fitness, social enrichment, teen focused programs and much more. We invite you to learn more what we offer at each of our Branch sites.

Girls Inc. of Oak Ridge

- Location: 1798 Oak Ridge Turnpike, Oak Ridge, TN 37830
- Phone: (865) 482-4475
- Website: <http://girlsinctnv.org>
- Eligibility Requirements: Girls 5-18
- Fees for Service: N/A
- Brief Service Description: Girls Inc. After School Programs—We offer After School programs to girls ages 5-18 years old throughout the Anderson County community. Our After School programs focus on developing healthy behaviors, adopting strong life skills, exploration and encouraging all girls to strive for more! The After School Program runs throughout the school year Monday – Friday until 6 pm.

Teens Transitioning into Adulthood Resources

TN Department of Children's Services Independent Living Program

- Location: 182 Frank L Diggs Drive, Clinton, TN 37716
- Phone: (865) 425-4458
- Website: <https://www.tn.gov/dcs/program-areas/youth-in-transition/il.html>
- Eligibility Requirements: Youth moving out of foster care with the state up to the age of 21; call for details on eligibility. Young adults who are incarcerated are still eligible unless they receive a felony charge; also pregnant teens are eligible, but must work with team to make a decision about the baby; young adults with serious disability that prevents them from pursuing an education or full time employment may be eligible as well.
- Fees for Service: N/A
- Brief Service Description: Provides a comprehensive Independent Living Program (Independent Living - Transition to Adulthood) for youth moving out of foster care with the state including support with housing, education, life skills and other needs to help the youth successfully live on their own.

Legal and Advocacy Resources

Child Advocacy Center of Anderson County

- Location: 752 N Main Street, Clinton, TN 37716
- Phone: (865) 463-2740
- Website: <http://www.childadvocacycenter.net>
- Eligibility Requirements: Children affected by child abuse or neglect
- Fees for Service: Call to confirm
- Brief Service Description: If you or a family member needs assistance due to abuse, please contact the Child Advocacy Center.

Campbell County Children's Center

- Location: 203 Independence Lane, LaFollette, TN 37766
- Phone: (423) 562-4190
 - Union County Children's Center (satellite center): (865) 992-7677
 - Claiborne County Children's Alliance (satellite center): (423) 526-5520
- Website: <http://www.campbellcountychildrenscenter.org/>
- Eligibility Requirements: Children affected by child abuse or neglect
- Fees for Service: Call to confirm
- Brief Service Description: Child Advocacy Center, Physical and Sexual Abuse Cases, Supporting CPIT, Mental Health Services, Forensic Interviews, Sexual Assault Nurse Exams, Victim Child Advocate, Prevention Education, Family Advocate

Haven House, Inc. Domestic Violence Services

- Location: P.O. Box 134, Alcoa, TN 37701
- Phone: (865) 983-6818
- Website: <http://www.havenhousetn.org/>
- Eligibility Requirements: Victim of domestic violence

- Fees for Service: Haven House provides services free of charge to victims of domestic violence
- Brief Service Description: Services include a 24-Hour Crisis Line, Emergency Shelter, accompany victims to court for orders of protection and criminal assault cases, advocate on behalf of victims, Adult Victims Support Group, Children's Support Group, Prevention Programs for Children & Teens and Counseling.

TNSTEP: Special Education Support for Tennessee Families

- Location: Various locations in TN
- Phone: 1-800-280-STEP
- Email: information@tnstep.org
- Website: <http://www.tnstep.org/>
- Eligibility Requirements: Children with disabilities
- Fees for Service: N/A
- Brief Service Description: TNSTEP's vision is to ensure a brighter future for children and youth in Tennessee, with an emphasis on those with disabilities, special health care needs, and mental health needs.

Disability Rights TN

- Location: East Tennessee Office: 9050 Executive Park Drive, Suite 101-B, Knoxville, TN 37923
- Phone: 865-670-2944 or 1-800-342-1660
- Website: <http://www.disabilityrightstn.org/get-help>
- Eligibility Requirements: Approval by review team
- Fees for Service: N/A
- Brief Service Description: Provides Advocacy Services for issues that are approved by the Review Team. Driven by its core values, DRT has focused its work in three strategic areas – freedom from harm, freedom from discrimination, and freedom to participate in the community. DRT has served—at no cost—more than 50,000

Tennesseans by providing legal representation, advocacy, education, and connection to resources.

TN Voices

- Location: Statewide services
- Phone: (800) 670-9882
- Website: <https://tnvoices.org/>
- Eligibility Requirements: N/A
- Fees for Service: There is no fee for support and advocacy services, or consultation, and most of the parent training are available free of charge
- Brief Service Description: The SFSN provides support, advocacy, and assistance in connecting with services or accessing supports to families of children with emotional, behavioral, and mental health difficulties. We offer individual consultation and advocacy in all systems (education, juvenile court, mental health, child welfare and others), information and training, and support groups. The Statewide Family Support Network is open to caregivers of children ages birth to 22 who are experiencing struggles related to an emotional, behavioral, or mental health concern or disorder, as well as to the providers and community agencies that work with children and families. Services are offered in all 95 counties in TN.

Volunteer Advocacy Project

- Location: Various locations
- Phone: N/A
- Website: <https://vkc.vumc.org/vkc/services/project/volunteer-advocacy/>
- Eligibility Requirements: N/A
- Fees for Service: N/A
- Brief Service Description: The VAP training is comprised of two parts: (1) a 40-hour training, and (2) the linkage of the volunteer advocate with four families of children with disabilities.

- Forty-hour training: Every participant attends a 40-hour training. In the training, various topics related to special education advocacy are taught: evaluations and eligibility, individualized education plans, assistive technology, discipline provisions, behavior intervention plans, non-adversarial advocacy techniques, legislative change, least restrictive environment, and extended school year services. The training also has various speakers including professors, attorneys, parents of children with disabilities, and advocates. Reading assignments of relevant laws and regulations accompany each class session.
- Linkage with four families: After graduating from the class (completing the 40 hours of instruction), each participant commits to working, at no cost, with four families of children with disabilities.

Tennessee Justice Center

- Location: P.O. Box 100187, Nashville, TN 37224
- Phone: (615) 255-0331 or 1-877-608-1009
- Website: <https://www.tnjustice.org/>
- Eligibility Requirements: Call to confirm
- Fees for Service: Call to confirm
- Brief Service Description: We help Tennesseans one-by-one and then take what we learn from their stories to advocate for large-scale changes that help others in the same boat. In addition to helping individuals, we use the law and advocacy to ensure that Tennesseans can meet their most basic needs and have a pathway to opportunity.

Financial Assistance and Basic Needs Resources

Anderson County Community Action Commission

- Location: 149 N Main Street, Clinton, TN 37716
- Phone: (865) 457-5500
- Website: <https://andersoncac.org/>
- Eligibility Requirements: 125% poverty guidelines
- Fees for Service: N/A
- Brief Service Description: Food pantry that serves low-income residents of Anderson County

Aid to Distressed Families of Appalachian Counties

- Location: PO Box 5953, Oak Ridge, TN 37831
- Phone: (865) 483-6028
- Website: <http://www.adfac.org/>
- Eligibility Requirements: Anderson County resident
- Fees for Service: N/A
- Brief Service Description: Offers emergency assistance for aid and funds. Limited aid for household items, school supplies program and referrals for other needs.

Morgan Scott Project

- Location: PO Box 8, 1022 Old Deer Lodge Pike, Deer Lodge, TN 37726
- Phone: (423) 965-3131
- Website: <http://morganscottproject.org>
- Eligibility Requirements: Residents of Morgan and Scott Counties who are in need
- Fees for Service: N/A
- Brief Service Description: Each Friday the Methodist Churches of Oak Ridge meets the Second Harvest truck at the Kroger store to pick up fresh meat, bread, produce

and dairy products, which is given at our office to 40-70 families. Provides emergency help on a case-by-case basis for items such as hearing aids, glasses, food, utility bills, and medication costs. Throughout the year, we host volunteers from across that country, that make much needed repairs to homes of the elderly, handicapped, and unemployed, ranging from new roofs to wheelchair ramps. We provide support services for adults taking job training at Tennessee College of Applied Technology and those wishing to go to college. We help with transportation, fees, tuition, books, testing and baby-sitting. We provide vegetable seeds, plants, and fertilizer to more than 350 families each year so they can grow their own food. We also have a garden we share with needy families during harvest.

Rockwood Ministerial Association

- Location: P.O. Box 845, 223 North Front Avenue, Rockwood, TN 37854
- Phone: (865) 354 1750
- Website: www.rockwoodministerial.org
- Eligibility Requirements: The Food Pantry is open to residents of Rockwood. Food is given out for free to qualified households, based on the number of people in the household. Residents of Rockwood can be served as often as once a month.
- Fees for Service: N/A
- Brief Service Description: Besides the food pantry, we support other hunger-related services, including the Second Harvest Food for Kids program. Food for Kids sends each of Rockwood's most at-need children home with a backpack full of kid-friendly food to help make sure they are eating over the weekend.



KNOX



Early Childhood Resources

Tennessee Early Intervention Service

- Location: In-home services
- Phone: 1 (800) 852-7157
- Website: <https://www.tn.gov/didd/for-consumers/tennessee-early-intervention-system-teis.html>
- Eligibility Requirements: Child age birth to 3, must have a delay in one or more areas of development or a diagnosed condition
- Fees for Service: N/A
- Brief Service Description: Anyone who has a concern about a child's development, age birth through two, can call Tennessee's Early Intervention System, and make a referral. This is a voluntary education program through the Department of Education.

Regional Intervention Program (RIP)

- Location: Statewide/Knoxville
- Phone: (865) 523-8695
- Website: <https://www.tn.gov/behavioral-health/children-youth-young-adults-families/rip/about-us/rip-locations.html>
- Eligibility Requirements: Children ages 2-5
- Fees for Service: N/A
- Brief Service Description: Regional Intervention Program (RIP) is a 6-9 month behavior modification program. The program is designed to simultaneously decrease the child's unwanted behaviors while strengthening social skills and empowering parents to set developmentally appropriate limits and consequences for their child.

Head Start and Early Head Start

- Location: Various Locations in TN
- Phone: (615) 741-4846
- Website: <https://www.tn.gov/education/districts/early-learning/head-start.html>
- Eligibility Requirements: Visit website for more information
- Fees for Service: N/A
- Brief Service Description: Head Start is built upon the understanding that child and family development takes place in a community, and that effective programs build upon and link families with community resources. For this reason, Head Start is designed to link with schools, social service agencies, health services, childcare services -- but especially with parents.

Mental Health, Alcohol and Substance Abuse, and Health Resources

Harmony Family Center (Adoption Support and Preservation Program)

- Location: Statewide/In-home Services
- Phone: (888) 848-2727
- Website: <https://harmonyfamilycenter.org/pre-post-adoption/asap-gsap-services/>
- Eligibility Requirements: Adopted children 18 and under
- Fees for Service: Free services for children adopted via foster care, sliding scale for other adoptive families.
- Brief Service Description: In-home, trauma informed assessment and family-focused counseling.

Vine School Health Center

- Location: University of Tennessee College of Nursing and the Knox County Schools Health Services Department
- Phone: (865) 594-5078
- Website: <https://www.knoxschools.org/Page/5915>
- Eligibility Requirements: Knox County Students
- Fees for Service: Most services are available at reduced cost to the families of the student based on a generous fee sliding scale. We bill insurance, including TennCare, for those students who are insured.
- Brief Service Description: Vine School Health Center is a full-service pediatric clinic located in the Vine Middle Magnet School in Knoxville, TN. Mental health care services including individual and family counseling, case management, and medication management are available. We also offer psychoeducational services such as educational assessment and targeted interventions.
- These services are available by appointment for all Knox County students.

Cherokee Health Systems

- Location: Various Locations in Knox and surrounding counties
- Phone: 1 (866) 231-4477
- Website: <https://www.cherokeehealth.com>
- Eligibility Requirements: N/A
- Fees for Service: Call to confirm; accepts TNCare
- Brief Service Description: Cherokee Health Systems offers primary medical care services to newborns, children, and teenagers at most locations. Behavioral health services for children and teens are also offered. Our pediatric behavioral health clinicians provide treatment for a number of behavioral conditions including ADHD, anxiety, depression, disruptive behavior problems, trauma, sleep problems, and self-management of obesity, asthma, and other chronic illnesses. Developmental psychologists at Cherokee Health Systems provide a wide array of services for children, including evaluation and treatment of developmental delays, learning difficulties, attention deficit problems, social skills problems, and other conditions that affect children and their development. We also offer Individualized Education Plan (IEP) consultations for school-aged children attending public school. These services are currently offered at Center City, Talbott, and Dameron Avenue.

Youth Villages

- Location: 9111 Cross Park Drive, Suite E-475, Knoxville, TN 37923
- Phone: (865) 560-2550
- Website: <http://www.youthvillages.org>
- Eligibility Requirements: Children and youth with behavioral and mental health issues
- Fees for Service: Call to confirm
- Brief Service Description: In East Tennessee, Youth Villages offers our full continuum of programs serving emotionally and behaviorally troubled young people – Intensive In-Home Services, Residential Treatment, Foster Care and Adoption, YVLifeSet and Specialized Crisis Services.

- Helen Ross McNabb Center
- Location: 600 Arthur Street, Knoxville, TN 37921
- Phone: (865) 523-8695
- Website: <https://www.mcnabbcenter.org>
- Eligibility Requirements: N/A
- Fees for Service: Call to confirm; accepts TNCare
- Brief Service Description:
 - Therapy/Counseling
 - Psychiatric medication services provide an initial psychiatric evaluation and ongoing pharmacotherapy
 - Case management Services

OMNI Community Health

- Location: Various locations in Tennessee
- Phone: (865) 525-0391
- Website: <http://www.theomnifamily.com/>
- Eligibility Requirements: N/A
- Fees for Service: Call to confirm; accepts TNCare
- Brief Service Description:
 - Comprehensive Diagnostic & Evaluation Services
 - Individual, Family & Couples Therapy
 - Group Therapy
 - Case Management
 - Play Therapy
 - Medication Management & Evaluation
 - Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
 - Wraparound In-Home Services

Sexual Assault Center of East Tennessee

- Location: various locations in East Tennessee
- Phone: (865) 552-7273
- Website: <https://mcnabbcenter.org/victim-services/>
- Eligibility Requirements: Call for more information
- Fees for Service: N/A
- Brief Service Description: SACET has four program areas, which include: Sexual Assault Nurse, Examinations, Advocacy, Therapy, Education and Outreach.

Tracie Walker, LCSW

- Location: 9111 Cross Park Drive, Suite 200 Building D, Knoxville, TN 37923
- Phone: (865) 238-5901
- Website: <http://gotogalforcounseling.com>
- Eligibility Requirements: Children and adolescents
- Fees for Service: Call to confirm, accepts some insurance
- Brief Service Description: Specializes in adoption issues, parenting, grief, and trauma.

Brett Gleason, MS, LPC

- Location: Restoration Counseling Associates: 9724 Kingston Pike, Building 6 Knoxville, TN 37922
- Phone: (865) 357-4673
- Website: <http://restorationcounselingassociates.com>
- Eligibility Requirements: Children and adolescents
- Fees for Service: Call to confirm
- Brief Service Description: Licensed professional counselor that specializes in working with children with emotional and behavioral issues including those who come from hard places and have experienced various types of trauma. Training in Trust Based Relational Intervention (TBRI), Trauma Focused Cognitive Behavioral Therapy (TFCBT), Parent Child Interactional Therapy (PCIT) and EMDR.

Paige Bell, LCSW

- Location: 111 Center Park Drive, Suite 1300, Knoxville, TN 37922
- Phone: (423) 375-2488
- Website: N/A
- Email: Wpbell198410@yahoo.com
- Eligibility Requirements: works with adoptive parents
- Fees for Service: Call to confirm, accepts some insurance plans including TNCare
- Brief Service Description: Specializes in the treatment of children with behavioral problems, depression, anxiety, ADHD, abuse issues, trauma, divorce, and family conflict. Also has experience working with adult survivors of neglect, abuse, and trauma.

Peter Young, Ph.D. Psychologist

- Location: 10820 Kingston Pike #21, Knoxville, TN 37934
- Phone: (865) 671-6935
- Website: N/A
- Eligibility Requirements: N/A
- Fees for Service: Call to confirm, accepts some insurance plans, including TNCare
- Brief Service Description: Psychological testing and evaluations, as well as individual therapy.

Irina Diyankova, Ph.D.

- Location: 9111 Cross Park Dr., Building D, Suite 200, Knoxville, TN 37923
- Phone: (865) 888-0257
- Email: irina@dr-irina.com
- Website: <http://www.dr-irina.com>
- Eligibility Requirements: Adults and teenagers (14-18)
- Fees for Service: Accepts some insurance, does not accept TNCare

- Brief Service Description: Dr. Irina Diyankova specializes in Psychotherapy for PTSD, Anxiety, OCD, Panic Attacks, Depression, Eating Disorders, & Dissociative Disorders, EMDR for Trauma & Couples Counseling in the Knoxville, Knox County, Sevierville, Pigeon Forge, Seymour, Sevier County, Union County, Granger County, TN areas.

Carrie Fair, LCSW

- Location: Fairhaven Counseling & Consulting: 125 N Concord St, Knoxville, TN 37919
- Phone: (865) 333-5035
- Website: <https://www.fairhaventn.com>
- Eligibility Requirements: Accepts clients ages 6 and above
- Fees for Service: Call to confirm
- Brief Service Description: Specializes in trauma recovery, EMDR certified, sees clients ages 6 and above.

Dr. Sabine Scoggins at Counseling Connection

- Location: 5401 Kingston Pike, Suite 400, Knoxville, TN 37919
- Phone: (865) 214-7584
- Website: <http://www.knoxcounseling.com>
- Eligibility Requirements: Call to confirm
- Fees for Service: Call to confirm, accepts some insurance plans
- Brief Service Description: Dr. Scoggins has years of experience providing therapy to individuals, families and groups ranging in age from early childhood to senior adults presenting with the full range of psychiatric complaints, including but not limited to issues surrounding family and domestic violence, marital problems, parenting problems, complex trauma-related reactions (including PTSD and DID) and associated attachment disorders, schizophrenia, affective and anxiety disorders, as well as traumatic brain injuries (TBI).

Mary Helen Lyle-Joiner, LPC MHSP

- Location: 481 Leeper Pkwy., Suite 6, Lenoir City, TN 37772
- Phone: (865) 268-9171
- Website: N/A
- Eligibility Requirements: Accepts children, adolescents and adults
- Fees for Service: Call to confirm
- Brief Service Description: Works with children who have adoption and attachment issues, as well as sexual abuse victims/offenders.

Scarab Behavioral Health Services, LLC (Adolescent Psycho-Sexual Program)

- Location: Riverview Tower: 900 South Gay Street, Suite 1902, Knoxville, TN 37902
- Phone: (615) 262-7822
- Website: <http://www.scarabhealth.com/>
- Eligibility Requirements: Children or adolescents with psycho-sexual issues
- Fees for Service: Call to confirm
- Brief Service Description: Scarab Behavioral Health Services, LLC is a licensed Mental Health Outpatient Facility that provides intensive in-home child or adolescent psycho-sexual services for children and youth with inappropriate sexual behaviors in the Middle and East Regions of Tennessee. Scarab specializes in providing intensive in-home individual therapy, family therapy, and community safety planning to address inappropriate sexual behaviors. Parents and/or guardians will be instructed on the appropriateness of Informed Supervision of sexually abusive youth.

The Middle Path, Inc.

- Location: Intensive Outpatient Program: 245 S. Peters Road, Knoxville, TN 37923
- Phone: (865) 693-7453
- Website: <https://www.themiddlepath.life>
- Eligibility Requirements: N/A
- Fees for Service: Call to confirm

- Brief Service Description: The only IOP to offer DBT treatment in Knoxville to teens, plus a holistic approach! Meditation, Yoga, Emotional Freedom Technique, Reiki, art therapy, horticulture therapy, experiential therapy and 3 hours of Equine therapy is included! The IOP has a maximum of 8 teens with two therapists. Serves teens with mental health issues, self-harm issues, as well as co-occurring disorders. Does not take TennCare.

Bradford Intensive Outpatient Program (Substance Abuse Program)

Location: 301 South Gallaher View Rd SW, Ste. 300, Knoxville, TN 37919

Phone: (888) 762-3740

Website: <https://bradfordhealth.com/>

Eligibility Requirements: Substance abuse issues

Fees for Service: Call to confirm

Brief Service Description: Bradford's Intensive Outpatient Program allows clinically appropriate patients to remain in their home environment overnight while attending special sessions designed to treat their continual risk of relapse and environmental issues.

Peninsula Behavioral Health

Location: 1451 Dowell Springs Blvd., Knoxville, TN 37909

Phone: (865) 970-9800

Website: <https://www.peninsulabehavioralhealth.org>

Eligibility Requirements: N/A

Fees for Service: Call to confirm; accepts TNCare

Brief Service Description: Inpatient treatment for children and adolescents.

Village Behavioral Health

Location: 2431 Jones Bend Rd, Louisville, TN 37777

Phone: (855) 493-3846

Website: <http://www.villagebh.com>

Eligibility Requirements: N/A

Fees for Service: Call to confirm

Brief Service Description: Teen Residential Treatment Programs for Mental Health or Addiction.

Norris Academy

Location: 101 First Quality Drive, Andersonville, TN 37705

Phone: (865) 494-5554

Website: <https://www.norrisacademytn.com/>

Eligibility Requirements: N/A

Fees for Service: Call to confirm

Brief Service Description: Norris Academy is a residential treatment care facility for children and youth ages 5 to 21 diagnosed with autism spectrum disorder and neurodevelopmental disorders.

Mountain Youth Academy

- Location: 332 Hospital Road Mountain City, TN 37683
- Phone: (423) 727-9898
- Website: <http://www.mountainyouthacademy.net>
- Eligibility Requirements: Youth ages 5-17 with an IQ of 65 or above
- Fees for Service: Call to confirm
- Brief Service Description: Mountain Youth Academy is a residential treatment facility for girls and boys, ages 5-17. We are a trauma-based treatment facility treating at-risk youth with an IQ of 65 or above. We offer a therapeutic and safe setting in a secure, locked facility to help children and teens address their mental health needs. We also have specific treatment programs for those with intellectual disabilities. Our treatment programs utilize adolescent and child therapy in both, individual and

group settings as well as other treatment methods to address each individual's mental health needs.

Vanderbilt Behavioral Health Inpatient Program

- Location: Vanderbilt University Medical Center
- Phone: (615) 327-7000
- Website: <https://www.vanderbilthealth.com/service-line/behavioral-health>
- Eligibility Requirements: Call for more information
- Fees for Service: Call for more information
- Brief Service Description: This program offers a wide range of treatment methods including:
 - pharmacotherapy
 - individual, group, and family psychotherapy
 - educational and vocational treatment
 - activity therapy
 - nutritional education

We encourage families to join in the treatment process, because family members can have a positive impact on the patient's success. We also provide an aftercare plan to help continue progress after leaving the hospital.

Ridgeview Behavioral Health Services

- Location: Various Locations in Anderson, Campbell, Morgan, Roane and Scott counties.
- Phone: (800) 834-4178, Crisis-line: 1 (800)-870-5481
- Website: www.ridgeview.com
- Eligibility Requirements: Children, adolescents, and adults with behavioral and mental health issues
- Fees for Service: Ridgeview is committed to providing behavioral health care services to all patients regardless of race, sex, or the ability to pay. Financial assistance will be

provided to individuals who are uninsured, underinsured, ineligible for a government program (TnCare/Medicaid, Medicare), or otherwise unable to pay for necessary behavioral health care services, based on their individual financial situation. Call to confirm.

- Brief Service Description: Our psychiatric nurse and board certified child psychiatrist meet weekly in our treatment team, along with a Ph.D. psychologist / licensed professional examiner, licensed master's level therapists, certified master's level social workers, case managers, and others as needed to review and develop treatment plans for the youth in our programs. Our clinical staff provide mental health screenings and provide referrals and linkage for other serves as needed.

Educational Resources

Harmony Family Center Educational Advocacy

- Location: Statewide
- Phone: 865-982-5225
- Website: <https://harmonyfamilycenter.org/educational-advocacy/>
- Eligibility Requirements: School aged children
- Fees for Service: Initial consultation is fee. Service rates are \$75/hour. Most client's need are met in 5 hours or less.
- Brief Service Description: Harmony's professional staff use their specialized training and years of experience to offer support, education, and assistance to families navigating educational services and systems. Our advocates help prepare for school meetings, including IEP, Section 504, S-Team, or Expulsion Hearings. Harmony's advocates will support you by attending school meetings, informing you of your child's educational rights, and negotiating for your child's educational needs and services.

Sue Ownby - Parent Liaison and Ombudsman

- Location: Andrew Johnson Building, Suite 903-A
- Phone: (865) 594-1192
- Website: <https://www.knoxschools.org/ombudsman>
- Email: ombudsman@knoxschools.org
- Eligibility Requirements: Knox County student
- Fees for Service: N/A
- Brief Service Description: Parent Liaison and Ombudsman

Knox County Schools Family Resource Center

- Location: N/A

- Phone: (865) 594-1800, Email: kcsfrc@knoxschools.org
- Website: <https://www.knoxschools.org/Page/1916>
- Eligibility Requirements: Knox County Student
- Fees for Service: N/A
- Brief Service Description: A large number of books are available via direct mailing for parents (including special groups such as fathers, grandparents and single parents), teachers, community members and staff members who wish to make a positive difference in the lives of students in a variety of ways. The LL is available online on the FCE and FRC websites and includes a synopsis of over 100 categorized books.

Educational Assessment and Consultation; Elizabeth Cox, Ph.D.

- Location: 9219 Middlebrook Pike, Suite 200, Knoxville, TN 37931
- Phone: (865) 247-7149
- Website: <http://eaclearning.net>
- Eligibility Requirements: Students with academic challenges
- Fees for Service: Call for more information
- Brief Service Description: Evaluations for Specific Learning Disorders, Dyslexia, Giftedness, ADHD, Executive Functioning, School Readiness. Also offers Parent Consultations, School Consultations, Academic Intervention and Computer-based Intervention

Children and Teen Programs

Respite Rocks Program

- Location: In-home program provided by Ridgeview Behavioral Health Services, Respite services for children age 2 – 17 in Knox and Anderson Counties.
- Phone: (865) 659-7260
- Website: <https://www.ridgeview.com/services/child-and-youth-services/respite-services>
- Eligibility Requirements: Children who have challenging behavior(s) and/or developmental disabilities in Knox and Anderson counties
- Fees for Service: free service
- Brief Service Description: Respite Rocks is a planned family respite program of Ridgeview Behavioral Health Services, which provides respite for families with children who have challenging behavior(s) and/or developmental disabilities. Our goal is to strengthen families by providing a break from caregiving while empowering them with the skills needed to meet their future respite needs. Respite is provided in the family's home, neighborhood, and community—whichever works best for the child and family. Covers Knox and Anderson Counties.

Big Brothers/ Big Sisters

- Location: East Tennessee
- Phone: (865) 523-2179
- Website: <http://www.tennesseebig.org/>
- Eligibility Requirements: Children ages 6-18 needing mentorship
- Fees for Service: N/A
- Brief Service Description: Big Brothers Big Sisters makes meaningful mentorship matches between volunteers (Bigs) and children ages 6-18 (Littles). We then provide

the training, resources, and support necessary for those matches to succeed in our community based or site-based programs.

YOKE Youth Ministries

- Location: 1401 Cecil Avenue, Knoxville, TN 37917
- Phone: (865) 522-6907
- Website: <http://www.yokeyouth.com>
- Eligibility Requirements: Middle school student in Knox, Anderson, Blount, Jefferson or Grainger County
- Fees for Service: N/A
- Brief Service Description: YOKE is a faith-based ministry that connects middle school students with adult mentors through after school clubs, camps, and special activities. Founded in Knoxville in 1977, YOKE now has programs at 27 schools across Knox, Anderson, Blount, Jefferson, and Grainger Counties.

Girls Inc. of Knoxville

- Location: Various Knoxville school locations
- Phone: (865) 482-4475
- Website: <http://girlsinctnv.org>
- Eligibility Requirements: Girls 5-18
- Fees for Service: N/A
- Brief Service Description: Girls Inc. now offers Community Based Outreach programs within Knox County. We deliver core Girls Inc. programs while providing a nurturing environment for girls to be themselves. Outreach staff present intentional programs and hands-on activities within the after-school hours where girls live and go to school.

Boys & Girls Club of Tennessee Valley

- Location and Phone:

- Halls/Powell: 1819 Dry Gap Pike, Knoxville, TN 37918 | (865) 232-1218
- Vestal: 522 Maryville Pike, Knoxville, TN 37920 | (865) 232-1216
- Middlebrook: 8831 Middlebrook Pike, Knoxville, TN 37923 | (865) 232-1248
- Regal Entertainment Group Teen Center: 967 Irwin Street, Knoxville, TN 37917 | (865) 232-1214
- Haslam Family Club University: 957 Irwin Street, Knoxville, TN 37917 | (865) 232-1214
- Montgomery Village: 4530 Joe Lewis Road, Knoxville, TN 37920 | (865) 232-1224
- North Ridge Crossing: 3916 Carus Road, Knoxville, TN 37918 | (865) 232-1220
- Walter P. Taylor: 317 McConnell Street, Knoxville, TN 37915 | (865) 232-1222
- Western Heights: 1331 W. Oldham Avenue, Knoxville, TN 37921 | (865) 232-1226
- South Knox Elementary: 801 Sevier Avenue, Knoxville, TN 37920 | (865) 232-1264
- Lonsdale Elementary: 1505 Louisiana Ave, Knoxville, TN 37921 | (865) 232-1252
- Norwood Elementary: 1909 Merchant Drive, Knoxville, TN 37912 | (865) 232-1254
- Richard L. Bean Detention CTR: 13323 Division Street, Knoxville, TN 37919 | (865) 215-6510
- Website: <https://bgctnv.org>
- Eligibility Requirements: Youth and teens in grades K-12.
- Fees for Service: Call preferred Club for information
- Brief Service Description: Boys & Girls Club of Tennessee Valley is proud to serve youth with programs in art, education, health & physical fitness, social enrichment, teen focused programs and much more. We invite you to learn more what we offer at each of our Branch sites.

Teens Transitioning into Adulthood Resources

TN Department of Children's Services Independent Living Program

- Location: Regional Office: 2600 Western Avenue, Knoxville, TN 37921
- Phone: 865-329-8879
- Website: <https://www.tn.gov/dcs/program-areas/youth-in-transition/il.html>
- Eligibility Requirements: Youth moving out of foster care with the state up to the age of 21; call for details on eligibility. Young adults who are incarcerated are still eligible unless they receive a felony charge; also pregnant teens are eligible, but must work with team to make a decision about the baby; young adults with serious disability that prevents them from pursuing an education or full time employment may be eligible as well.
- Fees for Service: N/A
- Brief Service Description: Provides a comprehensive Independent Living Program (Independent Living - Transition to Adulthood) for youth moving out of foster care with the state including support with housing, education, life skills and other needs to help the youth successfully live on their own.

Vocational Rehabilitation Regional Office

- Location: 520 West Summit Hill Drive, Suite 301, Knoxville, TN 37902
- Phone: (865) 594-6060
- Website: <https://www.tn.gov/humanservices/ds/vocational-rehabilitation>
- Eligibility Requirements: A determination of Vocational Rehabilitation (VR) program eligibility is based on the following: 1. The person has a physical, mental or sensory impairment that results in a substantial impediment to employment; 2. VR services are required to prepare for, secure, retain or regain employment consistent with the person's strengths, abilities, capabilities, interests and informed choice; and 3. The person can benefit from VR services in terms of an employment outcome.

- Fees for Service: N/A
- Brief Service Description: The Vocational Rehabilitation Program (VR) provides a variety of individualized services to persons with disabilities in preparation for their employment in the competitive labor market. VR advocates employment outcomes for clients that are consistent with their individual strengths, resources, abilities, capabilities and informed choice.

Legal and Advocacy Resources

TNSTEP: Support and Training for Exceptional Parents

- Location: Various locations in TN
- Phone: 1-800-280-STEP
- Website: <http://www.tnstep.org/>
- Email: information@tnstep.org
- Eligibility Requirements: Children with disabilities
- Fees for Service: N/A
- Brief Service Description: We improve the lives of families of children with disabilities by guiding them through challenges they face accessing education and community programs. We provide services that promote working together with school staff to resolve issues often faced by children with disabilities at school such as harassment, bullying, low expectations, and social isolation. We believe every child matters; every child should have access to an education that leads to self-sufficiency, employment, and meaningful community involvement. With our services families and schools increase expectations and provide opportunities for students with disabilities to aim for high achievement standards. With our services families are able to be actively involved in navigating the special education process; research show that when parents are involved in their child's education, children have better outcomes.

Disability Rights TN

- Location: East Tennessee Office: 9050 Executive Park Drive, Suite 101-B, Knoxville, TN 37923
- Phone: (865) 670-2944
- Website: <http://www.disabilityrightstn.org/get-help>
- Eligibility Requirements: Approval by review team

- Fees for Service: N/A
- Brief Service Description: Provides Advocacy Services for issues that are approved by the Review Team.

TN Voices

- Location: Statewide
- Phone: (800) 670-9882
- Website: <http://www.tnvoices.org/>
- Eligibility Requirements: N/A
- Fees for Service: There is no fee for support and advocacy services, or consultation, and most of the parent training are available free of charge
- Brief Service Description: The SFSN provides support, advocacy, and assistance in connecting with services or accessing supports to families of children with emotional, behavioral, and mental health difficulties. We offer individual consultation and advocacy in all systems (education, juvenile court, mental health, child welfare and others), information and training, and support groups. The Statewide Family Support Network is open to caregivers of children ages birth to 22 who are experiencing struggles related to an emotional, behavioral, or mental health concern or disorder, as well as to the providers and community agencies that work with children and families. Services are offered in all 95 counties in TN.

disABILITY Resource Center

- Location: 911 Cross Park Dr, Suite E 135, Knoxville, TN 37923
- Phone: (865) 637-3666
- Website: <https://drctn.org/>
- Eligibility Requirements: N/A
- Fees for Service: N/A
- Brief Service Description:
 - Information and Referral

- Peer Support
- Advocacy
- Independent Living Skills Training
- Transition
- Live Out Loud (LOL) Academy
- CareWorks, our Personal Attendant Services
- Ramp N Rails Program
- Employment

Legal Aide of Tennessee

- Location: 607 W Summit Hill Dr. SW, Knoxville, TN 37902
- Phone: (865) 637-0484
- Website: <http://www.laet.org>
- Eligibility Requirements: Call to confirm
- Fees for Service: Call to confirm
- Brief Service Description: LAET provides civil legal services ranging from information and advice to complex litigation and appellate advocacy to low income persons in twenty six (26) East Tennessee counties. LAET also engages in Community Economic Development work with individuals and grass roots community organizations focused on protecting communities and facilitating economic opportunity for low-income persons. LAET has special programs for seniors and victims of domestic violence that, due to funding source permissions, can be provided to persons whose income and/or assets exceed the restrictions on the majority of our services LAET also funds and staffs Pro Bono Projects that recruit, support and utilize volunteer attorneys and other professionals to allow us to expand services.

Ted Kern, Attorney at Law

- Location: 706 Walnut Street, Suite 500, Knoxville, TN 37902
- Phone: (865) 540-8777

- Website: <https://tedkernlaw.com/>
- Eligibility Requirements: Call to confirm
- Fees for Service: Call to confirm
- Brief Service Description: With more than 36 years of experience, Ted Kern is one of the most experienced Adoption and Family Law Attorneys in East Tennessee. He is a Fellow in the Academy of Adoption and Assisted Reproduction Attorneys, a nationwide professional organization of attorneys who work in the area of family formation. He has been an adjunct faculty member at the University of Tennessee School of Law, and he has presented numerous trainings to attorneys, court clerks and paralegals regarding adoption law, litigation, and other subjects.

Volunteer Advocacy Project

- Location: Various locations
- Phone: N/A
- Website: <https://vkc.vumc.org/vkc/services/project/volunteer-advocacy/>
- Email: VolAP@vanderbilt.edu
- Eligibility Requirements: N/A
- Fees for Service: N/A
- Brief Service Description: The VAP training is comprised of two parts: (1) a 40-hour training, and (2) the linkage of the volunteer advocate with four families of children with disabilities.
- Forty-hour training: Every participant attends a 40-hour training. In the training, various topics related to special education advocacy are taught: evaluations and eligibility, individualized education plans, assistive technology, discipline provisions, behavior intervention plans, non-adversarial advocacy techniques, legislative change, least restrictive environment, and extended school year services. The training also has various speakers including professors, attorneys, parents of children with disabilities, and advocates. Reading assignments of relevant laws and regulations accompany each class session.

- Linkage with four families: After graduating from the class (completing the 40 hours of instruction), each participant commits to working, at no cost, with four families of children with disabilities.

Tennessee Justice Center

- Location: P.O. Box 100187, Nashville, TN 37224
- Phone: (615) 255-0331 or 1-877-608-1009
- Website: <https://www.tnjustice.org/>
- Eligibility Requirements: Call to confirm
- Fees for Service: Call to confirm
- Brief Service Description: We help Tennesseans one-by-one and then take what we learn from their stories to advocate for large-scale changes that help others in the same boat. In addition to helping individuals, we use the law and advocacy to ensure that Tennesseans can meet their most basic needs and have a pathway to opportunity.

Financial Assistance and Basic Needs Resources

Fish Hospitality Pantry

- Location and Phone:
- North West Knoxville: 122 West Scott Ave (Pantry/Food Warehouse) | (865) 971-4000
- East Knoxville: 600 South Chestnut St. (St. Luke's Episcopal Church) | (865) 522-3474
- South Knoxville: 201 Ogle Ave. (Sustainable Future Center building) | (865) 577-9600
- UT-Knoxville: 824 Melrose Place (Tyson House) | (865) 236-1235
- Eligibility Requirements: Call to confirm
- Website: <https://www.fishpantries.org/>
- Fees for Service: N/A
- Brief Service Description: Food Pantry

Knox Area Rescue Ministries

- Location: 418 N Broadway, Knoxville, TN 37917
- Phone: (865) 673-6540
- Website: <http://karm.org>
- Email: info@karm.org
- Eligibility Requirements: In need of emergency meals and/or shelter
- Fees for Service: N/A
- Brief Service Description: Provides meals, emergency shelter, recovery services and job training.

Project Help - West Neighborhood Center (Utility Payment Assistance)

- Location: 2247 Western Avenue, Knoxville, TN 37950
- Phone: (865) 637-6700
- Website: <https://www.kub.org/about/community/project-help>

- Eligibility Requirements: Must be within 150% of poverty guidelines, have final notice on utility bills, or fuel source almost depleted. They must be a KUB customer. Priority goes to elderly, disabled and working poor.
- Fees for Service: N/A
- Brief Service Description: Provides monetary assistance for heating sources and utilities provided funds are available.

Volunteer Ministry Center (Rent Assistance)

- Location: 511 N. Broadway, Knoxville TN 37917
- Phone: (865) 524-3926
- Website: <https://www.vmcinc.org/>
- Eligibility Requirements: Call for eligibility requirements.
- Fees for Service: N/A
- Brief Service Description: Provides limited, one-time assistance with rent payment VMC offers a small amount and usually requires the client to provide a small amount and then works with other agencies to obtain the remaining amount.

Fountain City Ministry Center

- Location: 5364 North Broadway, Knoxville TN 37918
- Phone: (865) 688-5000
- Website: <https://www.fcministry.org/>
- Eligibility Requirements: Knox County Resident
- Fees for Service: N/A
- Brief Service Description: Emergency Food

Catholic Charities of East Tennessee - Elizabeth's Homes

- Location: 119 Dameron Avenue, Knoxville, TN 37917
- Phone: (865) 971-3570

- Website:
https://rentassistance.org/program/catholic_charities_of_east_tennessee_inc_elizabeth_homes_knoxville_tn.html
- Eligibility Requirements: varies by program, call to confirm
- Fees for Service: N/A
- Brief Service Description: The Knox County Catholic Charities offers a number of social services, including transitional housing, shelter, and case management and advice.



TN VALLEY



Early Childhood Resources

Tennessee Early Intervention Service

- Location: Various location in TN
- Phone: 1 (800) 852-7157
- Website: <https://www.tn.gov/didd/for-consumers/tennessee-early-intervention-system-teis.html>
- Eligibility Requirements: children from birth to age 2 with delay in one or more areas of development or a diagnosed condition
- Fees for Service: Call to confirm
- Brief Service Description: Anyone who has a concern about a child's development, age birth through two, can call Tennessee's Early Intervention System, and make a referral. This is a voluntary education program through the Department of Education.

Siskin Home Visitation Program

- Location: In home services
- Phone: (423) 648-1761
- Website: <https://siskin.org>
- Eligibility Requirements: TEIS will determine whether the child is eligible for services.
- Fees for Service: Call to confirm
- Brief Service Description: Home Visitors provide emotional support, offer guidance about child development, point families to other community resources, and ensure child and family goals are met. Through visits with an Early Interventionist, the family receives information, support, guidance and consultation about improving the child's quality of life and the family's. The program provides services for children ages 0 – 3 years old in the counties of Bledsoe, Bradley, Hamilton, Marion, Meigs, McMinn, Polk, Rhea, and Sequatchie.

Head Start

- Location: Various locations in TN
- Phone: (615) 741-4846
- Website: <http://www.tn.gov/education/districts/early-learning/head-start.html>
- Eligibility Requirements: Call for more information
- Fees for Service: N/A
- Brief Service Description: Head Start is built upon the understanding that child and family development takes place in a community, and that effective programs build upon and link families with community resources. For this reason, Head Start is designed to link with schools, social service agencies, health services, childcare services -- but especially with parents.

Regional Intervention Program (RIP)

- Location: 443 North Ocoee Street, Cleveland, Tennessee 37311
- Phone: (423) 339-6781
- Website: <http://ripnetwork.org>
- Eligibility Requirements: Children ages 2-5
- Fees for Service: N/A

Brief Service Description: Regional Intervention Program (RIP) is a 6-9 month behavior modification program. The program is designed to simultaneously decrease the child's unwanted behaviors while strengthening social skills and empowering parents to set developmentally appropriate limits and consequences for their child.

Mental Health, Alcohol and Substance Abuse, and Health Resources

Harmony Family Center (Adoption Support and Preservation Program)

- Location: Statewide/In-home Services
- Phone: (888) 848-2727
- Website: <https://harmonyfamilycenter.org/pre-post-adoption/asap-gsap-services/>
- Eligibility Requirements: Adopted children 18 and under
- Fees for Service: Free services for children adopted via foster care, sliding scale for other adoptive families.
- Brief Service Description: In-home, trauma informed assessment and family-focused counseling.

Volunteer Behavioral Health

- Location: Locations in Athens, Chattanooga, Cleveland, Tracy City, Jasper, Madisonville
- Phone: 1-877-567-6051
- Website: <https://www.vbhcs.org>
- Eligibility Requirements: Children and adults with behavioral or mental health issues
- Fees for Service: TNCare accepted, call to confirm
- Brief Service Description: Outpatient services include several treatment components. Individual, family and couples therapy is available as part of outpatient services throughout the Volunteer system. Volunteer has clinical staff trained in family therapy as well as expertise in treatment of marital and relationship issues. Individual therapy is available for children, adolescents, and adults. Specialized group therapy is available at several locations. These include groups addressing attention deficit hyperactivity disorder, depression, anger management and sexual offender treatment. Providers are trained in several evidence-based practices including

Trauma-Focused Cognitive Behavioral Therapy (TF_CBT) and Attachment, Self-Regulation and Competency (ARC).

- Case management services for children and adolescents provide the entire family system with support, linkage, referral, and advocacy. The case manager's role is to assist the family in accessing services, managing crisis, and maintaining the least restrictive environment for the child/adolescent being served. Case management is a family-centered, strengths-based model specifically for families with children who are seriously emotionally disturbed.
- The medical team includes registered nurses, nurse practitioners and psychiatrists provide medication evaluations and administration.

Youth Villages

- Location: 6236 Air Park Drive Suite A, Chattanooga, TN 37421
- Phone: (423) 954-8890
- Website: <http://www.youthvillages.org>
- Eligibility Requirements: Boys and girls ages 7-18, with emotional and behavioral challenges, verbal IQ of 50 and above. Developmental disabilities, sexual behaviors
- Fees for Service: Call to confirm
- Brief Service Description: In East Tennessee, Youth Villages offers our full continuum of programs serving emotionally and behaviorally troubled young people – Intensive In-Home Services, Residential Treatment, Foster Care and Adoption, YVLifeSet and Specialized Crisis Services.

Helen Ross McNabb Center

- Location: 6055 Shallowford Road, Chattanooga, TN 37421
- Phone: (423) 266-6751
- Website: <https://www.mcnabbcenter.org>
- Eligibility Requirements: N/A

- Fees for Service: Call to confirm; accepts TNCare
- Brief Service Description: Therapy/Counseling, psychiatric medication services provide an initial psychiatric evaluation and ongoing pharmacotherapy and case management services.

OMNI Community Health

- Locations:
 - 1401 Williams Street, Suite 210, Chattanooga, TN 37408 | (423) 207-4712
 - 704 West Madison Avenue, Athens, TN 37303 | (423) 244-9006
 - 404 S White Street, Athens, TN 37303 | (423) 405-6038
 - 2600 Executive Park Northwest, Cleveland, TN 37312 | (423) 244-9006
- Website: <http://www.theomnifamily.com/>
- Eligibility Requirements: Children and adults with behavioral and mental health issues
- Fees for Service: All major forms of payment accepted, along with TNCare and most other insurances.
- Brief Service Description:
 - Comprehensive Diagnostic & Evaluation Services
 - Individual, Family & Couples Therapy
 - Group Therapy
 - Case Management
 - Play Therapy
 - Medication Management & Evaluation
 - Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
 - Wraparound In-Home Services

Henegar/CBI Counseling Center

- Location: 1815 McCallie Ave, Chattanooga, TN 37404
- Phone: (423) 756-2894

- Website: <https://henegarcc.com>
- Eligibility Requirements: N/A
- Fees for Service: Payment is due at time of service. Henegar Counseling Center accepts most major insurance policies. Flexible rates and Richmond Graduate University interns allow us to accommodate a range of financial situations.
- Brief Service Description: Services Include- Brain Spotting, Eye Movement Desensitization and Reprocessing (EMDR), Parent-Child Interaction Therapy (PCIT), Prepare-Enrich (Premarital Therapy) and Trauma-Focused Cognitive Behavioral Therapy (TF-CBT).

Richmont Trauma Center

- Location: 1815 McCallie Ave, Chattanooga, TN 37404
- Phone: (423) 266-4574
- Website: <https://www.richmonttrauma.com/>
- Eligibility Requirements: N/A
- Fees for Service: Check with our office staff if you are planning to use insurance.
- Brief Service Description: The Richmont Trauma Center (RTC) has been created to provide quality mental health treatment to those impacted by single episode and complex trauma. We are honored to walk the journey with individuals and families as they work to heal and grow. Services include: Individual Therapy, group therapy, child and adolescent therapy, Dialectical Behavioral Therapy, EMDR, TF-CBT.

Brittney S. Giannunzio, LPC

- Location: 748 Overbridge Lane, Chattanooga, TN 37415
- Phone: (423) 877-7491
- Website: N/A
- Eligibility Requirements: N/A
- Fees for Service: Call to confirm fees
- Brief Service Description: Trained in EMDR and trauma work

Christine Weisgerber; Lighthouse Counseling & Transformation Center

- Location: 7209 Hamilton Acres Cir, Chattanooga, Tennessee 37421
- Phone: (423) 499-9335
- Website: <http://www.thetransformationcenter.org>
- Eligibility Requirements: N/A
- Fees for Service: For clients who do not have insurance or who prefer not to file insurance, many of our counselors offer discounted rates. These rates work on a sliding scale which is based on household income.
- Brief Service Description: Experience in Trauma Focused Cognitive Behavioral Therapy and Eye Movement Desensitization and Reprocessing.

Tracy McKay, MA, LPC, MHSP

- Location: 1401 Carter Street, Suite 102, Chattanooga, Tennessee 37402
- Phone: (423) 781-0542
- Website: https://therapists.psychologytoday.com/rms/name/Tracy_McKay_MA,LPC,MHSP_Chattanooga_Tennessee_93775
- Eligibility Requirements: Adolescents / Teenagers (14 to 19) and adults
- Fees for Service: Call to confirm
- Brief Service Description: Trauma experience, EMDR and Sensorimotor approaches

Parkridge Valley Child and Adolescent Campus

- Location: 2200 Morris Hill Rd Chattanooga, TN 37421
- Phone: (423) 894-4220
- Website: <https://parkridgehealth.com/service/child-adolescent-behavioral-health-care>

- Eligibility Requirements: The acute children's program treats patients from 5 to 12 years old. The acute adolescent program treats teenagers from 13 to 18 years old.
- Fees for Service: Call to confirm, accepts TNCare
- Brief Service Description: Inpatient psychiatric treatment for children and adolescents.

CADAS Scholze Center for Youth Services

- Location: 207 Spears Ave, Chattanooga, TN 37405
- Phone: (423) 756-7644 or 877-282-2327
- Website: <http://www.cadas.org/>
- Eligibility Requirements: Male and female clients between the ages of 13 to 18 years of age with substance abuse issues
- Fees for Service: Call to confirm
- Brief Service Description: The Scholze Adolescent Treatment Center is a Co-Occurring Capable treatment facility that utilizes a 12-step recovery process & other evidenced based approaches. Each participant receives group, individual, experiential, & Family therapy & education. Our staff is trained and experienced in dealing with both substance abuse & mental health treatment. There are certified addictions counselors & licensed professional counselors on staff.

Norris Academy

- Location: 101 First Quality Road, Andersonville, TN 37705
- Phone: (865) 494-5554
- Website: <https://www.norrisacademytn.com/>
- Eligibility Requirements: Children and youth ages 5 to 21 diagnosed with Autism Spectrum Disorder/Neurodevelopmental Disorders, Intellectual Disability, Fetal-Alcohol Syndrome, Neonatal Abstinence Syndrome, etc.
- Fees for Service: Call to confirm

- Brief Service Description: Norris Academy strives to provide intensive treatment to children and youth who are experiencing challenges associated with Autism Spectrum and Neurodevelopmental disorders. Our trained professional staff work directly with our residents, their families and involved stakeholders in a compassionate, evidence-based manner with a focus on meaningfully engaging and diminishing problems behaviors. Through intensive skill-building efforts on a daily basis, our residents develop strategies in order to provide the opportunity for transition of the individual back into the community and into the home. The level of treatment is appropriate for individuals currently presenting significant to acute problem behaviors, which are prohibiting them from participating in the community and in their family.

SteppenStone Youth Treatment Services

- Location: 110 SteppenStone Blvd. Limestone, Tennessee 37681
- Phone: (423) 257-6054
- Website: <https://www.candcservices.org/>
- Eligibility Requirements: Adolescent males
- Fees for Service: Call to confirm
- Brief Service Description: SteppenStone Youth Treatment Services is a fully integrated closed treatment continuum specializing in the treatment of adolescent teenage males experiencing emotional and behavioral problems. SteppenStone provides 24 hour residential, day, after school, and outpatient treatment services. SteppenStone also provides academic services from a fully accredited education program. Our program is designed to interrupt the cycle of abuse and mistreatment while developing pro-social attitudes and behavior. SteppenStone is dedicated to positively impacting the lives of these young boys so they may have the opportunity to lead a healthy life.

Oak Plains Academy

- Location: 1751 Oak Plains Road, Ashland City, TN 37015
- Phone: (931) 362-4723
- Website: <https://www.oakplainsacademy.com/>
- Eligibility Requirements: Males and females aged 11-17
- Fees for Service: Call to confirm
- Brief Service Description: Oak Plains Academy offers treatment for children who are experiencing mental health issues as well as those who may have experienced trauma in terms of physical or sexual abuse.

A Step Ahead Chattanooga

- Location: P.O. Box 4212, Chattanooga TN 37405
- Phone: (423) 265-STEP (7837)
- Email: info@astepaheadchattanooga.org
- Website: <http://www.astepaheadchattanooga.org>
- Eligibility Requirements: Women living in Bledsoe, Bradley, Franklin, Grundy, Hamilton, Marion, Meigs, McMinn, Polk, Rhea, and Sequatchie counties
- Fees for Service: Free
- Brief Service Description: We provide long-term, reversible birth control (IUDs and implants) to any woman living in Southeast Tennessee* who wants it. For free. These low-maintenance methods provide protection when a woman wants it and are fully reversible when she's ready.

Educational Resources

Harmony Family Center Educational Advocacy

- Location: Statewide
- Phone: 865-982-5225
- Website: <https://harmonyfamilycenter.org/educational-advocacy/>
- Eligibility Requirements: School aged children
- Fees for Service: Initial consultation is fee. Service rates are \$75/hour. Most client's need are met in 5 hours or less.
- Brief Service Description: Harmony's professional staff use their specialized training and years of experience to offer support, education, and assistance to families navigating educational services and systems. Our advocates help prepare for school meetings, including IEP, Section 504, S-Team, or Expulsion Hearings. Harmony's advocates will support you by attending school meetings, informing you of your child's educational rights, and negotiating for your child's educational needs and services.

Bledsoe County Schools, Family Resource Center

- Location: 478 Spring St., Pikeville, TN 37367
- Phone: (423) 447-2035
- Website: <https://www.bledsoecountyschools.org/frc>
- Eligibility Requirements: Bledsoe County student
- Fees for Service: N/A
- Brief Service Description: Our goal is to be the connecting link between schools, families, and community resources. We can help provide information about community resources, such as food pantries, clothes closets, or other necessary services. We will assist in locating school supplies, emergency clothing, a family

doctor, or other resources for students. If there is a problem that could prevent a student from learning, we will work as quickly as possible to find a solution.

Hamilton County Schools Family Resource Center

- Location: 3074 Hickory Valley Rd, Chattanooga, TN 37421
- Phone: (423) 498-6731
- Email: HCSFRC@hcde.org
- Website: https://www.hcde.org/students_families/family_resource_center
- Eligibility Requirements: Hamilton County student
- Fees for Service: N/A
- Brief Service Description: The goals of the FRC are to ensure families receive information about all available resources and services, assist families in learning positive parenting skills and provide support and encourage the role of parents and guardians in the family, community, and school.

Children and Teen Programs

Boys and Girls Club of Chattanooga

- Location and Phone:
- East Lake Unit: 2125 East 25th Street Place, Chattanooga, TN 37407 | (423) 629-4943
- Highland Park Unit: 2312 Duncan Avenue, Chattanooga, TN 37404 | (423) 629-0008
- Website: <http://www.bgccha.org>
- Eligibility Requirements: Children and youth
- Fees for Service: Call to confirm
- Brief Service Description: Every child deserves a place where they can just be what they are – kids – without the pressures and hardships that cause so many of them to grow up too soon. The Boys and Girls Clubs of Chattanooga offer a safe place for young people to learn and grow by providing ongoing relationships with peers and caring adults along with life-enhancing programs and character development opportunities. Our boys and girls learn to become responsible leaders in their Clubs, neighborhoods and society. The Boys and Girls Clubs change lives by instilling in each child; a sense of self-worth and positive values and enabling each child to realize dreams that might otherwise pass them by.

Big Brothers/ Big Sisters

- Location: 2015 Bailey Avenue, Chattanooga, TN 37404
- Phone: (423) 698-8016
- Website: <http://www.bbbschatt.org/>
- Eligibility Requirements: Children ages 6-18 needing mentorship
- Fees for Service: N/A
- Brief Service Description: Big Brothers Big Sisters makes meaningful mentorship matches between volunteers (Bigs) and children ages 6-18 (Littles). We then provide

the training, resources and support necessary for those matches to succeed in our community based or site-based programs.

Teens Transitioning into Adulthood Resources

TN Department of Children's Services Independent Living Program

- Location: Regional Office: 5600 Brainerd Road, Suite C-20, Chattanooga, TN 37411
- Phone: (423) 296-1234
- Website: <https://www.tn.gov/dcs/program-areas/youth-in-transition/il.html>
- Eligibility Requirements: Youth moving out of foster care with the state up to the age of 21; call for details on eligibility. Young adults who are incarcerated are still eligible unless they receive a felony charge; also pregnant teens are eligible, but must work with team to make a decision about the baby; young adults with serious disability that prevents them from pursuing an education or full time employment may be eligible as well.
- Fees for Service: N/A
- Brief Service Description: Provides a comprehensive Independent Living Program (Independent Living - Transition to Adulthood) for youth moving out of foster care with the state including support with housing, education, life skills and other needs to help the youth successfully live on their own.

Vocational Rehabilitation Regional Office

- Location and Phone:
 - Eastgate Center: Suite 602-B, 5600 Brainerd Road, Chattanooga, TN 37411 | (833) 751-0597
- Website: <https://www.tn.gov/humanservices/ds/vocational-rehabilitation>
- Eligibility Requirements:
 - A determination of Vocational Rehabilitation (VR) program eligibility is based on the following: 1. The person has a physical, mental or sensory impairment that results in a substantial impediment to employment; 2. VR services are required to prepare for, secure, retain or regain employment consistent with the person's strengths, abilities,

capabilities, interests and informed choice; and 3. The person can benefit from VR services in terms of an employment outcome.

- Fees for Service: N/A
- Brief Service Description: The Vocational Rehabilitation Program (VR) provides a variety of individualized services to persons with disabilities in preparation for their employment in the competitive labor market. VR advocates employment outcomes for clients that are consistent with their individual strengths, resources, abilities, capabilities, and informed choice.

Legal and Advocacy Resources

Children's Advocacy Center; the Emmy Haney House

- Location: 5705 Uptain Road, Chattanooga, TN 37411
- Phone: (423) 266-6918
- Website: <http://www.cachc.org/>
- Eligibility Requirements: Children affected by alleged child abuse or neglect
- Fees for Service: Call to confirm
- Brief Service Description: We provide help, hope, and healing by offering the following services:
 - Forensic Interviews
 - Medical Examinations
 - Therapy
 - Family Advocacy
 - Child Protection Investigative Team (C.P.I.T.)
 - Prevention Education

TNSTEP: Special Education Support for Tennessee Families

- Location: Various locations in TN
- Phone: 1-800-280-STEP
- Website: <http://www.tnstep.org/>
- Eligibility Requirements: Children with disabilities
- Fees for Service: N/A
- Brief Service Description: We improve the lives of families of children with disabilities by guiding them through challenges they face accessing education and community programs. We provide services that promote working together with school staff to resolve issues often faced by children with disabilities at school such as harassment, bullying, low expectations, and social isolation. We believe every child matters; every

child should have access to an education that leads to self-sufficiency, employment, and meaningful community involvement. With our services families and schools increase expectations and provide opportunities for students with disabilities to aim for high achievement standards. With our services families are able to be actively involved in navigating the special education process; research show that when parents are involved in their child's education, children have better outcomes,

TN Voices

- Location: Statewide
- Phone: (800) 670-9882
- Website: <https://tnvoices.org/>
- Eligibility Requirements: N/A
- Fees for Service: There is no fee for support and advocacy services, or consultation, and most of the parent training are available free of charge
- Brief Service Description: The SFSN provides support, advocacy, and assistance in connecting with services or accessing supports to families of children with emotional, behavioral, and mental health difficulties. We offer individual consultation and advocacy in all systems (education, juvenile court, mental health, child welfare and others), information and training, and support groups. The Statewide Family Support Network is open to caregivers of children ages birth to 22 who are experiencing struggles related to an emotional, behavioral, or mental health concern or disorder, as well as to the providers and community agencies that work with children and families. Services are offered in all 95 counties in TN.

Legal Aide of Tennessee

- Locations:
- 100 W Martin Luther King Blvd, Suite 402, Chattanooga, TN 37402 | (423) 756-4013
- 270 N. Ocoee St., Cleveland, TN 37311 | (423) 303-2266
- Website: <http://www.laet.org>

- Eligibility Requirements: Call to confirm
- Fees for Service: Call to confirm
- Brief Service Description: LAET provides civil legal services ranging from information and advice to complex litigation and appellate advocacy to low income persons in twenty six (26) East Tennessee counties. LAET also engages in Community Economic Development work with individuals and grass roots community organizations focused on protecting communities and facilitating economic opportunity for low-income persons. LAET has special programs for seniors and victims of domestic violence that, due to funding source permissions, can be provided to persons who's income and/or assets exceed the restrictions on the majority of our services LAET also funds and staffs Pro Bono Projects that recruit, support and utilize volunteer attorneys and other professionals to allow us to expand services.

The Hope Center

- Location and Phone:
- Athens: 704 West Madison Avenue, Athens, TN 37303 | (423) 744-0599
- Cleveland: 2600 Executive Park, Cleveland, TN 37312 | (423) 790-5740
- Website: <http://www.thehopecenterinc.com>
- Eligibility Requirements: Children affected by alleged child abuse or neglect
- Fees for Service: Call to confirm
- Brief Service Description: Child Advocacy Center, Physical and Sexual Abuse Cases, Supporting CPIT, Mental Health Services, Forensic Interviews, Sexual Assault Nurse Exams, Victim Child Advocate, Prevention Education, Family Advocate.

Family Resource Agency

- Location: 3680 Michigan Ave Rd NE Cleveland, TN 37323
- Phone: (423) 479-9339
- Website: <http://www.fratn.com>
- Eligibility Requirements: Call for information

- Fees for Service: Call for information
- Brief Service Description: We serve families, children, and adults in ways that improve their quality of life, and enable them to be more self-sufficient, productive members of the community. Our Driving Goals:
 - We help children be ready for school.
 - We help parents become better parents.

Child Advocacy Center of the 9th Judicial District (serves Meigs County)

- Location: P.O. Box 928 Lenoir City, TN 37771
- Phone: (865) 986-1505
- Website: <http://www.kidsfirsttn.org/>
- Eligibility Requirements: Children affected by alleged child abuse or neglect
- Fees for Service: Call to confirm
- Brief Service Description: Forensic Interviews, Victim Services, Therapy, Forensic Medical Examinations, Services for the drug-endangered child, School-based intervention/prevention program, Education Group for Teen Moms (school-based), Adult Survivor Group and Resource Library Provider (school-based) and provider of community education.

Volunteer Advocacy Project

- Location: Various locations
- Phone: N/A
- Website: <https://vkc.vumc.org/vkc/services/project/volunteer-advocacy/>
- Eligibility Requirements: N/A
- Fees for Service: N/A
- Brief Service Description: The VAP training is comprised of two parts: (1) a 40-hour training, and (2) the linkage of the volunteer advocate with four families of children with disabilities.

- Forty-hour training: Every participant attends a 40-hour training. In the training, various topics related to special education advocacy are taught: evaluations and eligibility, individualized education plans, assistive technology, discipline provisions, behavior intervention plans, non-adversarial advocacy techniques, legislative change, least restrictive environment, and extended school year services. The training also has various speakers including professors, attorneys, parents of children with disabilities, and advocates. Reading assignments of relevant laws and regulations accompany each class session.
- Linkage with four families: After graduating from the class (completing the 40 hours of instruction), each participant commits to working, at no cost, with four families of children with disabilities.

Tennessee Justice Center

- Location: P.O. Box 100187, Nashville, TN 37224
- Phone: (615) 255-0331 or 1-877-608-1009
- Website: <https://www.tnjustice.org/>
- Eligibility Requirements: Call to confirm
- Fees for Service: Call to confirm
- Brief Service Description: We help Tennesseans one-by-one and then take what we learn from their stories to advocate for large-scale changes that help others in the same boat. In addition to helping individuals, we use the law and advocacy to ensure that Tennesseans can meet their most basic needs and have a pathway to opportunity.

Financial Assistance and Basic Needs Resources

Southeast Tennessee Human Resource Agency—Brief Crisis Intervention

- Location: P.O. Box 909, 312 Resource Road, Dunlap, TN 37327
- Phone: 1 (800) 852-6155
- Website: <http://sethra.us>
- Eligibility Requirements: Residents in an emergency situation in Bledsoe, Grundy, Marion, Meigs, McMinn, Rhea, Polk, and Sequatchie counties may apply for services
- Fees for Service: N/A
- Brief Service Description: Crisis Intervention: The program assists low-income individuals in an emergency situation by providing rent, utilities, mortgages and food.

The Caring Place

- Location: 130 Wildwood Ave, Cleveland, TN 37311
- Phone: (423) 472-4414
- Website: <https://thecaringplaceonline.org>
- Eligibility Requirements: To see if you qualify, bring: Picture ID, Proof of income for the entire household, Paycheck stub, Letter from Social Security, Bank statement, Food Stamp letter, Child Support, Families First, Social Security cards for each family member, proof of address such as a piece of mail with the current address on it or a Lease Agreement, Current driver's license
- Fees for Service: N/A
- Brief Service Description: Single individuals receive one bag of non-perishable food per calendar month. Families may visit The Caring Place twice a month and receive a bag of non-perishable food per visit. If you are eligible for food, you may also shop for clothing.

Metropolitan Ministries

- Location: 4001 Rossville Blvd., Chattanooga, TN 37407
- Phone: 423-624-9650
- Website: <https://www.met-min.org>
- Eligibility Requirements: N/A
- Fees for Service: N/A
- Brief Service Description: MetMin staff and volunteers help clients each Monday through Wednesday. Wednesday is reserved for seniors over the age of 62. There are 33 assistance slots available each of those days. The demand for our help is quite high, though, and those 33 slots are often filled by the time we open our doors at 8:00 am. Standard assistance areas include: Clients are interviewed on a first-come, first-served basis rather than by appointment. There are no geographic limits.
 - Past due utility bills (electricity, gas, water, and sewer)
 - Past due rent bills
 - Food vouchers to the Chattanooga Area Food Bank (available only on Mondays and Tuesdays), and
 - Our On-site Grocery Store for Seniors (available only on Wednesdays).
 - From the 1st to the 15th of each month MetMin helps with rent, water, sewer, gas, and food. From the 15th to the end of each month, we assist with EPB (electricity only), water, sewer, gas, and food. MetMin helps with one resource at a time. All clients are encouraged to meet with our Community Resources Coordinator in order to access other beneficial goods and services.
 - In collaboration with other great agencies, MetMin provides special support to students in the Brainerd area as well as to widows throughout the community. For more information about those programs, please contact the Community Services Coordinator

The Samaritan Center

- Location: 9231 Lee Highway, Ooltewah, TN 37363
- Phone: (423) 238-7777 ext. 10
- Website: <http://thesamaritancenter.net>
- Eligibility Requirements: We serve residents of eastern Hamilton County living within the following zip codes: 37302, 37308, 37315, 37421, 37336, 37341, 37416, 37353, 37363
- Fees for Service: N/A
- Brief Service Description: The Samaritan Center provides emergency assistance for low-income families and individuals in eastern Hamilton County. Assistance is available by appointment for those who live in our service area and provide documentation of need.

Neediest Case Fund/Partnership for Families, Children and Adults

- Location: 1800 McCallie Ave, Chattanooga, TN 37404
- Phone: (423) 697-7130
- Website: <https://www.partnershipfca.com/www>
- Eligibility Requirements: call for information
- Fees for Service: N/A
- Brief Service Description: Assistance is only for longer term clients, and not everyone qualifies. A wide array of financial assistance programs and social services may be offered, including Gas, Water and Electric Service Payment Assistance, Food Vouchers, Mortgage and Rent Payment Assistance, Food Vouchers, and Emergency Shelter.



UPPER CUMBERLAND



Early Childhood Resources

The Stephens Center- Healthy Families America Programs (Healthy Start and Healthier Beginnings)

- Location: 616B North Church St, Livingston, TN 38570
- Phone: (931) 823-6432
- Website: <https://stephenscenter.org/>
- Eligibility Requirements: First-time parent, Teen parent, Prenatal parent, ACEs, High-risk, Developmental delays, Adoptive parent, Grandparents raising children
- Fees for Service: Free classes
- Brief Service Description: The Stephens Center offers many services for Families in the Upper Cumberland area. Our two accredited Healthy Families America programs are Healthy Start and Healthier Beginnings. Healthy Start is available in Putnam, Macon, and White County. Healthier Beginnings is available in Cumberland and Dekalb County. Both programs are in-home visitation programs for first-time or teen parents. They provide parents emotional support to cope with the stress of being a first time parent, practical skills to cope with daily life, parenting skills, and effective age-appropriate discipline techniques. Healthy Start and Healthier Beginnings provides the children: Developmental screenings, activities to promote and enhance development, linkage to community resources, activities to promote school readiness. All curriculum is evidenced based. The goal of both programs is to strengthen and build more nurturing families and physically and mentally healthy parents and children.

Tennessee Early Intervention Service

- Location: In-Home Services
- Phone: 1 (800) 852-7157
- Website: <https://www.tn.gov/didd/for-consumers/tennessee-early-intervention-system-teis.html>

- Eligibility Requirements: Child age birth to 3, must have a delay in one or more areas of development or a diagnosed condition
- Fees for Service: N/A
- Brief Service Description: Anyone who has a concern about a child's development, age birth through two, can call Tennessee's Early Intervention System, and make a referral. Children qualify for services if they have a delay in one or more areas of development or a diagnosed condition. This is a voluntary education program through the Department of Education.

Regional Intervention Program (RIP)

- Location: Various locations, call for information
- Phone: (615) 963-1177
- Website: <https://www.tn.gov/behavioral-health/children-youth-young-adults-families/rip/about-us/rip-locations.html>
- Eligibility Requirements: Children ages 2-5
- Fees for Service: N/A
- Brief Service Description: Regional Intervention Program (RIP) is a 6-9 month behavior modification program. The program is designed to simultaneously decrease the child's unwanted behaviors while strengthening social skills and empowering parents to set developmentally appropriate limits and consequences for their child.

Head Start and Early Head Start

- Location: Various Locations in TN
- Phone: 615-741-4846
- Website: <https://www.tn.gov/education/districts/early-learning/head-start.html>
- Eligibility Requirements: Visit website for more information
- Fees for Service: N/A
- Brief Service Description: Head Start is built upon the understanding that child and family development takes place in a community, and that effective programs build upon and link families with community resources. For this reason, Head Start is designed to link with

schools, social service agencies, health services, childcare services -- but especially with parents.

Mental Health, Alcohol and Substance Abuse, and Health Resources

Harmony Family Center (Adoption Support and Preservation Program)

- Location: Statewide/In-home services
- Phone: (888) 848-2727
- Website: <https://harmonyfamilycenter.org/pre-post-adoption/asap-gsap-services/>
- Eligibility Requirements: Adopted children 18 and under
- Fees for Service: Free services for children adopted via foster care, sliding scale for other adoptive families
- Brief Service Description: In-home, trauma informed assessment and family-focused counseling.

Volunteer Behavioral Health

- Location: Locations in Cookeville, Crossville, LaFayette, Livingston, McMinnville, Murfreesboro, Smyrna
- Phone: 1 (877) 567-6051
- Website: <https://www.vbhcs.org>
- Eligibility Requirements: children and adults with behavioral or mental health issues
- Fees for Service: TNCare accepted, call to confirm
- Brief Service Description: Outpatient services include several treatment components. Individual, family and couples therapy is available as part of outpatient services throughout the Volunteer system. Volunteer has clinical staff trained in family therapy as well as expertise in treatment of marital and relationship issues. Individual therapy is available for children, adolescents and adults. Specialized group therapy is available at several locations. These include groups addressing attention deficit hyperactivity disorder, depression, anger management and sexual offender treatment. Providers are trained in several evidence-based practices including Trauma-Focused Cognitive Behavioral Therapy (TF_CBT) and Attachment, Self-Regulation and Competency (ARC).

- Case management services for children and adolescents provide the entire family system with support, linkage, referral, and advocacy. The case manager's role is to assist the family in accessing services, managing crisis and maintaining the least restrictive environment for the child/adolescent being served. Case management is a family-centered, strengths-based model specifically for families with children who are seriously emotionally disturbed.
- The medical team includes registered nurses, nurse practitioners and psychiatrists provide medication evaluations and administration.

Youth Villages

- Location: 448 Neal St., Cookeville, TN 38501
- Phone: (931) 525-6900
- Website: <http://www.youthvillages.org>
- Eligibility Requirements: Boys and girls ages 7-18, with emotional and behavioral challenges, verbal IQ of 50 and above. Developmental disabilities, sexual behaviors
- Fees for Service: Call to confirm
- Brief Service Description: In East Tennessee, Youth Villages offers our full continuum of programs serving emotionally and behaviorally troubled young people – Intensive In-Home Services, Residential Treatment, Foster Care and Adoption, YVLifeSet and Specialized Crisis Services.

Life Care Family Services

- Location: Locations in Cookeville and Murfreesboro
- Phone: 1 (877) 937-5237
- Website: <http://lifecarefamily.org/>
- Eligibility Requirements: Children and adults with behavioral or mental health issues
- Fees for Service: Accepts TNCare and other insurance plans, call to confirm
- Brief Service Description: Community Mental Health Center that offers individual or family therapy, child and adult psychiatric care and counseling, mental health case management,

and In Home Child and Family Services including case management, CTT and respite services.

Source of Strength Counseling (SOS Counseling)

- Location: 441 East Broad St, Suite A & B, Cookeville, Tennessee 38501
- Phone: (931) 214-0527
- Website: <https://www.sourceofstrengthcounseling.com/>
- Eligibility Requirements: Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19) and Adults
- Fees for Service: Accepts many insurance plans, call to confirm
- Brief Service Description: Offers EMDR and trauma focused therapy

Tavia Stevens, LPC

- Location: 2492 Herbert Garrett Road, Cookeville, TN 38506-6427
- Phone: (931) 273-0144
- Website: N/A
- Eligibility Requirements: Call to confirm accepted clients
- Fees for Service: Accepts some insurance plans, call to confirm
- Brief Service Description: Experience with adoption and trauma

Personal Growth Counseling

- Location: 509 N Cedar Ave Cookeville, Tennessee 38501
- Phone: (931) 520-8435
- Website: <https://www.personalgrowthcounseling.net>
- Eligibility Requirements: Children, teens and adults
- Fees for Service: Call for more information
- Brief Service Description: Offers play therapy, CBT, DBT and EMDR services

Crossville Counseling Center, P.C.

- Location: 1299 Genesis Rd., Suite 3 Crossville TN 38555

- Phone: (931) 456.8600
- Website: <http://www.crossvillecounseling.com>
- Eligibility Requirements: Children, adolescents and adults
- Fees for Service: Accepts some insurance plans, call to confirm
- Brief Service Description: Variety of providers, some with trauma specialties

Christian Counseling Center

- Location: 348 Taylor St., Suite 105, Crossville, TN 38555, also locations in Sparta and Fairfield Glade.
- Phone: (931) 707-8200
- Website: <https://www.c5counselingcenter.org/>
- Eligibility Requirements: Children, teens, adults and couples
- Fees for Service: Our mission is to provide affordable counseling to all who desire our help. Our fees are based on your income and the size of your family.
- Brief Service Description: Offers therapy for children, adults and families

Cedar Grove Treatment Center

- Location: 1640 Lascassas Highway, Murfreesboro, TN 37130
- Phone: (615) 895-9590
- Website: <https://cedargrove-rtc.com>
- Eligibility Requirements: Sexually reactive and sexually abusive males, ages 10-18, who have behavioral and mental health issues
- Fees for Service: Accepts some insurance plans, call to confirm
- Brief Service Description: Cedar Grove Treatment Center's community-based program focuses on learning more appropriate behavior through cognitive restructuring, contingency management and counseling. The living environment approximates a natural home and school environment as much as possible. The facility features a dormitory, educational building, administrative building and an outside play area. An individualized plan of care is developed by a multi-disciplinary team that includes, the resident and their family, Licensed Clinicians, Certified Special education teachers, and is under the direction

of a medical doctor. The goal for all youth placed at Cedar Grove is to successfully reunite them with their family and their community upon completion of treatment.

Hermitage Hall

- Location: 1220 8th Avenue South, Nashville, Tennessee 37203
- Phone: (615) 742-3000
- Website: <https://www.hermitagehall.com>
- Eligibility Requirements: For trauma treatment-Girls ages 10 to 17, upon admission and boys 13-17 upon admission w/FSIQ of 65 or greater, for sexually reactive or abusive treatment-Boys ages 9-17 upon admission w/FSIQ 52 or greater
- Fees for Service: accepts some insurance plans, call to confirm
- Brief Service Description: Often, youth enter into residential treatment due to behavioral and emotional instabilities that have resulted in unsuccessful interactions with society. Many facilities focus on the remediation of these behaviors as the goal of treatment. At Hermitage Hall, we view these interactions as symptoms of an underlying issue. Trauma Informed Care provides for an environment and specialized services that are responsive to the unique needs of trauma survivors. Emphasis is placed on “what has happened to the child” rather than “what is wrong with the child.” A deep understanding of survivors and their symptoms in the context of their life experiences guides our care.
 - Comprehensive Assessment & Evaluation
 - Individual, Group, and Family Therapy
 - Psychiatric Services
 - 24-hour Nursing Services
 - Multi-Disciplinary Treatment Planning
 - Chemical Abuse Treatment
 - Relapse Prevention
 - Family Support & Home Visits
 - Discharge/Aftercare Planning
 - Crisis Intervention
 - Psychological Testing & Consultation

- Recreations Therapy
- Community Re-integration

Vanderbilt Behavioral Health Inpatient Program

- Location: Vanderbilt University Medical Center
- Phone: (615) 327-7000
- Website: <https://www.vanderbilthealth.com/service-line/behavioral-health>
- Eligibility Requirements: Call for more information
- Fees for Service: Call for more information
- Brief Service Description: This program offers a wide range of treatment methods including:
 - pharmacotherapy
 - individual, group, and family psychotherapy
 - educational and vocational treatment
 - activity therapy
 - nutritional education

We encourage families to join in the treatment process, because family members can have a positive impact on the patient's success. We also provide an aftercare plan to help continue progress after leaving the hospital.

Rolling Hills Hospital

- Location: 2014 Quail Hollow Cir., Franklin, TN 37067
- Phone: (615) 807-4059
- Website: <http://www.rollinghillshospital.org>
- Eligibility Requirements: N/A
- Fees for Service: Accepts Medicare, TRICARE, TennCare and most commercial insurance plans, call to confirm
- Brief Service Description: Rolling Hills Hospital provides specialized acute psychiatric care for adolescents 13 through 18 years old in a caring, nurturing environment. Our Adolescent Treatment Program focuses on the individual needs of each patient while offering families the coping skills to regroup and set the stage for positive mental health habits going

forward. The multi-disciplinary staff at Rolling Hills emphasizes a family-oriented, strength-focused approach where parents and caregivers are encouraged to be active participants in the treatment team throughout the adolescent's stay.

- Our expert mental health professionals provide comprehensive diagnostic evaluation and treatment of adolescents with a variety of emotional and behavioral issues including depression, suicide attempts, self-harming behaviors, anxiety disorders, other mood disorders, psychotic disorders, disruptive behavior, attention deficit hyperactivity disorders (ADHD) and other learning disorders. Treatment plans typically include a combination of psychotherapy, behavior management, crisis stabilization, family counseling and medications. In addition, the Adolescent Program includes a developmental history along with physical evaluations and pediatric consults.

TrustPoint Hospital

- Location: 1009 N Thompson Ln, Murfreesboro, TN 37129
- Phone: (855) 407-2981
- Website: <http://www.trustpointhospital.com>
- Eligibility Requirements: Adults age 18-65, senior psychiatry unit available for adults 65 and older.
- Fees for Service: Accepts some insurance plans, call to confirm
- Brief Service Description: PTSD treatment, Inpatient behavioral health, Outpatient behavioral health and medical psychiatry and detoxification services including: medication management, individual therapy, family therapy, Electroconvulsive Therapy (ECT), OT, PT and Speech Therapy.

Village Behavioral Health

- Location: 2431 Jones Bend Road, Louisville, TN 37777
- Phone: (844) 901-1567
- Website: <http://www.villagebh.com>
- Eligibility Requirements: N/A
- Fees for Service: Call to confirm

- Brief Service Description: Teen Residential Treatment Programs for Mental Health or Addiction.

JourneyPure Intensive Outpatient Program

- Location: 5080 Florence Rd, Murfreesboro, Tennessee 37129
- Phone: (615) 900-2444
- Website: <https://journeypure.com/>
- Eligibility Requirements: Women, 18 and older
- Fees for Service: Does not accept insurance plans, out of pocket pay
- Brief Service Description: JourneyPure Intensive Outpatient Program provides dual diagnosis treatment with a holistic approach, integrating mind, body, and spirit. Staff provide trauma informed care in groups that meet three times a week: an experiential group providing art and music therapy, a recovery-focused group providing education regarding addiction issues, and an emotions processing group that focuses on coping skills in dealing with mental health issues such as depression, anxiety, grief, trauma, and relationships. Our patients also receive a weekly individual session or neurofeedback session with staff therapist, as well as a weekly session with a recovery coach providing direction and resources for ongoing recovery needs.

Educational Resources

Harmony Family Center Educational Advocacy

- Location: Statewide
- Phone: 865-982-5225
- Website: <https://harmonyfamilycenter.org/educational-advocacy/>
- Eligibility Requirements: School aged children
- Fees for Service: Initial consultation is fee. Service rates are \$75/hour. Most client's need are met in 5 hours or less.
- Brief Service Description: Harmony's professional staff use their specialized training and years of experience to offer support, education, and assistance to families navigating educational services and systems. Our advocates help prepare for school meetings, including IEP, Section 504, S-Team, or Expulsion Hearings. Harmony's advocates will support you by attending school meetings, informing you of your child's educational rights, and negotiating for your child's educational needs and services.

Pickett County Coordinated School Health

- Location: 141 Skyline Drive, Byrdstown, TN 38549
- Phone: (931) 864-3123
- Website: https://www.pickettk12.net/apps/pages/index.jsp?uREC_ID=546543&type=d&pREC_ID=1053678
- Eligibility Requirements: Pickett County students
- Fees for Service: N/A
- Brief Service Description: The primary mission of the Pickett County Coordinated School Program is to involve families, communities and schools to promote school health programs that improve student health outcomes, and support the connection between good health practices, academic achievement and lifelong wellness.

The White County Family Resource Center (FRC)

- Location: White County High School, 267 Allen Drive, Sparta, TN 38583
- Phone: (931) 836-2229
- Website: <https://www.whitecoschools.net/departments/family-resource-center>
- Eligibility Requirements: White County Students
- Fees for Service: N/A
- Brief Service Description:
 - Emergency food and clothing
 - Second Harvest Food Bank Backpack Program
 - Confidential assistance and referrals
 - Access to resources such as school supplies and books
 - Scottish Rites Shoe Project which provides shoes to children in need
 - Thanksgiving and Christmas meals and gifts
 - SWAT - Stop With All Tobacco
 - Access to resources such as a lending library with videos and books regarding life education, puberty, self-esteem, drug addiction, sex education, conflict resolution, health, exercise, crisis management, and parenting is available to the community and school staff.

Children and Teen Resources

Putnam County Family YMCA

- Location: 235 Raider Dr, Cookeville, Tennessee 38501
- Phone: (931) 528-1133
- Website: <https://pcfymca.org/>
- Eligibility Requirements: Call for details
- Fees for Service: Varies by program
- Brief Service Description: At the Y, we provide programs, services and initiatives designed to help everyone in our community to learn, grow and thrive. In the process, we enable children and teens to reach their potential, empower people of all ages to be healthier in spirit, mind and body and support neighbors in need.

Sparta White County Family YMCA

- Location: 123 Moore St, Sparta, TN 38583
- Phone: (931) 836-3330
- Website: <https://www.spartawhitecountymca.org>
- Eligibility Requirements: Call for details
- Fees for Service: Varies by program
- Brief Service Description: At the Y, we provide programs, services and initiatives designed to help everyone in our community to learn, grow and thrive. In the process, we enable children and teens to reach their potential, empower people of all ages to be healthier in spirit, mind and body and support neighbors in need.

Crossville Housing Authority Youth Programming

- Location: 67 Irwin Avenue, Crossville, TN 38555
- Phone: (931) 484-2990
- Website: <http://crossvillehousing.org/Youth-Programs>
- Eligibility Requirements: Call for details

- Fees for Service: Call for details
- Brief Service Description:
 - Learning Works --Learning Works is a program designed to provide a safe and supervised after-school education, enrichment and recreation program for elementary school children ages 7-12. Activities can include homework help, arts & crafts, computer instruction and play. Select a book from our homework room, learn to use a computer in our computer lab, take field trips to community places of interest, and enjoy our guest speakers who offer guidance and teach us new things. Students can also earn cash for grades. Learning Works meet each Monday, Tuesday and Thursday afternoon at the CHA Gateway Center, during the school year. Transportation is provided from select schools to our facility. A summer program may also be offered.
 - Teens Need Training --We also offer an after-school program for students aged 13-17. Teens Need Training focuses on life-skills training. Instruction in how to apply for a job, employment interviewing tips, how to balance a checkbook, how to apply for college grants, etc., is offered by our staff and guest speakers. Our TNT students also work in our in-house television studio, learning professional skills such as time management, organization, and computer graphics and editing. TNT meets each Wednesday and Friday afternoon at the CHA Gateway Center, during the school year. A summer program may also be offered.
 - Summer Youth Camp --Fun activities is our focus for the summer! Campers have enjoyed arts and crafts, bowling, swimming, museum visits, area state parks, and the Cumberland County Playhouse, to name a few.

Teens Transitioning into Adulthood Resources

TN Department of Children's Services Independent Living Program

- Location: Regional Office: 600 Hearthwood Court, Cookeville, TN 38506
- Phone: (865) 425-4458
- Website: <https://www.tn.gov/dcs/program-areas/youth-in-transition/il.html>
- Eligibility Requirements: Youth moving out of foster care with the state up to the age of 21; call for details on eligibility. Young adults who are incarcerated are still eligible unless they receive a felony charge; also pregnant teens are eligible, but must work with team to make a decision about the baby; young adults with serious disability that prevents them from pursuing an education or full time employment may be eligible as well.
- Fees for Service: N/A
- Brief Service Description: Provides a comprehensive Independent Living Program (Independent Living - Transition to Adulthood) for youth moving out of foster care with the state including support with housing, education, life skills and other needs to help the youth successfully live on their own.

Vocational Rehabilitation Regional Office

- Location: 955 E. 20th Street, Cookeville, TN 38501
- Phone: (931) 526-9783
- Website: <https://www.tn.gov/humanservices/ds/vocational-rehabilitation>
- Eligibility Requirements:
- A determination of Vocational Rehabilitation (VR) program eligibility is based on the following: 1. The person has a physical, mental or sensory impairment that results in a substantial impediment to employment; 2. VR services are required to prepare for, secure, retain or regain employment consistent with the person's strengths, abilities, capabilities, interests and informed choice; and 3. The person can benefit from VR services in terms of an employment outcome.
- Fees for Service: N/A

- Brief Service Description: The Vocational Rehabilitation Program (VR) provides a variety of individualized services to persons with disabilities in preparation for their employment in the competitive labor market. VR advocates employment outcomes for clients that are consistent with their individual strengths, resources, abilities, capabilities and informed choice.

Legal and Advocacy Resources

Pacesetters: Family Support Program

- Location: 2511 Hwy 111N, Cookeville, TN 38506
- Phone: (931) 537-9100
- Website: <https://www.pacesetterstn.com>
- Eligibility Requirements: Individuals with severe disabilities and their families in Cannon, Clay, Cumberland, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Van Buren, Warren, and White counties
- Fees for Service: N/A
- Brief Service Description: Designed to assist individuals with severe disabilities and their families to remain together in their homes and communities. Family Support is designed to provide financial assistance and community resource information to individuals with severe or developmental disabilities and their families. Services can include but are not limited to: Respite care, day care services, home modifications, equipment, supplies, personal assistance, transportation, homemaker services, housing costs, health-related needs, nursing and counseling. Services are flexible and responsive to families and their needs. Family Support is not a substitute for more comprehensive services provided under other programs, including the Medicaid HCBS Waiver, TennCare, Medicare, or private insurance.

Child Advocacy Center of Cannon County

- Location: 503 Highland Terrace, Suite C, Murfreesboro, TN 37130
- Phone: (615) 867-9000
- Website: <http://www.cacrutherford.org>
- Eligibility Requirements: Child abuse victims, child sexual abuse victims, and drug endangered children, along with their non-offending parents, grandparents, and family members
- Fees for Service: All services are provided free of charge to child abuse victims and their families.

- Brief Service Description: Child Protective Investigative Team, Forensic Interviews provided in a safe, child friendly location where children suspected of being victims of abuse are interviewed in connection with the crime. Family Advocacy Services provided to assist children and families through the criminal investigation and connect the family to community resources to help them heal from the trauma and victimization of the abuse. Support groups for child sexual abuse victims and groups for their non-offending parents and grandparents are provided to assist with the healing process. The Drug Endangered Children program teaches families how to cope with addiction issues. Services include alcohol and drug education, relapse prevention, anger management, parenting and communication skills, and stress management and The Darkness to Light training.

The Arc Cumberland County

- Location: 269 Hayes St # 101, Crossville, TN 38555
- Phone: (931) 456-0206
- Website: <http://thearccumberlandcountyttn.org>
- Eligibility Requirements: People with intellectual and developmental disabilities and their families
- Fees for Service: Call to confirm
- Brief Service Description: The Arc of Cumberland County is a family-based organization committed to securing for all people, with intellectual and other disabilities, the opportunity to choose and realize their goals of where and how they live, learn, work, play and worship.

Children's Advocacy Center 31st Judicial District

- Location: 1350 Sparta Street McMinnville, TN 371110
- Phone: (931) 507-2386
- Website: <https://www.cac31.org/>
- Eligibility Requirements: Child abuse victims and their families
- Fees for Service: N/A
- Brief Service Description: Victim-Family Advocacy: Child-victims and their non-offending caregivers receive many needed services such as emotional support, abuse education, crisis

intervention, court advocacy, and community resources. The Advocate serves as a liaison to assist with the understanding between Social Services, Criminal Justice System and mental & medical health care professionals; giving a voice to those who may not otherwise be heard. Trained personnel are readily available to work with families that may be traumatized by sexual child abuse.

- Counseling: The “You Can Talk to Me” program specializes in the mental health treatment of child traumatic stress. Children’s Advocacy Center and The Ross Center have partnered to provide Trauma-Focused Cognitive Behavioral Therapy to children and adolescents between the ages of 3 to 17 who have been sexually abused, physically abused, drug endangered, or witnessed a violent crime. The issue of child abuse can often be overwhelming to everyone involved. Our counselors will consult with the non-offending caregivers on the child’s treatment progress and help them create a plan for the betterment of their child and the entire family.

Child Advocacy Center 15th Judicial District

- Location: 107 N Greenwood St., Lebanon, TN 37087
- Phone: (615) 449-7975
- Website: <http://www.cac15.org>
- Eligibility Requirements: Child abuse victims and their families in Wilson, Smith, Macon, Jackson and Trousdale Counties
- Fees for Service: N/A
- Brief Service Description: We offer children a safe, comfortable haven. We offer a place where they can share their story once, and then move on toward healing, and move on to being a child again.

Upper Cumberland Child Advocacy Center

- Location: 750 East Spring St., Suite B, Cookeville TN 38501
- Phone: (931) 854-0115
- Website: <http://www.ucchildadvocacycenter.com>

- Eligibility Requirements: Child abuse victims and their non-offending family members in Clay County, Cumberland County, DeKalb County, Overton County, Pickett County, Putnam County, and White Counties
- Fees for Service: Services are free
- Brief Service Description: Forensic Interviews conducted in a manner that is legally sound, of a neutral, fact-finding nature and coordinated to avoid multiple interviews. The interview is conducted in an environment in which the child feels safe telling the facts of any incident which may have occurred. Forensic Medical Exams by appointment and after hours for emergencies. Therapists provide direct assessment, individual and group counseling, and support services. Clinicians are specially trained to deal with the intricate problems relating to child victimization. Children who are referred for counseling may continue in counseling as long as necessary. The CAC Family Advocate assists the non-offending parent or caretaker with services needed to maintain a safe and stable environment for their child. In addition, the Family Advocate provides emotional support to the caregiver as well as parenting information helpful to caregivers in meeting the needs of an abused child. The Victim Services Coordinator assists the child and the non-offending family members by providing support and locating resources. The Service Coordinator establishes a relationship with each family and facilitates the linkage with other community resources based on a family's individual need. The Advocate will also educate and assist children and families throughout the judicial process.

TN Voices

- Location: Statewide
- Phone: (800) 670-9882
- Website: <https://tnvoices.org/>
- Eligibility Requirements: N/A
- Fees for Service: There is no fee for support and advocacy services, or consultation, and most of the parent training are available free of charge
- Brief Service Description: The SFSN provides support, advocacy, and assistance in connecting with services or accessing supports to families of children with emotional,

behavioral and mental health difficulties. We offer individual consultation and advocacy in all systems (education, juvenile court, mental health, child welfare and others), information and training, and support groups. The Statewide Family Support Network is open to caregivers of children ages birth to 22 who are experiencing struggles related to an emotional, behavioral, or mental health concern or disorder, as well as to the providers and community agencies that work with children and families. Services are offered in all 95 counties in TN.

Legal Aid Society of Middle Tennessee and the Cumberland

- Location: Locations in Tullahoma, Cookeville, Gallatin and Murfreesboro
- Phone: 1 (800) 238-1443
- Website: <http://las.org>
- Eligibility Requirements: Low income families
- Fees for Service: Services are free
- Brief Service Description:
 - Representation to resolve a legal problem from a staff lawyer
 - Representation to resolve a legal problem from a volunteer lawyer
 - Advice and Counsel from a staff lawyer to help resolve a legal problem
 - Information from Legal Help Booklets developed by Legal Aid Society
 - Referral to a Free Legal Help Clinic staffed by Legal Aid Society and volunteer lawyers
 - Referral to other resources for help with problems like criminal problems, child support and immigration.
 - Referral to other free legal help

Volunteer Advocacy Project

- Location: Various locations
- Phone: N/A
- Email: VolAP@vanderbilt.edu
- Website: <https://vkc.vumc.org/vkc/services/project/volunteer-advocacy/>
- Eligibility Requirements: N/A

- Fees for Service: N/A
- Brief Service Description: The VAP training is comprised of two parts: (1) a 40-hour training, and (2) the linkage of the volunteer advocate with four families of children with disabilities.
 - Forty-hour training: Every participant attends a 40-hour training. In the training, various topics related to special education advocacy are taught: evaluations and eligibility, individualized education plans, assistive technology, discipline provisions, behavior intervention plans, non-adversarial advocacy techniques, legislative change, least restrictive environment, and extended school year services. The training also has various speakers including professors, attorneys, parents of children with disabilities, and advocates. Reading assignments of relevant laws and regulations accompany each class session.
 - Linkage with four families: After graduating from the class (completing the 40 hours of instruction), each participant commits to working, at no cost, with four families of children with disabilities.

TNSTEP: Support and Training for Exceptional Parents

- Location: Various locations in TN
- Phone: 1-800-280-STEP
- Email: information@tnstep.org
- Website: <http://www.tnstep.org/>
- Eligibility Requirements: N/A
- Fees for Service: Visit website to confirm
- Brief Service Description: Provides workshops including: Special Education Basic Rights, IEP Planning and Instructionally Appropriate IEP's Workshop. Inclusion and Least Restrictive Environment and many more.

Financial Assistance and Basic Needs Resources

Mid-Cumberland Human Resource Agency

- Location: 1101 Kermit Drive, Suite 300, Nashville, TN
- Phone: (615) 331-6033
- Website: <http://www.mchra.com>
- Eligibility Requirements: Varies by service, call for details. Serves residents of Our service area includes Cheatham, Davidson, Dickson, Houston, Humphreys, Montgomery, Robertson, Rutherford, Stewart, Sumner, Trousdale, Williamson, and Wilson counties
- Fees for Service: N/A
- Brief Service Description: Services include, assistance with Public Transit, Meals-on-Wheels, In-Home Services, Homemaker services, Youth CAN, Ombudsman, Community Corrections, DUI School, Misdemeanor Management, Representative Payee Services, and Rural Planning Organization.

Upper Cumberland Human Resources Agency

- Location: 580 South Jefferson Avenue, Suite B, Cookeville, TN 38501
- Phone: (931) 528-1127
- Website: <http://www.uchra.com>
- Eligibility Requirements: Varies according to program, call for information
- Fees for Service: N/A
- Brief Service Description: Homemaker Aide/Chore Services-The Homemaker Aide & Elderly Chore Service Program assists elderly and disabled clients in remaining in their own homes rather than seek alternative care in nursing or foster homes. Services provided include light housekeeping, errands, and preparing meals.
 - Adult Protective Service (APS) Homemaker Services-The Adult Protective Service Homemaker serves fragile adults who have been abused, neglected or exploited with household chores, errands, budgeting, counseling, etc. to enable them to live independently and without fear of being abused.

- State-wide Home and Community Based Waiver Services including, Homemaker Services, Personal Care and Personal Care Attendant Services, In-Home Respite Services, Home Modifications for the Elderly and Disabled. Older persons and other adults with disabilities who meet TennCare requirements related to functional ability as prescribed in the individual's plan of care. UCHRA provides the above listed services in all 14 counties to clients referred to it through Tennessee Commission on Aging and Disability network.
- ENERGY ASSISTANCE-Weatherization Assistance Program (WAP)
- EMERGENCY ASSISTANCE- Community Service Block Grant Program (CSBG), Information and Referral (I&R) Assistance
- NUTRITION SERVICES, CASA and HOUSING services, AIDS assistance

St. Alphonsus Community Services

- Location: 151 St. Alphonsus Way , Crossville TN 38555
- Phone: (931) 484-2358
- Website: <https://www.stalonline.org/st-alphonsus-community-services>
- Eligibility Requirements: Any resident of Cumberland County who is in need and has a picture ID or driver's license, and a social security card, may apply for help.
- Fees for Service:
- Brief Service Description: After verification, gas, electric, water and rent bills are paid directly to the utility companies or landlords.



MID CUMBERLAND



Early Childhood Resources

Rainbow Early Intervention (Through TN Early Intervention Services)

- Location: 545 Airport Road, Gallatin, TN 37066
- Phone: (615) 451-0974
- Fax: (615) 451-0774
- Website: www.hatstn.org
- Eligibility Requirements: Must first contact TEIS at 1(800) 852-7157
- Fee for Service: None
- Brief Description: Rainbow Early Intervention is a private, non-profit program serving children from birth until age three. Children in the program learn through activity based play in a variety of settings. Play is centered on different areas of development: cognitive, language, gross motor, fine motor, social and self-help skills. Services are primarily in natural settings with families/caretakers actively involved. Free screenings are conducted for children under the age of three.

Help Us Grow Successfully (HUGS)

- Website: www.mcgtm.org/health
- Eligibility Requirements: First time mothers, teen moms, or at risk moms/pregnancy
- Fee for Service: No Fee
- Brief Description: Visits are made by a care coordinator to families whose infants may be at risk for medical or developmental problems. Teen mothers and their infants are given highest priority. Can be self-referred-no insurance needed.

Regional Intervention Program (RIP)

- Location and Phone:
 - 528 East Main Street, Gallatin, TN 37066 | (615) 451-9618
 - 434 E. Bell Street, Murfreesboro, TN | (615) 890-4622
 - 404 Pageant Lane, Clarksville, TN | (931) 920-7200

- 1909 Columbia Ave. Franklin | (615) 786-2821
- Website: <https://www.tn.gov/behavioral-health/children-youth-young-adults-families/rip/about-us/rip-locations.html>
- Eligibility Requirements: Serves children ages 2-5. Any parent who has a concern with a child's behavior.
- Fee for service: A payback system. The parent works in the program practicing positive reinforcement skills and "pays back" visits. For example 20 visits in active treatment equal 20 visits in payback. The length of the program is 4-6 months.
- Brief Description: The program is available to families in which there are concerns regarding a young child's behavior, and is coordinated by a professional resource staff person. Children are eligible for RIP up to their 6th birthday.

Mid-Cumberland Head Start

- Locations: In Rutherford Co, Williamson Co, Cheatham Co, Sumner Co, Wilson Co, Trousdale Co, and Cannon Co.
- Phone: (615) 893-6614
- Website: www.mcheadstart.org
- Eligibility Requirements: not specified
- Fees for Service: not specified
- Brief Description: The Head Start program offers research-based and age-appropriate curricula and learning activities for children ages six weeks to five years. Our programs focus on age-appropriate play and individualized learning opportunities. All children are involved in our educational and fun activities including music, art, storytelling and recreation.

Mental Health, Alcohol and Substance Abuse, and Health Resources

Harmony Family Center (Adoption Support and Preservation Program)

- Location: Statewide/In-home Services
- Phone: (888) 848-2727
- Website: <https://harmonyfamilycenter.org/pre-post-adoption/asap-gsap-services/>
- Eligibility Requirements: Adopted children 18 and under
- Fees for Service: Free services for children adopted via foster care, sliding scale for other adoptive families
- Brief Service Description: In-home, trauma informed assessment and family-focused counseling.

BABB Center

- Location: 105 Music Village Blvd., Hendersonville, TN 37075
- Phone: (615) 824-3772
- Website: <https://www.babbcenter.org>
- Eligibility Requirements: none
- Fees for service: Some insurance accepted. Please call for more information.
- Brief Service Description: Counseling ministry for individuals, couples and families including children and adolescents. Additional psychiatric services are available.

Centerstone Behavioral Health

- Location and Phone:
 - 332 Sumner Hall Drive, Gallatin, TN 37066 | (615) 460-4500
 - 511 8th St, Clarksville, TN | (931) 920-7200
 - 222 Heritage Drive, suite 101, Murfreesboro, TN | (931) 237-3924
 - Crisis Line: 1 (877) HOPE123
- Website: <https://centerstone.org/>
- Eligibility Requirements: varies

- Fees for service: insurance accepted
- Brief Service Description: Nonprofit provider offering a full range of mental health services, substance abuse treatment and educational services; seeks to prevent and cure mental illness and addiction.

Ashley's Place

- Location: 315 West Smith Street, Gallatin, Tennessee 37066
- (615) 451-2169
- Website: www.ashleysplace.net
- Eligibility Requirements: Victims of child abuse or professionals seeking child abuse prevention education.
- Fees for Service: None
- Brief Service Description: Provides abuse victims with a child friendly atmosphere to be interviewed by State Children Protective Services, law enforcement officials, etc. Also provides free therapy for children and families. Maintains an educational program about child abuse prevention and other related issues for children, teachers, law enforcement officials, day care providers and others. Parenting classes available (court ordered also) for a onetime fee of \$40.

God Why Counseling Center

- Location: 100 God Why Court, Hendersonville, 37075
- Phone: (615) 822-5550
- Website: www.godwhy.com
- Eligibility Requirements: Child, adolescent, family, individual and couples counseling
- Fee for Service: \$30.00 per session
- Brief Description: Referrals are welcome as this service is offered not only to church members but the community as well.

Mental Health Cooperative

- Location: 1078 South Water Street, Gallatin, TN 37066

- Phone: (615) 230-9663
- Website: <https://www.mhc-tn.org>
- Eligibility Requirements: none
- Fee for Service: insurance accepted
- Brief Description: The Mental Health Cooperative is a non-profit behavioral health organization conveniently located in a new facility in Gallatin. MHC Child & Family services are focused on children ages 3 and up who are struggling with emotional/behavioral issues. MHC welcomes all TennCare members and intake assessments are provided without wait, when needed, and at no charge. Services include child and family counseling, child psychiatry, and community based case management.

Oasis Center (Teen/Family)

- Location: 1704 Charlotte Ave #200, Nashville, TN 38203
- Phone: (615) 327-4455
- Website: <https://oasiscenter.org/>
- Eligibility Requirements: none
- Fees for Service: sliding scale
- Brief Description: Offers services for youth ages 13-21 and their families who are in crisis, have run away, or are experiencing homelessness. The center operates an emergency shelter for youth ages 13-17. Direct street outreach and a transitional living program for youth ages 18-21. Therapy is provided on a sliding scale.

Papillion Center for FASD

- Location: 1404 East Broadway, Suite 5 Gallatin, TN 37066
- Phone: (615) 590-7213
- Website: www.papillioncenter.org
- Eligibility Requirements: none
- Fees for services: Depending on therapy. Some insurance accepted. Call for more information.

- Brief Description of Services: The Papillion Center for FSD, LLC is committed to providing quality services for individuals with Fetal Alcohol Spectrum Disorder and their families. We offer Family Therapy, Equine Therapy (EAGALA certified), Advocacy and Education on FASD and Understanding Children from Hard Places.

Refuge Center for Counseling

- Location: 103 Forrest Crossing Blvd., Ste. 102, Franklin, TN 37064
- Phone: (615) 591-5262
- Website: www.refugecenter.org
- Eligibility Requirements: all ages
- Fee for Service: sliding scale fee
- Brief Description: Counseling and therapy services are provided for trauma survivors, children and adolescents with behavioral issues, and families to strengthen their functioning as a whole.

Branches Counseling Center

- Location: 1102 Dow Street, Murfreesboro, TN. Locations also in Greenbrier and Mt. Juliet
- Phone: (615) 904-7170
- Website: www.branches.org
- Eligibility Requirements: Mental health and behavioral support
- Fee for Service: Available upon request
- Brief Description: Branches is a faith based counseling center that offers healing and hope for those struggling with depression, anxiety, addiction, and shame regardless of their ability to pay. Our dedicated and well-trained staff of both state licensed and pastoral counselors work with couples, individuals, children, and teens. We bring the very best of traditional counseling and Biblical principles to personal, family, and relational issues, and seek to help bring meaning and wholeness to everyone we serve.

CAMELOT (Rutherford Co)

- Location: 750 Jim Parker Drive, Suite 200, Smyrna, TN 37167

- Phone: (615) 678-6283
- Website: www.thecamelotdifference.com
- Fee for Service: varies
- Eligibility Requirements: varies
- Brief Description: Intensive counseling, outpatient therapy, case management, substance use program for adolescents and young adults, and family preservation program.

Mental Health Cooperative

- Location and Phone:
- 1419 Kensington Square Court, Murfreesboro | (615) 904-6490
- 1078 South Water Ave, Gallatin | (615) 230-9663
- 871 Professional Park Blvd. Clarksville | (931) 645-5440
- Website: www.mhc-tn.org
- Eligibility Requirements: Mental Health and Behavioral Support Needs
- Fee for Service: all TennCare plans accepted
- Brief Description: intensive case management, psychiatric services, counseling services

S.T.A.R.S. (Students Taking A Right Stand)

- Location: 1704 Charlotte Avenue, Suite 200 Nashville, TN 37203
- Phone: (615) 279-0058
- Website: <http://starsnashville.org/>
- Eligibility Requirements: Available upon request
- Fees for Service: Available upon request
- Brief Description: STARS is a school-based program to help students refrain from the use of alcohol, other drugs and violence and to enhance their educational achievement and character development. Core service includes assessment, individual and group counseling, referral to community/school based resources and prevention programming. STARS addresses social and emotional barriers to learning that students experience including substance abuse, mental health issues, violence/bullying, behavior issues and attendance.

ARC Williamson County Student Advocacy

- Location: 129 W Fowlkes St # 143, Franklin, TN 37064
- Phone: (615) 790-5815
- Website: www.thearcwc.org
- Eligibility Requirements: individuals with disabilities
- Fees for Service: none
- Brief Description: The Arc Williamson County is committed to helping individuals and families locate and access services and otherwise secure their rights guaranteed by law. The Arc works cooperatively with other agencies and governmental entities to help individuals and families solve problems or find appropriate services. The Arc Williamson County can provide assistance to families in locating and accessing services such as Respite Care/Sitter Services, Residential and Supported Living, Employment/Supported Employment, Adult Day Activities, Social and Recreation Programs, Conservatorship and Estate Planning, and Social Security/SSI/SSDI.

TN Family Support Program

- Phone: (615) 532-6530
- Website: <https://www.tn.gov/didd/>
- Eligibility Requirements: Available upon request for services
- Fee for Service: Available upon request for services
- Brief Description: Provides assistance to individuals with severe disabilities and their families to remain together in their homes and communities

Family Support (Through Department of Intellectual Developmental Disabilities)

- Location: 545 Airport Road, Gallatin, TN 37066
- Phone: (615) 451-0974
- Website: www.hatstn.org/family.html
- Eligibility Requirements: Must have a lifelong severe disability (Children receive priority)
- Fee for Service: None

- Brief Description: To support individuals with respite, child care, special equipment and emergency housing. This program's goal is to enable the severely disabled to remain in their own home and community.

Cumberland Mental Health Services (Project AFFIRM)

- Location: 510 East Main Street, Gallatin, TN 37066
- Phone: (615) 452-1354
- Fax: (615) 452-1356
- Website: www.vbhcs.org
- Eligibility Requirements: children with serious emotional disturbances
- Fee for Service: free
- Brief Service Description: Project AFFIRM offers free planned respite for families of children with serious mental or behavioral disturbance and/or severe behavior problems. Project AFFIRM serves children ages 2-15 years of age.

Skyline Madison Campus

- Location: 500 Hospital Drive, Madison, TN
- Phone: (615) 769-5000
- Website: <https://www.tristarhealth.com/locations/tristar-skyline-madison-campus>
- Eligibility Requirements: Available upon request
- Fee for Service: Accept most private insurance and TennCare.
- Brief Service Description: A mental health facility providing behavioral health services to adolescents and adults.

Nashville CARES

- Location: 633 Thompson Lane, Nashville, TN 37204
- Phone: (615) 259-4866
- Website: www.nashvillecares.org
- Eligibility Requirements: Health need

- Fees for Service: Free HIV testing, other assistance may be provided based on need and availability
- Brief Service Description: Provides a comprehensive range of practical and clinical support designed to help individuals and families with HIV/AIDS continue to live within their communities with independence and dignity. Case manager staff are available to provide services in client homes.

Salvus Center, Inc.

- Gallatin location: 556 Hartsville Pike, Gallatin, TN 3706
 - Hours: Mon, Wed, Fri 7:30am-1:30 pm; Thurs 7:30am-2:30pm
- Phone: (615) 451-0038
- Website: www.salvuscenter.org
- Eligibility Requirements
- Fee for Services: Sliding fee scale
- Brief Description: Provides health care for the working or uninsured bases on income and living or working in Sumner County.

Sumner County Health Department

- Location and Phone:
 - 1005 Union School Road Gallatin, TN. 37066 | (615) 206-1100
 - 351 New Shackle Island Rd Hendersonville, TN 37075 | (615) 824-0552
 - 214 West Longview, Portland, TN | (615) 325-5237
- Eligibility Requirements: Health needs
- Fees for Service: Based on a sliding scale
- Brief Description: Provides health care services to low-income families.

Hope Clinic

- Location: 12124 New Highway 52E, Suite 5 Westmoreland, TN 37186
- Phone: (615) 644-2000
- Fax: (615) 644-2078

- Website: <https://www.hopefamilyhealth.org>
- Eligibility Requirements: Health and Mental Health Needs
- Fee for Services: Most private insurances accepted and a sliding scale fee for non-insurance patients
- Brief Description: Clinic offers primary healthcare, laboratory services, and assistance with medication on a sliding scale basis.

Mercy Community Healthcare

- Location: 1113 Murfreesboro Rd., Ste. 319, Franklin, TN 37064
- Phone: (615) 790-0567
- Website: <http://mercycommunityhealthcare.org/>
- Eligibility Requirements: Health and Mental Health Needs
- Fees for Service: Accepts insurance, TennCare, and sliding scale fee
- Brief Description: Pediatric and adult health care services including mental health

Williamson County Health Department

- Location and Phone:
 - 1324 W Main St, Franklin, TN 37064 | (615) 794-1542
- Website: N/A
- Eligibility Requirements: Health care needs as well as other well-being program needs
- Fees for Service: TNCARE accepted
- Brief Description: A government agency that provides the various health care services. Serves all ages; eligibility criteria may vary based on program. Must meet income guidelines.

Nurses for Newborns of Tennessee

- Location: 50 Vantage Way, Ste. 101, Nashville, TN 37228
- Phone: (615) 313-9989
- Website: <https://www.kidcentraltn.com/program/nurses-for-newborns-of-tennessee>
- Fees for Service: Available upon request

- Eligibility Requirements: Lives in Davidson, Maury, Rutherford, Williamson, Sumner or Montgomery County and at least one of the following: 1. Medically fragile baby - this includes infants born premature or started life in a Neonatal Intensive Care Unit. This also includes babies born with positive drug screens or from mothers with drug and/or alcohol histories 2. Families headed by a parent or caregiver with intellectual and/or physical disabilities or with a mental health diagnosis 3. Teen parents under the age of 19.
- Brief Description: Through in-home visits, registered nurses assist medically fragile infants, mentally or physically challenged mothers and teen parents during the most critical stages of child development (prenatal to age 2) by providing assessments, education and referrals.

Montgomery County Health Department

- Location: 330 Pageant Lane, Clarksville, TN
- Phone (931) 648-5747
- Website: www.mcgtm.org/health
- Eligibility Requirements: varies by program
- Fees for Service: varies
- Brief Description: Provides a variety of basic health services by identifying and responding to the public health needs that affect this community. www.mcgtm.org/health

Rutherford County Health Department

- Location: 100 W. Burton Street, Murfreesboro, TN
- Phone: (615) 898-7880
- Website: <http://health.rutherfordcountyttn.gov>
- Eligibility Requirements: varies by program
- Fees for Service: varies
- Brief Description: Provides a variety of basic health services by identifying and responding to the public health needs that affect this community.

Primary Care and Hope Clinic

- Location: 1453 Hope Way, Murfreesboro, TN
- Phone: (615) 893-9390
- Website: <https://hopeclinc.org>
- Eligibility Requirements: Health and Mental Health Needs
- Fees for Service: accepts insurance, TennCare, and sliding scale fee
- Brief Description: Provides quality, affordable family health services to medically uninsured, underserved, Medicare, TennCare, and privately insurance families of middle TN. Behavioral health services and pharmacy are also available.

Interfaith Dental Clinic

- Location and Phone:
 - 600 Hill Ave, Suite 101, Nashville | (615) 329-4790
 - 210 Robert Rose Drive, Murfreesboro | (615) 225-4141
- Website: www.interfaithdentalclinic.com
- Eligibility Requirements: first come/first serve to receive application
- Fees for Service: limited number of applications given out monthly
- Brief Description: Dental care for low-income working families who do not have dental insurance. Receiving quality dental care relieves pain and disease while improving an individual's physical health, self-esteem and employability.

GOOD SAMARITANS

- Location: 346 Union Street, Clarksville, TN
- Phone: (931) 648-2444
- Website: <https://www.freeclinics.com>
- Eligibility Requirements: Patients must be uninsured and not be covered by any state or federal program; must meet federal income guidelines. Proof of household income required.
- Fees for Service: free services or sliding scale fee
- Brief Description: Free dental service to low income and homeless. Sponsored by First Baptist Church.

Alcoholics Anonymous of Middle TN

- Location: Regional office: 417 Welshwood Drive, Nashville, TN
- Phone: (615) 831-1050 or 1 (800) 559-2252
- Website: www.aanashville.org
- Eligibility Requirements: individuals in need of support for addiction recovery
- Fees for Service: none
- Brief Description: Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism

Al-anon, Alateen, & Alakid

- Phone : (615) 333-6066
- Website: <https://www.afsofmiddletn.org>
- Eligibility Requirements: none
- Fees for Service: none
- Brief Description: A support group for family members of alcoholics.

Buffalo Valley, Inc.

- Location: Middle Tennessee
- Phone: 1 (800) 447-2766
- Website: <https://www.buffalovalley.org>
- Eligibility Requirements: Addiction/Rehab needs and Mental Health needs-for specific criteria call and request
- Fees for Service: insurance accepted
- Brief Description: Buffalo Valley's treatment philosophy is based on a 12 step recovery process supporting changes in thinking and behavior that will enhance the recovery process. Offers a residential treatment program as well as outpatient services.

Cumberland Heights

- Location: 1531 Hunt Club Boulevard #300, Gallatin
- Phone: (615) 235-6843
- Website: www.cumberlandheights.org
- Eligibility Requirements: Mental and Behavioral Health Needs
- Fees for Service: Accepts TNCARE and private insurance
- Brief Description: Nationally recognized drug and alcohol treatment center offering both inpatient and outpatient services for individuals as well as programs for family members.

Renewal House

- Phone: (615) 255-5222
- Addiction Consultant for Sumner, Robertson, Trousdale, Wilson Counties: Fairy Caroland, Cell: (615) 788-5769
- Website: <https://www.renewalhouse.org>
- Eligibility Requirements: Serving those who are in recovery of addiction-for specific qualifications call and request
- Fees for Service: Available upon request
- Brief Description: Residential, IOP, recovery housing for women who have been clean & sober 6 months or more

Sumner County Anti-Drug Coalition

- Location: 102B Public Square. Gallatin
- Phone: (615) 461-8243
- Website: <https://sumnercoalition.org>
- Eligibility Requirements: Community resource to obtain information and support regarding eliminating substances in Sumner Co. Specific needs call and request
- Fees for Service: none
- Brief Description: Mission is to eliminate substance abuse in Sumner County.

Educational Resources

Harmony Family Center Educational Advocacy

- Location: Statewide
- Phone: 865-982-5225
- Website: <https://harmonyfamilycenter.org/educational-advocacy/>
- Eligibility Requirements: School aged children
- Fees for Service: Initial consultation is fee. Service rates are \$75/hour. Most client's need are met in 5 hours or less.
- Brief Service Description: Harmony's professional staff use their specialized training and years of experience to offer support, education, and assistance to families navigating educational services and systems. Our advocates help prepare for school meetings, including IEP, Section 504, S-Team, or Expulsion Hearings. Harmony's advocates will support you by attending school meetings, informing you of your child's educational rights, and negotiating for your child's educational needs and services.

Jason Foundation

- Location: 18 Volunteer Drive, Hendersonville, TN 37075
- Phone: (615) 264-2323
- Website: <https://jasonfoundation.com>
- Eligibility Requirements: none
- Fee for Service: none
- Brief Description: The Jason Foundation, Inc. provides programs and services in response to the belief that awareness and education are the first steps to the prevention of the "Silent Epidemic" of youth suicide. JFI endeavors to provide the information, tools and resources to help identify at risk youth and know how to provide the support they need.

S.A.F.E. Alternatives Self Abuse Finally Ends Program

- Phone: 1 (800) 366-8288 or 1 (800) DONT CUT

- Fax: 1-888-296-7988
- Website: www.selfinjury.com
- Eligibility Requirements: For those coping with self-harming behaviors for specific criteria please call
- Fee for Service: Call and request
- Brief Description: S.A.F.E. ALTERNATIVES® is a nationally recognized treatment approach, professional network and educational resource base, which is committed to helping you and others achieve an end to self-injurious behavior. Self-injury is known by many names, including self-abuse, self-mutilation, deliberate self-harm, para-suicidal behavior and nonsuicidal self-injury.

NAMI (National Alliance on Mental Illness)

- Location: 1101 Kermit Drive #605, Nashville, TN 37217
- Phone: 615-361-6608
- Website: www.namitn.org
- Eligibility Requirements: none
- Fee for Service: none
- Brief Description: Dedicated to better building lives for the millions of Americans affected by mental illness.

Family and Children's Service- Project AWARE in Robertson Co

- Location: 2400 Clifton Ave Nashville, TN 37209
- Phone (615) 320-0591, Crisis Line: (615) 244-7444
- Website: www.fcsnashville.org
- Eligibility Requirements: individuals affected by suicide
- Fee for Service: none
- Brief Description: Provides a support group for those affected by the suicide of a loved one. Project AWARE works to increase awareness of mental health issues in Robertson County and connect youth ages 12-18 in Robertson County to needed mental health services. The

purpose of the project is to reduce the incidence of mental health crisis, violence, and suicide.

Tennessee Voices for Children

- Location: Middle TN Headquarters- 500 Professional Park Drive, Goodlettsville
- Phone: (615) 269-7751 or 1 (800) 670-9882
- Website: www.tnvoices.org
- Eligibility Requirements: varies
- Fee for Service: varies
- Brief Description: Advocacy for children with mental and physical disabilities. Collaborates with agencies across the state to provide services to children and families including: early childhood, statewide Family Support Network, Early Connections Network, and Family Connection.

Autism Tennessee

- Phone: (615) 270-2077
- Website: www.autismtn.org
- Eligibility Requirements: Individuals and families impacted by autism
- Fee for Service: none
- Brief Description: The mission of Autism Tennessee is to enrich the lives and experiences of individuals on the autism spectrum, their families, and their surrounding community through support, advocacy, and education.

Mid-Cumberland Head Start

- Locations: In Rutherford Co, Williamson Co, Cheatham Co, Sumner Co, Wilson Co, Trousdale Co, and Cannon Co.
- Phone: (615) 893-6614
- Website: www.mcheadstart.org
- Eligibility Requirements: not specified
- Fees for Service: not specified

- Brief Description: The Head Start program offers research-based and age-appropriate curricula and learning activities for children ages six weeks to five years. Our programs focus on age-appropriate play and individualized learning opportunities. All children are involved in our educational and fun activities including music, art, storytelling and recreation.

Children are People, Inc

- Location: 117 East Winchester St., Gallatin, TN 37066
- Phone: (615) 230-5702
- Website: <https://childrenarepeopletn.org>
- Eligibility Requirements: Desire to learn/mentor/after school program. Hours: Mon, Tue & Thurs 3:00pm-5:00pm; Tue (reading & math) 3:00pm-5:00pm; Saturday math school 9:00-12:00pm
- Fees for Service: None
- Brief Description: Provides learning and resource center for children with consultation and one-to-one volunteer tutors in reading, math, grammar and writing.

Gallatin Shalom Zone- Achievement in the Making (AIM)

- Location: 600 Small Street, Gallatin, TN. 37066
- Phone: (615) 442-7575
- Website: <https://gallatinshalomzone.org>
- Eligibility Requirements: Varies for different program. Call and request specific criteria for each program or visit website.
- Fee for Service: None
- Brief Description: Mentoring and enrichment for at-risk children ages 1st thru 5th.

Brooks House

- Location: 219 Virginia Avenue, Lebanon, TN 37087
- Phone: (615) 444-8882
- Website: <https://brookshousetn.org>

- Eligibility Requirements:
- Fee for Service: none
- Brief Description: To provide a safe comfortable environment for women and children seeking shelter and to connect them with resources to help them change their lives.

Children and Teens Resources

Boys and Girls Club of Franklin/Williamson County

- Location and Phone:
 - 129 W. Fowlkes St., Ste. 1000, Franklin, TN 37065 | (615) 794-4800
 - 1814 Fairview Blvd., Fairview, TN 37062 | (615) 799-1880
- Website: www.bgcmt.org
- Eligibility Requirements: ages 7-17
- Fee for Service: \$40 per child
- Brief Description: Informal and supplemental education, participatory recreation and group social development for boys and girls ages 7-17.

Boys and Girls Club of Rutherford Co and Bedford Co

- Location:
 - 820 Jones Blvd, Murfreesboro, TN | (615) 890-2582
 - 198 Culbertson St., Smyrna | (615) 984-4087
 - 1055 Madison Street, Shelbyville | (931) 735-6525
- Website: <https://www.bgcrc.net>
- Eligibility Requirements: ages 7-17
- Fee for Service: \$40 per child
- Brief Description: Offer daily access to a broad range of programs in five core areas (Character and Leadership Development; Education and Career Development; Health and Life Skills; The Arts; and Sports, Fitness and Recreation) and several specialized initiatives. All programs are designed to drive positive outcomes for youth and reinforce necessary life skills.

Teens Transitioning into Adulthood Resources

TN Dept of Children's Services - Independent Living Program

- Website: <https://www.tn.gov/dcs/program-areas/youth-in-transition/il.html>
- Eligibility Requirements: Youth moving out of foster care with the state up to the age of 21.
- Fee for Service: no fee
- Brief Service Description: Provides a comprehensive Independent Living Program for youth moving out of foster care, including support with housing, education, life skills and other needs to help the youth successfully live on their own.

Habilitation and Training Services (HATS)

- Location: 545 Airport Road, P.O. Box 1856, Gallatin
- Phone: (615) 451-0974
- Website: <https://hatstn.org>
- Eligibility Requirements: 22 years old with an IQ of 69 or less
- Fees for Service: none
- Brief Description: HATS is a community based non-profit organization for developmentally delayed citizens. There are three sheltered workshops, two residential homes. HATS also operate supported employment, family support and follow-along work programs.

Literacy Council of Sumner County

- Location: 394 West Main Street Suite B12, Hendersonville, TN 37075
- Phone: (615) 497-2567
- Website: www.literacymidtn.org
- Eligibility Requirements: Desire to learn
- Fees for Service: None
- Brief Description: Provides learning and resource center for children and adults, consultation and one-to-one volunteer tutors in reading, math, English as a second language, GED preparation, grammar and writing.

Legal and Advocacy Resources

Legal Aid Society of Middle Tennessee and the Cumberland's

- Location: 1321 Murfreesboro Pike, Suite 400, Nashville, TN 37217
- Phone: (615) 244-6610
- Website: <https://las.org>
- Eligibility Requirements: Taken from website: "The help that we can provide will depend on the kind of problem. We will always help you find some resources for help and advice. We don't have lawyers to help with every case. But a lawyer from Legal Aid Society or our Volunteer Lawyers Program may be able to represent you in the following kinds of cases: Employment Cases, Family and Domestic Violence Cases, Health and Benefits Cases, Housing Cases, Money Cases". Call for specific needs and requests for legal help and support
- Fees for Service: Varied
- Brief Description: Provides equal access to civil justice for low-income families and individuals. Free legal representation, legal counsel and advice and community education in multiple areas; protection from domestic violence and abuse; access to medical care; fair and decent housing; eligibility for government benefits; consumer problems involving basic goods and services; special education rights and federal tax matters.

LEGAL AID SOCIETY

- Location: 109 S 3rd St, Clarksville, TN
- Phone: (931) 552-6656
- Website: <https://las.org>
- Eligibility Requirements: income based
- Fees for Service: none
- Brief Description: Provides free legal advice and representation to eligible clients.

Teen Court

- Location: 657 S Water Ave, Gallatin, TN 37066
- Phone: (615) 452-4332
- Website: <https://www.tncourts.gov/courts/juvenile-family-courts/juvenile-court-personnel?c=137>
- Eligibility Requirements: Court ordered
- Fees for Service: No fee
- Brief Description: Teen Court program provides juveniles, who are first time offenders, an opportunity to face a jury of their peers. The juvenile will have a separate hearing held where their peers fulfill the roles of the courtroom (2 defense attorneys, 2 prosecuting attorneys, bailiff and up to twelve jurors.) The jury will then make the appropriate sanctions for the crime. Any student interested in being a Teen Court member must either live in Sumner County or attend a Sumner County High School. Students may not have any prior delinquent record or be under a valid court order from Juvenile Court. Permission is required by a parent or guardian to join the program. Students do not have to meet certain GPA requirements; we do encourage students to excel in academics. These students must complete an average of 12 hours of intense training provided by local attorneys and other volunteers. These students will be trained on the roles of the courtroom (defense attorneys, prosecuting attorneys, bailiff, and jurors).

Tennessee Justice Center – Advocates for families in need

- Location: 211 7th Ave N #100, Nashville, TN 37219
- Phone: (615) 255-0331
- Website: <https://www.tnjustice.org>
- Hours: Monday – Friday 8:00am-5:00pm
- Eligibility Requirements: For those needing support and assistance gaining insurance or support for insurance needs. Call for specific requests
- Fee for service: None
- Brief Description: A non-profit public interest law and advocacy firm serving families in need. The center gives priority to policy issues and civil cases where the basic necessities of life are at stake.

Financial Assistance and Basic Needs Resources

Amazing Grace Mission

- Location: 1037 Park Street, Westmoreland, TN 37186
- Phone: (615) 644-4357
- Website: none
- Eligibility Requirements: none
- Fees for Service: none
- Brief Description: provides a 7 day supply of food and gently used clothes to individuals in need

Gallatin Cares

- Location: 330 North Durham, Gallatin
- Phone: (615) 452-5732
- Website: <https://www.gallatincares.org>
- Eligibility Requirements: emergency needs
- Fees for Service: none
- Brief Description: Emergency help with food, medicine, utilities, rent to avoid eviction, gas and wood for heating during the winter, clothing and house wares for those moving out of shelters or fire victims.

Hendersonville Samaritan Center

- Location: 116 Dunn Street Hendersonville
- Phone: (615) 824-7105
- Website: www.tnhsa.org
- Eligibility Requirements: Hendersonville residents only (37075 Zip code)
- Fees for Service: None
- Hours: M-Th 9:00 – 4:00, Fri 9:00 – 1:00

- Brief Description: Provides emergency monetary assistance for utilities. Maintains a food bank for emergency needs. Thrift Store which supports the center is open to the public Monday – Saturday.

HOPE Food Bank of White House

- Location: 212 Portland Road, White House, TN
- Phone: (615) 672-8006
- Eligibility Requirements: Based on need.
- Fees for Service: None
- Brief Description: Provides aid to needy senior adults, single-parent families, out of work individuals and the handicapped by providing food, condiments, hygienic and paper goods.

Portland CARES

- Location: 617 Hwy 52 East, Portland
- Phone: (615) 325-7805
- Eligibility Requirements: Emergency needs
- Fees for Service: None
- Brief Description: Emergency food, clothing, rent, utilities and prescription medicine. Emergency needs for groups and individuals.

LOAVES AND FISHES

- Location: 825 Crossland Ave, Clarksville, TN
- Phone: 931-645-9020
- Website: <https://loavesandfishestn.org>
- Eligibility Requirements: none
- Fees for Service: none
- Brief Description: Provides hot lunches Monday-Saturday 10:30 a.m. to 12:00 p.m.

Manna Café

- Location: 605 Providence Blvd, Clarksville, TN 37042

- Phone: (931) 933-0970
- Website: <https://www.mannacafeministries.com>
- Eligibility Requirements: none
- Fees for Service: none
- Brief Description: Distributes food boxes to those in need from 10:00- 4:00pm

OLD FIREHOUSE DAY SHELTER

- Location: 1498 Golf Club Lane, Clarksville, TN
- Phone: (931) 542-0381
- Website: <https://cmccaa.com>
- Eligibility Requirements: none
- Fees for Service: none
- Brief Description: Mon-Fri 8 AM - 4 P.M Provides various services for the homeless: Breakfast, lunch, shower, laundry, financial and housing assistance.

URBAN MINISTRIES

- Location: 217 S. Third Street, Clarksville
- Phone: (931) 648-9090
- Website: www.clarksvilleurbanministries.com
- Eligibility Requirements: none
- Fees for Service: none
- Brief Description: Helps with food, utility (electric, gas, and water) bills, prescriptions, temporary emergency shelter, and services to the homeless. [www.clarksville.com/directory-listing/Urban- Ministries/196791](http://www.clarksville.com/directory-listing/Urban-Ministries/196791)

Mid-Cumberland Community Action Agency

- Location: 3735 North Mount Juliet Rd., Mount Juliet, TN 37122
- Website: <https://midcumberland.org>
- Eligibility Requirements: Income based
- Fees for Service: none

- Brief Description: Low income home energy assistance program, assistance with home energy costs.

Community Housing Partnership of Williamson County

- Location: 129 W. Fowlkes St., Ste. 124, Franklin, TN 37064
- Phone: (615) 790-5556
- Website: www.communityhousingpartnershipwc.org
- Eligibility Requirements:
- Fees for Service: none
- Brief Description: Regular and emergency housing repairs for low-income, elderly and disabled families to bring their homes up to decent, safe and sanitary levels. Funding is also leveraged to help with providing temporary, emergency shelter for income-qualified homeless families.



DAVIDSON



Early Childhood Resources

Martha O'Bryan Center

- Location: 711 South Seventh Street, Nashville, TN 37206
- Phone: (615) 254-1791
- Website: <https://marthaobryan.org>
- Eligibility Requirements: Children from the community attend the Stratford and Maplewood clusters of schools within the Metropolitan Nashville Public School system.
- Fees for Service: sliding scale fee
- Brief Description: Provides a proactive learning environment for children. Builds self-esteem in children and a safe and nurturing place where they can grow, learn, and begin a cycle of success designed to last a lifetime.

Regional Intervention Program

- Location: 5020 Darlington Dr, Nashville, TN 37211
- Phone: (615) 963-1177
- Website: <https://www.tn.gov/behavioral-health/children-youth-young-adults-families/rip.html>
- Eligibility Requirements: Children up to age 6 at the time services are requested. A child experiencing behavioral challenges.
- Fees for Service: No Fees
- Brief Description: Teaches positive parenting techniques for children with behavioral difficulties at home, preschool, or community settings. Developmental concerns may also be present; and at least one adult from family agrees to participate.

TN Early Intervention Services

- Location: One Cannon, 275 Stewarts Ferry Pike, Nashville
- Phone: (615)-532-7237
- Website: <https://www.tn.gov/didd/for-consumers/tennessee-early-intervention-system-teis.html>

- **Eligibility Requirements:** In Tennessee, a child with a diagnosis from the list below or children whose test results show that they have a 25% delay in two developmental areas or a 40% delay in one area may be eligible for TEIS. A child may have a developmental delay, if he or she is far behind other children their age in one or more of the five major skill areas: motor (crawling, walking, using their hands to play), communication (babbling, indicating wants and needs, talking), cognitive (thinking skills including making choices and solving problems), social (playing near or with other children or adults), and adaptive (taking care of ones needs).
- **Fees for Service:** Some services (including evaluation, assessment, and service coordination) are provided with no charge to family. Other services utilize private insurance, Medicaid, and government benefits.
- **Brief Description:** Provides educational services and interventions for children with disabilities as well as family support.

Mental Health, Alcohol and Substance Abuse, and Health Resources

Harmony Family Center (Adoption Support and Preservation Program)

- Location: Statewide/In-home Services
- Phone: (888) 848-2727
- Website: <https://harmonyfamilycenter.org/pre-post-adoption/asap-gsap-services/>
- Eligibility Requirements: Adopted children 18 and under
- Fees for Service: Free services for children adopted via foster care, sliding scale for other adoptive families
- Brief Service Description: In-home, trauma informed assessment and family-focused counseling.

Faith Family Medical Center

- Location: 326 21st Ave North, Nashville TN 37203
- Phone: (615) 341-0808
- Website: <https://faithmedical.org>
- Fees for Service: Patients pay between \$20 and \$50 per visit based on their income and number of dependents.
- Brief Description: Primary care medical clinic serves uninsured working people (and their families) in the greater Nashville area. Not a walk-in clinic. All patients must have an appointment to receive care.

Madison Christian Medical Center

- Location: 320 Hospital Drive, Madison, TN 37115
- Phone: (615) 891-2105
- Website: <https://mcmclinic.webs.com>
- Eligibility Requirements:
- Fees for Services: Fees are based on patient's income and range between \$10 and \$30 per visit. Patient must pay in cash at the time of office visit.

- Brief Description: A faith-based, health center providing affordable, quality, primary medical care for working, uninsured, low-income residents of Davidson and Sumner Counties.

Siloam Family Health Center

- Location: 820 Gale Lane, Nashville, TN 37204
- Phone: (615) 298-5406

Website: www.siloamhealth.org

- Eligibility Requirements: All patients are asked to provide proof of income to determine what benefits they are eligible for through our sliding scale program. The sliding fee program allows patients to pay a reduced fee based on family size and income.
- Fees for Services: patients are asked to contribute something financially in order to see the doctor or to obtain laboratory services. Exceptions are made in the case of medical emergencies. Siloam now accepts cash, checks, and debit cards for payment.
- Brief Description: Health care services that serves Nashville's most medically vulnerable.

St. Thomas Family Health Center (West)

- Location: 5201 Charlotte Pike, Nashville 37209
- Phone: (615) 222-1900

Website: <https://healthcare.ascension.org/locations/tennessee/tnnas/nashville-ascension-medical-group-saint-thomas-family-health-center-west>

- Eligibility Requirements: For those needing health and behavioral health support. For specific needs of services request for specific details.
- Fees for Services: Services cost patients a small fee on a sliding scale based on income. Patients are required to pay \$20 copay prior to receiving services.
- Brief Description: Provides primary and preventive medical services, as well as mental health services and social services. The staff is bilingual (fluent in Spanish and English) and provides services for both children and adults. Specializes in family practice for both children and adults.

United Neighborhood Health Services (Downtown Clinic)

- Location: 526 8th Ave. South, Nashville, Tennessee
- Phone: (615) 227-3000
- Eligibility Requirements: From website: Anyone can come to a Neighborhood Health center for care. You can be insured or uninsured. You do not have to live in Nashville. We care for US Citizens and new immigrants and refugees.
- Fees for Services: From website: \$25.00: If you are insured you will probably have a co-pay. If you are not insured and qualify for a discount fee, \$25.00 may cover that fee. Insurance accepted as well as co-pays. Care is not denied but a sliding scale fee will be utilized.
- Brief Description: UNHS provides comprehensive medical services including laboratory testing and pharmacy assistance. Counselors and case managers are available to assist individuals to plan for the future. Psychiatric nurse practitioners are available for mental health assessment and to prescribe and manage medications. A 12-week program is available to assist individuals in confronting their addiction as well as their behavioral health needs.

Vine Hill Clinic

- Location: 601 Benton Avenue, Nashville, TN 37204
- Phone: (615) 292-9770
- Website: <https://www.connectus.org>
- Eligibility Requirements:
- Fees for Services: Connectus Health offers Medical and Women's Health Care on a sliding fee scale to patients without health insurance who have income below 200% of the Federal Poverty Guideline. All patients are asked to complete a sliding fee application to determine the co-payment required. TennCare, Cover Kids and Medicare are accepted at Connectus locations. Most private health insurance plans are accepted.
- Brief Description: Offers a full-service range of primary care services, including chronic disease management, pediatrics, mental health counseling, social work services, dental services and preventative services such as annual physicals, as well as child exams and immunizations. Patients are encouraged to schedule an appointment, but the clinic offers

same day appointments throughout the day. A limited number of walk-in appointments are available each day.

Matthew Walker Comprehensive Health Center

- Location: 1035 14th Ave North, Nashville, TN 37208
- Phone: (615) 327-9400
- Website: <https://mwchc.org>
- Eligibility Requirements: Available with presentation of documentation of income and based on medical need.
- Fees for Services: For those without insurance: You may qualify for discounted service and treatment fees based on your income and family size. We can help you figure this out by bringing proof of your income to your visit. For those with insurance we accept: TennCare, Most private/commercial insurance, Medicare, CoverKids, and cash, check or credit/debit card
- Brief Description: Offers dental exams and cleanings, oral cancer screenings, dentures, partials, tooth colored fillings, crowns, tooth extractions, root canals, implants, and a wide range of cosmetic services.

Interfaith Dental Clinic of Greater Nashville

- Location: 600 Hill Ave, Nashville, TN 37210
- Phone: (615) 329-4790
- Website: <https://interfaithdental.com>
- Eligibility Requirements: Based on income for dental service needs
- Fees for Services: Fill out an application and bring it to office Monday-Thursday, 8:00 a.m. - 11:00 a.m. and 2:00 p.m. - 4:00 p.m. Bring the following documents: two recent pay stubs, Tennessee driver's license, utility bill or similar and Social Security card. Program is on a sliding fee scale. Patients receive a 50% to 80% discount off market value for services based on income level and family size.
- Brief Description: Provides dental services for low-income, working individuals who do not have dental insurance. No walk-in services available.

Tennessee State University / Meharry Medical College Department of Dental Hygiene

- Location: 3500 John A. Merritt Blvd., Nashville, TN 37209
- Phone: (615) 963-5791
- Website: <https://www.tnstate.edu/dentalhygiene/clinic.aspx>
- Eligibility Requirements: These services are available to Tennessee State University students, faculty, and staff and to the local community.
- Fees for Services: Provides prophylaxis (\$15), x-rays (\$2-10), sealants (\$5 per tooth) and deep cleanings only, all at reduced fees.
- Brief Description: The Dental Hygiene program at Tennessee State University provides comprehensive dental hygiene care at Clement Hall Dental Hygiene Clinic on the main campus during the Fall, Spring, and first Summer Semesters.

Planned Parenthood

- Location: 412 Dr. D.B. Todd, Jr. Blvd., Nashville, TN 37203
- Phone: (866) 711-1717
- Website: www.plannedparenthood.org
- Eligibility Requirements: Services for women's health care needs-for specific needs review service provisions for direct care needs.
- Fees for Services: We accept many insurance plans. If you don't have insurance, affordable coverage options may be available.
- Brief Description: Walk-in services available during regular business hours and include pregnancy tests, HIV tests, emergency contraception (the morning after pill or Plan B), and birth control refills for established patients. All other services require an appointment.

Nashville Cares

- Location: 633 Thompson Lane, Nashville, TN 37204
- Phone: (615) 259-4866
- Website: <https://www.nashvillecares.org>
- Eligibility Requirements: Community members coping with HIV/AIDS need for support

- Fees for Services: All services are free of charge
- Brief Descriptions: Offers persons living with HIV/AIDS, their families, spouses, partners and significant others, a unique combination of services, resources, information, and referral to help and support clients with the challenges they confront in the progression of the HIV disease.

Street Works

- Location: 1326 Ste. B, Rosa L Parks Blvd, Nashville, TN 37208
- Phone: (615) 259-7676
- Website: <http://www.street-works.org>
- Eligibility Requirements: For community members coping with HIV
- Fees for Services: All services are free of charge
- Brief Descriptions: Street outreach; free HIV testing; prevention; education; care services; drop-in counseling center; clinical support

Sexual Assault Center

- Location: 101 French Landing Drive, Nashville, TN 37228
- Phone: (615) 259-9055
- Website: <https://sacenter.org>
- Eligibility Requirements: Children (ages 3-12) and teenagers (ages 13-18) who have been sexually abused, Children under the age of 12 with sexual behavior concerns, Adults who were abused as children, Rape survivors of all ages, Non-offending parents, caregivers, family members and significant others of those who have sexually abused, and Spanish-speaking survivors and family members
- Fees for Services: accepts TennCare and some insurance, sliding scale fee available
- Brief Description: A safe, healing environment for clients to express their feelings and to be understood. Staff comprised of licensed, certified, and doctorate level therapists who offer the best care available in Middle Tennessee for sexual assault survivors.

Centennial Medical Center (Community Assistance Program)

- Location: 2401 Parman Place, Parthenon Pavilion, Nashville, TN 37203
- Phone: (615) 342-1450
- Website: <https://www.tristarhealth.com/locations/tristar-centennial-parthenon-pavilion/for-patients/community-assistance-program>
- Eligibility Requirements: Community members in crisis
- Fees for Services: Insurance accepted : Aetna, Blue Cross Blue Shield, Cigna, Humana, Value Options, United Healthcare
- Brief Description: Community Assistance Program (CAPs) team is available 24 hours a day, seven days a week to provide assistance for mental health, chemical dependency, crisis intervention, assessment, information and referral needs. CAPs provides immediate response to telephone inquiries, suggestions for appropriate action and information about community mental health resources. CAPs also offers: confidential assessments and consultations; referrals to outpatient, intensive outpatient, partial hospitalization or inpatient care based on each individual's treatment needs; support for families of those with mental illness; information about mental health concerns and community resources.

Omni Family Services

- Location: 301 S Perimeter Park Dr # 202, Nashville, TN 37211
- Phone: (615) 834-1885
- Website: <https://www.theomnifamily.com>
- Eligibility Requirements: Community members needing assistance with mental and behavioral health
- Fees for Services: TennCare- United Healthcare Community Plan/AmeriGroup/Value Options(BlueCare), Medicare and Medicare Advantage Plans, Behavioral Safety Net, also now accepting OMNI Level III, Commercial Insurance Plans; BlueCross BlueShield, Magellan, United HealthCare, United Behavioral Health, Aetna, Cigna, Humana, Tri-Care, Many others accepted, so please contact the local office to verify coverage, and sliding scale options as well.
- Brief Description: Faith-based, community mental health center that offers individual or family therapy, child and adult psychiatric care and counseling, mental health case

management, and in-home child and family services. Primary care services offered at Nashville location. Call, visit website, or visit Facebook page (www.facebook.com/lifecarefamilyservices) for more information on current programming. Locations in Nashville, Cookeville, Franklin, Lawrenceburg, Lebanon, Murfreesboro, Pulaski, and Waynesboro.

Mental Health Cooperative

- Location: 275 Cumberland Bend, Nashville, TN 37228
- Phone: (615) 726-3340
- Website: <https://www.mhc-tn.org>
- Eligibility Requirements: Mental and Behavioral support services for children and adults
- Fees for Services: TennCare Plans: Amerigroup, United Health Care Community Plan, BlueCare, TennCare Select-MHC strives to prevent lack of care due to payment and will schedule accordingly so fees are covered.
- Brief Description: Intensive case management, psychiatric/clinic services and 24-hour emergency psychiatric services. Visit website for more information.

Park Center's Emerging Adults Program

- Locations in north, south, and east of Nashville
- Website: <https://www.parkcenternashville.org>
- Eligibility Requirements: For adults, ages 18-24, diagnosed with severe and persistent mental illness
- Fees for Services: Available upon request
- Brief Description for Services: Provides various outpatient services for persons diagnosed with a serious and persistent mental illness, including housing, clinic and case management, psychiatric rehabilitation day program, co-occurring disorder services, employment training and support and SSI/SSDI Outreach (SOAR).

Alcoholics Anonymous of Middle TN

- Location: Regional office: 417 Welshwood Drive #207, Nashville, TN

- Phone: (615) 831-1050
- Website: <https://aanashville.org/wp/>
- Eligibility Requirements: Individuals in need of support for addiction recovery
- Fees for Service: None
- Brief Description: Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism

Al-anon, Alateen, & Alakid

- Phone: (615) 333-6066
- Website: www.al-anon.alateen.org
- Eligibility Requirements: none
- Fees for Service: none
- Brief Description: A support group for family members of alcoholics.

Buffalo Valley, Inc.

- Location: Middle Tennessee
- Phone: 1 (800) 447-2766
- Website: <https://www.buffalovalley.org>
- Eligibility Requirements: Community members coping with addiction, substance abuse, and mental health needs
- Fees for Service: insurance accepted
- Brief Description: Buffalo Valley's treatment philosophy is based on a 12 step recovery process supporting changes in thinking and behavior that will enhance the recovery process. Offers a residential treatment program as well as outpatient services.

Renewal House

- Location: 3600 Clarksville Pike, Nashville, TN 37218
- Phone: (615) 255-5222
- Addiction Consultant for Sumner, Robertson, Trousdale, Wilson Counties: Fairy Caroland,

Cell: (615) 788-5769

- Website: <https://www.renewalhouse.org>
- Eligibility Requirements: Community members coping with sobriety and substance abuse recovery-for specific criteria available upon request
- Fees for Service: Available upon request
- Brief Description: residential, IOP, recovery housing for women who have been clean & sober 6 months or more

Educational Resources

Harmony Family Center Educational Advocacy

- Location: Statewide
- Phone: 865-982-5225
- Website: <https://harmonyfamilycenter.org/educational-advocacy/>
- Eligibility Requirements: School aged children
- Fees for Service: Initial consultation is fee. Service rates are \$75/hour. Most client's need are met in 5 hours or less.
- Brief Service Description: Harmony's professional staff use their specialized training and years of experience to offer support, education, and assistance to families navigating educational services and systems. Our advocates help prepare for school meetings, including IEP, Section 504, S-Team, or Expulsion Hearings. Harmony's advocates will support you by attending school meetings, informing you of your child's educational rights, and negotiating for your child's educational needs and services.

W.A. Bass Learning Center

- Location: 5200 Delaware Ave., Nashville, TN 37209
- Phone: (615) 298-3278
- Website: <https://wabass.mnps.org>
- Eligibility Requirements: Serves grades 9-12
- Fees for Services: Available upon request
- Brief Description: English classes, computer lab access. Call or visit website for more information. Admission requirements for individuals new to Metro-Nashville schools or have been out of school for three years must have birth certificate, social security card, proof of residency, official copy of all previous high school transcripts. Recent Metro-Nashville students will only need proof of residence and a birth certificate.

Martha O'Bryan Center

- Location: 711 South 7th Street, Nashville, TN 37206
- Phone: (615) 254-1791
- Website: <https://marthaobryan.org>
- Eligibility Requirements: For more information, contact Judy Rye at 615-254-1791
- Fees for Services:
- Brief Description: After initial testing, we provide a personalized digital learning plan that is used in the classroom, with instructor support, and can be accessed from any computer for continued learning.

YWCA of Nashville

- Location: 1608 Woodmont Blvd., Nashville TN 37215
- Website: www.ywcanashville.com
- Eligibility Requirements:
- Fees for Services: free
- Brief Description: Offers free HiSET (formerly known as GED) classes at three sites in Nashville area. Morning, afternoon, evening and Saturday classes are available.

STEP

- Phone: (800) 280-STEP
- Website: <http://www.tnstep.org/training/>
- Eligibility Requirements: Families who have children with disabilities
- Fee for Service: Varies by program
- Brief Description: Provide training and parent support in understanding how to address the needs of children with disabilities

Children and Teens Resources

The Trevor Project

- 24/7 hotline: 1 (866) 488-7386
- Website: <https://www.thetrevorproject.org>
- Eligibility Requirements: The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning youth. Those who are in crisis and thinking of suicide should call.
- Fees for Service: Not provided on website-call and request
- Brief Description: This agency provides resources ranging from crisis intervention with phone, text, and chat hotline; collaborative groups ranging from social media hubs to advocacy; and suicide prevention trainings.

PFLAG Nashville

- Website: <http://pflagnashville.org>
- Eligibility Requirements: Community members who benefit from support for family and friends of LBGQT community
- Fees for Services: Free support services
- Brief Description: PFLAG Nashville provides free support for parents, family, and friends of lesbian, gay, bisexual, and transgender people. We are here to listen, encourage, guide, and assist you as you work to understand what it means to be LGBT.

Big Brothers/ Big Sisters

- Location: 1704 Charlotte Avenue, Suite 130, Nashville, TN 37203
- Phone: (615) 329-9191
- Website: <https://mentorakid.org>
- Eligibility Requirements: Children under the age of 18 and additional requirements of specific sites as varies by program
- Fee for Service: Free

- Brief Description: Volunteers provide Littles with one-to-one time and attention in their communities or at their school, typically two to four times a month for one calendar year.

Oasis Center

- Location: 1704 Charlotte Ave. Suite 200 Nashville, TN 37203
- Main Office/Crisis Hotline: (615) 327-4455
- Website: <https://oasiscenter.org/about>
- Eligibility Requirements: Varies between programs
- Fees for Services: Free counseling services other programs may vary-call and request
- Brief Description for Services: This agency provides a wide span of services to Nashville's youth including counseling, emergency shelter, Just Us (community group for LGBTQ+), Chapter 2 (transition for youth graduating from college in career planning and/or college bound),and many more.

S.A.F.E. Alternatives Self Abuse Finally Ends Program

- Phone: 1 (800) 366-8288 or 1 (800) DONT CUT
- Fax: 1 (888) 296-7988
- Website: <https://selfinjury.com>
- Eligibility Requirements: Community members coping with self-harming behaviors and mental health support needs
- Fee for Service: Available upon request
- Brief Description: S.A.F.E. ALTERNATIVES® is a nationally recognized treatment approach, professional network and educational resource base, which is committed to helping you and others achieve an end to self-injurious behavior. Self-injury is known by many names, including self-abuse, self-mutilation, deliberate self-harm, para- suicidal behavior and non-suicidal self-injury.

NAMI (National Alliance on Mental Illness)

- Location 1101 Kermit Drive #605, Nashville, TN 37217
- Phone: (800) 467-3589

- Website: <https://www.namitn.org>
- Eligibility Requirements: none
- Fee for Service: none
- Brief Description: Dedicated to better building lives for the millions of Americans affected by mental illness.

Tennessee Voices for Children

- Location: Middle TN Headquarters - 500 Professional Park Drive, Goodlettsville
- Phone: (615) 269-7751 or 1 (800) 670-9882
- Website: www.tnvoices.org
- Eligibility Requirements: varies
- Fee for Service: varies
- Brief Description: Advocacy for children with mental and physical disabilities. Collaborates with agencies across the state to provide services to children and families including: early childhood, statewide Family Support Network, Early Connections Network, and Family Connection

Nurture the Next

- Location: 600 Hill Ave., Suite 202, Nashville, TN 37210
- Phone: (615) 383-0994
- Website: <https://www.nurturethenext.org>
- Eligibility Requirements: Programs serve 95 counties throughout Tennessee. Program eligibility varies between programs and counties.
- Fees for Service: varies for programs
- Brief Description: Offers programming that partner with communities and agencies to support parents in building healthy children.

Teens Transitioning into Adulthood Resources

TN Dept of Children's Services - Independent Living Program

- Website: <https://www.tn.gov/dcs/program-areas/youth-in-transition/il.html>
- Eligibility Requirements: Youth moving out of foster care with the state up to the age of 21.
- Fee for Service: no fee
- Brief Service Description: Provides a comprehensive Independent Living Program for youth moving out of foster care, including support with housing, education, life skills and other needs to help the youth successfully live on their own.

Habilitation and Training Services (HATS)

- Location: 545 Airport Road, Gallatin TN
- Phone: (615) 451-0974
- Website: <https://hatstn.org>
- Eligibility Requirements: 22 years old with an IQ of 69 or less
- Fees for Service: none
- Brief Description: HATS is a community based non-profit organization for developmentally delayed citizens. There are three sheltered workshops, two residential homes. HATS also operate supported employment, family support and follow-along work programs.

Literacy Council of Sumner County

- Location: 394 West Main Street Suite B12, Hendersonville, TN 37075
- Phone: (615) 757-3219
- Website: www.literacymidtn.org
- Eligibility Requirements: Desire to learn
- Fees for Service: None

- Brief Description: Provides learning and resource center for children and adults, consultation and one-to-one volunteer tutors in reading, math, English as a second language, GED preparation, grammar and writing.

Legal and Advocacy Resources

ACLU-TN

- Location: P.O. Box 120160 Nashville, TN 37212
- Phone: (615) 320-7142
- Website: <https://www.aclu-tn.org/youth-advocating-civil-liberties/>
- Brief Description: ACLU-TN's youth program empowers young people to be part of the change they want to see in their communities by engaging in social justice work and advocating for Tennesseans' civil rights and civil liberties.

Tennessee Justice Center – Advocates for families in need

- Phone: (615) 255-0331
- Website: <https://www.tnjustice.org>
- Hours: Monday – Friday 8:00am-5:00pm
- Eligibility Requirements:
- Fee for service: None
- Brief Description: A non-profit public interest law and advocacy firm serving families in need. The center gives priority to policy issues and civil cases where the basic necessities of life are at stake.

Financial Assistance and Basic Needs Resources

Nashville Financial Empowerment Center

- Multiple locations throughout Nashville
- Phone: (615) 748-3620
- Website: <https://www.unitedwaygreaternashville.org/financial-empowerment-center/>
- Eligibility Requirements: varies
- Fees for Services: None
- Brief Description: The Nashville Financial Empowerment Center provides free, professional financial counseling to Nashvillians citywide. We help Davidson County residents reduce debt and build assets through free, one-on-one financial counseling incorporated into existing services offered in the city.

Family Resource Centers - United Way

- Location: Nashville, Tennessee
- Website: <https://www.unitedwaygreaternashville.org/family-resource-centers/>
- Eligibility Requirements: None
- Fees for Services: Not listed
- Brief Description: United Way's network of Family Resource Centers (FRC) works to assist at-risk children and their families in meeting specific health and human service needs in neighborhoods.

Bethlehem FRC

- Lead Agency: Bethlehem Centers of Nashville
- Location: 1417 Charlotte Avenue, Nashville, TN 37203
- Phone: (615) 329-3386
- Website: www.bethlehemcenters.org

- Brief Description: Offers resources for children, youth, and seniors through daily programming, focused on meeting the needs of the local community. Offers youth after school programming, senior daily programming, and adult education programming.

Edgehill FRC

- Lead Agency: Organized Neighbors of Edgehill (O.N.E.)
- Location: 1001 Edgehill Avenue, Nashville, TN 37203
- Phone: (615) 256-4617
- Brief Description: Works to improve the quality of life for all of the diverse people in the Edgehill Community by developing leaders—primarily low-income and/or from public housing—and collaborating with churches, businesses, and government entities to address needs identified by residents and to serve as a model and resource for other developing communities. Visit website for a calendar of upcoming events.

McGruder FRC

- Lead Agency: Matthew Walker Comprehensive Health Center
- Location: 1035 14th Ave N, Nashville, TN 37208
- Phone: (615) 327-9400
- Website: <https://mwchc.org>
- Brief Description: Programming consists of a collaborative effort between Matthew Walker Comprehensive Health Center and United Way to strengthen the families in the 37208 area. The partners of McGruder are committed to ensuring that families and children are safe. All of our services are free and open to the public. Extensive programming for children, adults, and seniors offered. Visit website or call for more information.

Salvation Army FRC (Magness-Potter)

- Location: 611 Stockell Street, Nashville, TN 37207
- Phone: (615) 242-0411
- Website: <https://www.salvationarmynashville.org/magness-potter-community-center>

- Brief Description: Coordinates 15 – 20 collaborating private and public social service providers offering a spectrum of essential services – from infant-toddler child care to senior citizen activities – to this community of more than 10,000 people. Call or visit in person for more information. Provides needed resources to local community, working to collaborate with local agencies to meet presenting needs of community members. Contact John R. Crawford, Director at john_crawford@uss.salvationarmy.org or at (615) 242-0411.



SOUTH CENTRAL



Early Childhood Resources

Child Development Center

- Location and Phone:
 - 1600 Jason Maxwell Blvd., Lewisburg, TN | (931) 359-1197
 - 111 Eaglette Way, Shelbyville, TN | (931) 684-9203
- Website: <https://cdctn.org/index>
- Eligibility Requirements: Eligibility for the program is based on a qualifying diagnosed condition, degree of prematurity, or a child's percentage of developmental delay. Tennessee Early Intervention System determines whether children meet the guidelines for early intervention services.
- Fee for Service: no fee for eligible clients
- Brief Description: the program serves children between the ages of birth and three years old with developmental delays and disabilities

Head Start

- Location: SCHRA Central Office: 1437 Winchester Highway, Fayetteville TN 37334
- Phone: (931) 433-7182
- Website: <https://www.schra.us>
- Eligibility Requirements: children 3-5 years old meeting family income requirements-call for details
- Fee for Service: Free service
- Brief Description: early intervention/preschool services for families that meet eligibility

Healthier Beginnings

- Sponsored by Centerstone
- Location: 230 East James Campbell Blvd. Ste 113, Columbia, TN
- Phone: 931-797-5425

- Website: <https://www.kidcentraltn.com/program/centerstones-healthier-beginnings-healthy-start-program.html>
- Eligibility Requirements: Available to residents of Coffee, Dickson, Lawrence, Lewis and Maury Counties who are pregnant or the parent of a child under two weeks of age.
- Fee for Services: Available upon request
- Brief Description: A voluntary support program for parents expecting a child or who have a young child. A trained professional will help you by coming to your home to answer questions about your child's health and development

Regional Intervention Program

- Sponsored by Centerstone
- Location: 1222 Medical Center Drive, Columbia, TN
- Phone: (931) 490-1556
- Website: <https://centerstone.org/programs/regional-intervention-program-rip/>
- Eligibility Requirements: Serves children ages 2-5. Any parent who has a concern with a child's behavior.
- Fee for service: A payback system. The parent works in the program practicing positive reinforcement skills and "pays back" visits. For example 20 visits in active treatment equal 20 visits in payback. The length of the program is 4-6 months.
- Brief Description: The program is available to families in which there are concerns regarding a young child's behavior, and is coordinated by a professional resource staff person. Children are eligible for RIP up to their 6th birthday.

Mental Health, Alcohol and Substance Abuse, and Health Resources

Harmony Family Center (Adoption Support and Preservation Program)

- Location: Statewide/In-home Services
- Phone: (888) 848-2727
- Website: <https://harmonyfamilycenter.org/pre-post-adoption/asap-gsap-services/>
- Eligibility Requirements: Adopted children 18 and under
- Fees for Service: Free services for children adopted via foster care, sliding scale for other adoptive families
- Brief Service Description: In-home, trauma informed assessment and family-focused counseling.

Maury Regional Hospital

- Location: 1224 Trotwood Ave, Columbia, TN 38401
- Phone: (931) 381-1111
- Website: <https://www.mauryregional.com>
- Eligibility Requirements: Services for uninsured
- Fee for Service: Varies by service
- Brief Description: These programs include medication assistance, a food bank, transportation assistance, educational support, community health initiatives and employee assistance.

Columbia CARES:

- HIV/AIDS
- Location: 1202 South James Campbell Blvd., Ste #8B, Columbia, TN 38401
- Phone: (931) 381-0114
- Website: <http://www.columbiacares.org/>
- Eligibility Requirements: None
- Fee for Service: Free

- Brief Description: As the regions only AIDS-Service organization we focus on prevention, testing, and social services for those living with HIV/AIDS

Chapel Hill Lions Club

- Location: 310 N Horton Pkwy, Chapel Hill, TN 37034
- Phone: (931) 364-7939
- Eligibility Requirements: Must contact individual clubs for qualifications
- Fee for Service: Varies by program
- Brief Description: Helps with eye screenings and glasses

Mobile Crisis

- Phone: (855) 274-7471
- Website: <https://www.tn.gov/behavioral-health/need-help/crisis-services/mobile-crisis-services.html>
- Eligibility Requirements: none
- Fee for Service: none
- Brief Description: Services may include: telephone calls from crisis specialist, face-to-face or Telehealth assessment, referral for additional services and treatment, stabilization of symptoms, and follow up services

Centerstone

- Location: 1601 Nashville Hwy, Lewisburg, TN 37091
- Phone: (931) 359-5802
- Website: <http://www.centerstone.org>
- Eligibility Requirements: varies by program
- Fee for Service: varies by program
- Brief Description: Centerstone helps children, adolescents, adults, seniors and their families who suffer from a myriad of behavioral health challenges. We are one of the nation's largest behavioral healthcare organizations, and we provide a full range of mental health services,

substance abuse treatment, intellectual and developmental disability services, housing, educational services and community supports for people of all ages

Health Connect America

- Phone: (615) 567-6726
- Website: <https://www.healthconnectamerica.com>
- Eligibility Requirements: varies by program
- Fee for Service: varies by program
- Brief Description: Services ranging from: in home family preservation services; intensive outpatient services (IOP); outpatient services; case management service; autism services/EPSDT; therapeutic day treatment and school based services; mental health skill building; psychosexual assessment and treatment; mentoring services; parent training/support services; and assistance with transportation coordination.

Mental Health Cooperative

- Location: 100 Berrywood Drive, Columbia, TN 38401
- Phone: (931) 380-3449
- Website: <https://www.mhc-tn.org/>
- Eligibility Requirements: Varies by program
- Fee for Service: Varies by program
- Brief Description: Behavioral health care for adults, children, and adolescents through intensive case management, psychiatric services, and counseling. Therapy, In-Home Case Management, and Med Management

Youth Villages

- Location: 115 Dyer St, Ste. 1, Columbia, TN 38401
- Phone: (931) 560-4220
- Website: <https://www.youthvillages.org>
- Eligibility Requirements: children with mental health diagnosis
- Fee for Service: Varies by program

- Brief Description: Multi-systemic therapy for children with a mental health diagnosis ranging from intensive in-home treatment, residential treatment, foster care, adoption, YVLife Set, specialized crisis services, MYPAC provider, Project Safe Place, and mentoring.

Rolling Hills Hospital

- Location: 2014 Quail Hollow Circle, Franklin, TN
- Phone: (615) 628-5700
- Website: <http://www.rollinghillshospital.org>
- Eligibility Requirements: Programs for adolescents, adults with co-occurring disorders, and older adults
- Fee for Service: Varies by program
- Brief Description: Programs range from: inpatient services, outpatient services, and physician clinical services.

Lifeline: (Suicide Hotline)

- Phone: 988
- Website: <https://suicidepreventionlifeline.org/>
- Eligibility Requirements: none
- Fee for Service: Free
- Brief Description: The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

Alcoholics Anonymous

- Website: <https://www.aa.org/>
- Eligibility Requirements: Know of someone who has been impacted or one is impacted by alcohol abuse
- Fee for Service: Free
- Brief Description: Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial,

apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

Buffalo Valley Drug & Alcohol Treatment

- Location: 501 Park Ave. S., Hohenwald, TN 38462
- Phone: (800)-447-2766
- Website: <http://www.buffalovalley.org/residential-rehab.html>
- Eligibility Requirements: Varies by program
- Fee for Service: Varies by program
- Brief Description: Provide inpatient and outpatient services for substance abuse

Centerstone

- Location: 1601 Nashville Hwy, Lewisburg, TN 37091
- Phone: (931) 359-5802
- Website: <https://centerstone.org>
- Eligibility Requirements: varies
- Fees for service: insurance accepted
- Brief Service Description: Nonprofit provider offering a full range of mental health services, substance abuse treatment and educational services; seeks to prevent and cure mental illness and addiction.

AA Meetings – Lewisburg

- Location: Serenity House: 440 College Street, Lewisburg, TN 37091
- Website: <https://aanashville.org/wp/locations/serenity-house-2/>
- **All AA meetings range by location and community supports. Contact individual group for additional information

TN Lifeline Project

- Allen Burnette
- Phone: (931) 308-7689

- Website: <https://www.tn.gov/behavioral-health/substance-abuse-services/treatment---recovery/treatment---recovery/lifeline-peer-project.html>
- Eligibility Requirements: None
- Fee for Service: Free
- Brief Description: Lifeline Representatives help start Alcoholics Anonymous, Narcotics Anonymous, Celebrate Recovery, and other self-help support groups. They help connect individuals with treatment and they speak publicly about their own personal experience with recovery.

Recovery Ranch

- Location: 6275 Pinewood Rd Nunnally, TN 37137
- Phone: (888) 967-4005
- Website: <https://www.recoveryranch.com>
- Eligibility Requirements: Varies by program
- Fee for Service: The cost of treatment at The Ranch mental health and addiction treatment center is based on each client's level of care, individualized needs and treatment plan. Contact our admissions advisors at 888-387-6513 for an estimate of treatment costs based on a free, confidential consultation.
- Brief Description: The Ranch family of addiction and mental health treatment centers provides specialized inpatient and outpatient care for people struggling with substance abuse, eating disorders, sex addiction and intimacy disorders, trauma, and other mental health issues like depression and anxiety. Our highly experienced and compassionate treatment team helps clients address the underlying issues that fuel these difficulties while adopting a healthy, rewarding lifestyle that supports recovery.

Haven of Hope (serving Marshall Co)

- Location: 230 College St, Lewisburg, TN 37091
- Phone: (931) 422-2277
- Website: N/A
- Eligibility Requirements: survivor of domestic violence or impacted by domestic violence

- Fee for Service: Free
- Brief Description: provides emergency shelter for victims of Domestic Violence, Crisis Counseling, Community Education, and Court Advocacy

Hope House (Maury County)

- Domestic Violence Shelter; Support Group
- Location: 110 E 7th St, Columbia, TN 38401
- Phone: (931) 381-8580
- Website: <https://centerofhopetn.org>
- Eligibility Requirements: survivor of violence and/or sexual violence or impacted by domestic violence
- Fee for Service: Free
- Brief Description: Center of Hope is a community-based agency that offers individuals in and around Maury County safety, support and understanding of the abuse they have experienced. We provide victims and their families with the information, support and skills they need to heal and move beyond the abuse and onto the fulfilling lives they deserve.

The Shelter, Inc. (Lewis/Wayne/Lawrence/Giles)

- Location: 615 W Point Rd, Lawrenceburg, TN 38464
- Phone: (931) 762-1115
- Website: <https://theshelterinc.tripod.com>
- Eligibility Requirements: survivor of violence or impacted by domestic violence
- Fee for Service: Free
- Brief Description: Provides crisis care, counseling and continuing support for victims of domestic violence, and through community education and advocacy promote the change of social attitudes in order to end the cycle of abuse.

Women Are Safe, Inc. (Perry/Hickman/Humphreys/Dickson)

- Phone: (931) 729-9885 | Hotline 1-800-470-1117
- Website: <https://www.womenaresafe.org>

- Eligibility Requirements: survivor of violence and/or sexual violence or impacted by domestic violence
- Fee for Service: Varies by program
- Brief Description: Provide court advocacy, individual counseling, support groups and shelter

National Coalition for Domestic Violence

- Phone: (737) 225-3150
- Website: <https://ncadv.org>
- Eligibility Requirements: survivor of violence and/or sexual violence or impacted by domestic violence
- Fee for Service: Free
- Brief Description: Safety planning and resource support for survivors of domestic violence

National Domestic Violence Hotline Number:

- Phone: 1(800) 799-SAFE (7233), TTY 1 (800) 787-3224
- Website: N/A
- Eligibility Requirements: survivor of violence and/or sexual violence or impacted by domestic violence
- Fee for Service: Free
- Brief Description: Safety planning and resource support for survivors of domestic violence

Spanish Domestic Violence Hotline

- Phone: (800) 799-7233
- Website: N/A
- Eligibility Requirements: survivor of violence and/or sexual violence or impacted by domestic violence
- Fee for Service: Free
- Brief Description: Safety planning and additional resources for people impacted by violence via a hotline

The Hope Line

- Location: 223 Town Center Pkwy #1835, Spring Hill, TN 37174
- Phone: (931) 486-1515
- Website: <https://www.thehopeline.com>
- Eligibility Requirements: any adolescent or young adult
- Fee for Service: Free
- Brief Description: Biblical support via a crisis line for adolescents and young adults

NAMI

- Location: 1101 Kermit Drive Suite 605, Nashville TN 37217
- Phone: (615) 361-6608 (Office) | (800) 467-3589 (Helpline)
- Website: www.namitn.org
- Eligibility Requirements: Mental health need personally or in the family, advocacy support or resource linkage support
- Fee for Service: Free
- Brief Description: NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness

Educational Resources

Harmony Family Center Educational Advocacy

- Location: Statewide
- Phone: 865-982-5225
- Website: <https://harmonyfamilycenter.org/educational-advocacy/>
- Eligibility Requirements: School aged children
- Fees for Service: Initial consultation is fee. Service rates are \$75/hour. Most client's need are met in 5 hours or less.
- Brief Service Description: Harmony's professional staff use their specialized training and years of experience to offer support, education, and assistance to families navigating educational services and systems. Our advocates help prepare for school meetings, including IEP, Section 504, S-Team, or Expulsion Hearings. Harmony's advocates will support you by attending school meetings, informing you of your child's educational rights, and negotiating for your child's educational needs and services.

STEP

- Phone: (800) 280-STEP
- Website: <http://www.tnstep.org/training/>
- Eligibility Requirements: Families who have children with disabilities
- Fee for Service: Varies by program
- Brief Description: Provide training and parent support in understanding how to address the needs of children with disabilities

Marshall Co Adult Learning Center

- Location: 218 W. Commerce St, Lewisburg, TN 37091
- Phone: (931) 359-7609
- Website: <https://www.marshall.kyschools.us/adult-learning-center>
- Eligibility Requirements: Contact above number to see if one qualifies

- Fee for Service: Free
- Brief Description: Marshall County Adult Education offers FREE classes and instruction to the community for: GED test preparation, workplace skills instruction and testing, college entry preparation, online study programs, and basic skills improvement. You can choose class, small group, or individualized instruction, and we offer morning, afternoon, or evening study times. There is something to fit everyone's needs.

Columbia State Community College

- Location: 980 S. Ellington Pkwy, Lewisburg, TN 37091
- Phone: (931) 359-0351
- Website: <http://www.columbiastate.edu/>
- Eligibility Requirements: Varies by program *see admission page
- Fee for Service: Varies by program
- Brief Description: Provide community classes and workforce development

Jones Annex Vocational Advancement Program

- Location: 1701 Old Columbia Road, Lewisburg, TN 37091
- Phone: (931) 359-5548
- Website: N/A
- Eligibility Requirements: Contact number to learn of admission process
- Fee for Service: Varies by program
- Brief Description: Contact number to see different training opportunities

Tennessee Career Center

- Location: 1794 Mooresville Hwy, Lewisburg, TN 37091
- Phone: (931) 359-9726
- Website: <https://www.tn.gov/careers.html>
- Eligibility Requirements: Varies by program
- Fee for Service: Varies by program
- Brief Description: Includes Youth Career Advisor Scholarship Coordinator for youth ages 16 to 21; Dept. of Labor representative, resume building, and interview skills

Children and Teens Resources

Junior's House Child Advocacy Center

- Location: 906 2nd Ave North, Lewisburg, TN 37091
- Phone: (931) 438-3233
- Website: <https://www.juniorshousecac.org>
- Eligibility Requirements: Child survivors of abuse and their families
- Fee for Service: Free
- Brief Description: Support for child and non-offending family exposed to child sexual abuse and severe physical abuse. These features include a child-oriented facility, multi-disciplinary team investigation, forensic interviews, therapy services, training/education, and research.

Teens Transitioning into Adulthood Resources

TN Dept of Children's Services - Independent Living Program

- Website: <https://www.tn.gov/dcs/program-areas/youth-in-transition/il.html>
- Eligibility Requirements: Youth moving out of foster care with the state up to the age of 21.
- Fee for Service: no fee
- Brief Service Description: Provides a comprehensive Independent Living Program for youth moving out of foster care, including support with housing, education, life skills and other needs to help the youth successfully live on their own.

Youth Villages

- Shelby Oaks Office
 - Programs: Intercept Intensive In-home Services, Foster Care, YVLifeSet, Adoption, Specialized Crisis Services & Mentoring
 - Location: 5515 Shelby Oaks Drive, Memphis, TN 38134
 - Phone: 901-252-7600

Legal and Advocacy Resources

Legal Aid Society of Middle TN

- Location: 1503 Hatcher Ln Suite 105, Columbia, TN 38401
- Phone: (931) 381-5533 or 1(800) 238-1443
- Website: <http://las.org/>
- Eligibility Requirements: Cases accepted range from employment, family and domestic violence, health and benefits, housing, and money
- Fee for Service: Free
- Brief Description: We are Tennessee's largest nonprofit law firm that takes a comprehensive approach to providing high quality, free, civil legal services and community education for people to protect their livelihoods, their health, and their families.

Tennessee Justice Center

- Phone: (615) 255-0331
- Website: <https://www.tnjustice.org>
- Eligibility Requirements: TJC's work is driven by the individual clients we serve. From children who need speech therapy or nursing services to adults who are being told they no longer qualify for TennCare and the life-saving services they need, TJC is committed to helping our clients access healthcare.
- Fee for Service: Free
- Brief Description: Provide advocacy, legal support, and trainings for community members with TennCare

Financial Assistance and Basic Needs Resources

Department of Human Services

- Location: 930 N Ellington Pkwy, Lewisburg, TN 37091
- Phone: (931) 270-2234
- Website: <https://www.tn.gov/humanservices>
- Eligibility Requirements: Varies by program
- Fee for Service: Varies by program
- Brief Description: Provide financial support: Families First, Food Stamps, TennCare

Good Samaritan

- Location: 131 E. Commerce Street, Lewisburg, TN 37091
- (931) 359-4806
- Website: N/A
- Eligibility Requirements: Varies by program
- Fee for Service: Free
- Brief Description: Provides: food, clothes, and additional emergency supplies.

South Central Human Resource Agency

- Location: 1572 Old Columbia Road, Lewisburg, TN 37091
- Phone: (931) 359-6393
- Website: <https://www.schra.us>
- Eligibility Requirements: See website for specific requirements by programs
<http://www.schra.us/county-service-centers/maury-county>
- Fee for Service: Varies by program
- Brief Description: Provides services ranging from community block grants, emergency food assistance, weatherization assistance, low income home energy assistance, community corrections, senior citizens support, and meal sites.

Department of Human Services

- Location: 930 N Ellington Pkwy, Lewisburg, TN 37091
- Phone: (931) 270-2234
- Website: <https://www.tn.gov/humanservices>
- Eligibility Requirements: Varies by program
- Fee for Service: Varies by program
- Brief Description: Food Stamps and additional forms of support varies by county

Meals on Wheels

- Location: 230 College Street, Lewisburg, TN 37091
- Phone: (931) 359-1808
- Website: <https://www.marshallcountyttn.com/senior-citizens>
- Eligibility Requirements: Adults 60 or older
- Fee for Service: \$1.50 per meal
- Brief Description: \$1.50 per meal

Lewisburg Housing Authority

- Location: 744 Bark Street, Lewisburg, TN 37091
- Phone: (931) 359-4517
- Website: <https://affordablehousingonline.com/housing-authority/Tennessee/Lewisburg-Housing-Authority/TN032>
- Eligibility Requirements: families and senior/disabled individuals
- Fee for Service: not applicable
- Brief Description: The Lewisburg Housing Authority (LHA) is currently accepting Public Housing waiting list pre-applications for families and senior/disabled individuals. The LHA offers one Public Housing community with 216 units for families and senior/disabled individuals.

Maple Grove Apartments

- Location: 1230 S. Ellington Pkwy, Lewisburg, TN 37091

- Phone: (931) 359-6735
- Website: N/A
- Eligibility Requirements: Income Based
- Fee for Service: Contact above number regarding application fee
- Brief Description: Housing that is income based

Northgate Arms Apartments

- Location: 1038 Cornersville Hwy, Lewisburg, TN 37091
- Phone: (931) 359-5461
- Website: N/A
- Eligibility Requirements: Contact above number regarding eligibility
- Fee for Service: Contact above number regarding eligibility
- Brief Description: Income Based Housing

Pear Tree Apartments

- Location: 1199 Nashville Hwy #33, Lewisburg, TN 37091
- Phone: (931) 359-3261
- Eligibility Requirements: Contact above number regarding eligibility
- Fee for Service: Contact above number regarding eligibility
- Brief Description: Income Based Housing

Good Samaritan

- Location: 131 E. Commerce Street, Lewisburg, TN 37091
- Phone: (931) 359-4806
- Website: N/A
- Eligibility Requirements: Varies by program
- Fee for Service: Free
- Brief Description: Provides: food, clothes, and additional emergency supplies. Open for Clothes shopping on Tues from 9am–5pm Donate clothes Mon and Thurs from 8am–1pm



NORTHWEST



Early Childhood Resources

Therapy and Learning Center (TLC)

- Location: 10 Garland Rd Jackson TN 38305 (Central office)
- Phone: (731) 664-3670
- Website: <https://www.wth.org/services/therapy-and-learning-center/>
- Eligibility Requirements: Children and Adults on the disability spectrum
- Fee for Service: TNCARE accepted
- Brief Service Description: The Therapy and Learning Center (TLC) provides services for children and adults living with a variety of disability. These services include: Speech therapy, physical therapy, occupational therapy, Early Intervention therapy, Day Care, and Disability Services

TEIS Tennessee Early Intervention System

- Referral line: (800) 852-7157
- Website: <https://www.tn.gov/didd/for-consumers/tennessee-early-intervention-system-teis.html>
- Eligibility Requirements: Children showing needs of developmental delay. Referral from pediatrician.
- Fee for Service: TNCARE accepted
- Brief Service Description: In home assessments regarding developmental achievement, case management support for referrals, in home interventions for developmental milestone growth such as occupational and physical therapy support, speech therapy support, eating therapy support, parenting skills, and resource linkage support.

STAR Center

- Location: 1119 Old Humboldt Road Jackson, TN 38305
- Phone: (731) 668-3888
- Website: <https://star-center.org>

- Eligibility Requirements: Physical Impairments, Mental Health or Developmental Disabilities
- Fee for Service: TNCARE, and self-pay sliding scale
- Brief Service Description: ABA Services, Art, Music, and Speech Therapy, and Vision Services, Learning Lab (academic support) Vocational training/rehab

Mental Health, Alcohol and Substance Abuse, and Health Resources

Harmony Family Center (Adoption Support and Preservation Program)

- Location: Statewide/In-home Services
- Phone: (888) 848-2727
- Website: <https://harmonyfamilycenter.org/pre-post-adoption/asap-gsap-services/>
- Eligibility Requirements: Adopted children 18 and under
- Fees for Service: Free services for children adopted via foster care, sliding scale for other adoptive families
- Brief Service Description: In-home, trauma informed assessment and family-focused counseling.

Lakeside Behavioral Health Hospital

- Location: 2911 Brunswick Road, Memphis, TN 38133
- Phone: (901) 377-4700
- Website: <https://lakesidebhs.com/about/>
- Eligibility Requirements: For adolescents and young adults struggling with depression, anxiety and substance abuse, For adults dealing with depression, bipolar, schizophrenia and other mental illnesses, For seniors coping with early-to-late stage dementia, depression and other illnesses, For people with addiction disorders such as alcoholism, substance abuse and drug addiction, and For people with co-occurring psychiatric and addiction issues
- Fees for Service: TNCARE accepted and private insurances
- Brief Description: Inpatient psych unit for children, adolescents, and adults and day treatment program

Associates in Pediatric Therapy

- Location: 199 Henslee Dr, Dickson, TN 37055
- Phone: (615) 652-1082
- Website: <https://kidtherapy.org>

- Eligibility Requirements: Varies by program
- Fees for Service: Varies by program
- Brief Description: Occupational therapy, speech therapy, physical therapy, feeding therapy

Nancy Plunk at Beyer Psychology Group

- Location: 26 Lamar Circle, Suite 3, Jackson, TN 38305
- Phone: (731) 660-2850
- Website: <https://www.beyerpsychgroup.com/our-team.html>
- Eligibility Requirements: Mental Health and Emotional Support
- Fees for Service: TNCARE accepted, private insurances, and self-pay
- Brief Description: EMDR and other trauma treatment

JACOIA

- Location: 900 East Chester Street, Jackson, TN, 38301
- Phone: (731) 423-3653
- Website: <https://www.jacoa.org>
- Eligibility Requirements: Drug addiction support needs
- Fees for Service: Available upon request
- Brief Description: The mission of JACOIA is to provide the highest quality of care possible to people who are suffering from substance use disorders or co-occurring mental health disorders in an environment that preserves and promotes the dignity of the persons served without regard to race, color, creed, gender, economic or social circumstance, sexual orientation, or national origin.

Pathways Mental Health

- Location: 238 Summar Drive, Jackson, TN 38301
- Phone: (731) 541-8200 or 1 (800) 587-3854
- Website: <https://www.wth.org/locations/pathways-dyer-county-office/>
- Eligibility Requirements: Mental Health Needs-can self-refer
- Fees for Service: TNCARE accepted and some private insurance

- Brief Description: Individual youth and adult counseling, youth and adult case management, adult crisis, adult in patient (detox), youth and adult medication management, youth Individual Outpatient Program (Intensive group 3 times a week).

Quinco Mental Health Centers

- Phone: (731) 658-6113
- Website: <http://quincocmhc.com>
- Eligibility Requirements: Mental Health Needs-can self-refer
- Fees for Service: Accepts insurance plans and works with sliding fee scale for those who qualify
- Brief Description: Youth and adult individual counseling, youth and adult case management, youth and adult medication management services.

Youth Villages:

- Location: 412 Tyson Avenue, Paris, TN 38242
- Phone: (731) 641-4141
- Website: <https://www.youthvillages.org>
- Eligibility Requirements: Although admission requirements vary based on the individual program, generally speaking, we treat: Hard-to-help, hard-to-place children; children who have failed at numerous other programs often find success here, children with emotional and behavioral problems plus co-occurring medical issues, Children who have severe acting out behavior, Boys and girls, ages 7-18, Children with Verbal IQ 50 and above, Children with problem sexual behaviors, Emotionally disturbed children with developmental delays or disabilities, and Children who are medically fragile
- Fees for Service: TNCARE accepted for others call and request
- Brief Description: Youth Villages is a private nonprofit organization dedicated to helping emotionally and behaviorally troubled children and their families live successfully.

NAMI Memphis

- Location: 5830 Mt Moriah Rd #6, Memphis, TN 38115
- Phone: (901) 725-0305

- Website: www.namitn.org
- Eligibility Requirements: Mental health need personally or in the family, advocacy support or resource linkage support
- Fees for Service: Free
- Brief Description: NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

Wo/Men Rape Assistance Program - WRAP

- Location: 512 Roland Ave, Jackson, TN, United States
- Phone: (731) 668-0411, 24/7 Hotline: 1 (800) 273-8712
- Website: <https://www.wraptn.org>
- Eligibility Requirements: Domestic violence or rape victim
- Fees for Service: Free
- Brief Description: Founded by a small group of volunteers in 1975 as a Rape Crisis line for women in Madison County, Tennessee, WRAP has grown over the last 40 years into a dual domestic violence/sexual assault program serving 19 counties in West Tennessee. WRAP is committed to a survivor-centered, empowerment-focused practice model that embraces a more holistic, trauma-informed approach to the provision of services, and WRAP is implementing an evidence-based approach to service provision that is grounded in our values of safety, service, social justice, dignity and worth of the person, importance of human relationships, integrity, and competence. These values are shared by all those work with WRAP--whether staff member or volunteer.

Educational Resources

Harmony Family Center Educational Advocacy

- Location: Statewide
- Phone: 865-982-5225
- Website: <https://harmonyfamilycenter.org/educational-advocacy/>
- Eligibility Requirements: School aged children
- Fees for Service: Initial consultation is fee. Service rates are \$75/hour. Most client's need are met in 5 hours or less.
- Brief Service Description: Harmony's professional staff use their specialized training and years of experience to offer support, education, and assistance to families navigating educational services and systems. Our advocates help prepare for school meetings, including IEP, Section 504, S-Team, or Expulsion Hearings. Harmony's advocates will support you by attending school meetings, informing you of your child's educational rights, and negotiating for your child's educational needs and services.

TN Voices for Children

- Location: 1920 Kirby Pkwy, Germantown, TN 38138
- Phone: (901) 758-2522
- Website: <https://tnvoices.org>
- Eligibility Requirements: Academic or educational needs for IEP support or behavioral planning
- Fees for Service: Free
- Brief Description: Case management for resource linkage, IEP support to school meetings, advocacy for children and families, training for parents for advocacy support.

Children and Teens Resources

Oaks Behavioral Hospital

- Location: 49 Old Hickory Blvd, Jackson, TN 38305
- Phone: (731) 668-5880
- Website: <https://woodridgebehavioral.com/madison-oaks-academy/>
- Eligibility Requirements: Males and Females, Ages 12–17 upon admission, IQ 70 or higher, under 70 considered on an individual basis, Mental Health Diagnosis (DSM V), and Ongoing mental health symptoms with an inability to be managed in a less restrictive setting
- Fees for Service: TNCARE accepted
- Brief Description: Inpatient residential in Jackson TN 73 bed facility for both males and females focusing on behavioral issues and mental health needs ages 12-17.

McDowell Center for Children

- Location: 711 US-51 BYP, Dyersburg, TN 38024
- Phone: (731) 286-2869
- Website: <http://mcdowellcenterforchildren.com>
- Eligibility Requirements: Juvenile Justice and substance abuse needs driven by mental health needs. Criteria met upon assessment process.
- Fees for Service: TNCARE accepted and private insurances
- Brief Description: Inpatient residential in Dyersburg for males 28 bed facility for ages 12-18 focusing on mental health needs, behavioral issues, and substance abuse

Lakeshore Summer Camp

- Location: 1458 Pilot Knob Rd Eva, TN 38333
- Phone: (731) 584-6102
- Website: <http://mcdowellcenterforchildren.com>

- Eligibility Requirements: Contingent upon the specific camp being registered for. Camps require some of the following criteria, sexual abuse, mental health diagnoses, and drug exposure both in utero and in early childhood exposure.
- Fees for Service: Free for qualifying mental health camps, other camps are fee for service as they are regular summer camp programs
- Brief Description: Summer Camps: CAMP HOPE Free for children and teens for subject matter such as sexual abuse, drug and alcohol abuse/exposure, mental health diagnoses, and more. Other camps are available for summer for a fee.

Teens Transitioning into Adulthood Resources

TN Dept of Children's Services - Independent Living Program

- Website: <https://www.tn.gov/dcs/program-areas/youth-in-transition/il.html>
- Eligibility Requirements: Youth moving out of foster care with the state up to the age of 21.
- Fee for Service: no fee
- Brief Service Description: Provides a comprehensive Independent Living Program for youth moving out of foster care, including support with housing, education, life skills and other needs to help the youth successfully live on their own.

Madison-Haywood Developmental Services

- Website: <https://mhds.org>
- Eligibility Requirements: Developmental disability, mental health need
- Fee for Service: TNCARE accepted
- Brief Service Description: MHDS provides services to individuals in different settings according to their individual needs and goals within their Individual Support Plan (ISP). Group homes, job training and other supportive services for developmentally delayed or handicapped adults

*Other locations:

- Day Site and Administrative Building
Location: 38 Garland Drive, Jackson, TN 38305
Phone: (731) 664-0855 | Fax: (731) 668-2433
- Bolivar Office
Location: 615 Moss Lane, Bolivar, TN 38008
Phone: (731) 658-4404 | Fax: (731) 658-3280

Legal and Advocacy Resources

West TN Legal Services

- Location: 113 West Paris Street (Huntingdon Office)
- Phone: (731) 986-8976
- Website: <https://wtls.org>
- Eligibility Requirements: Services available to the underserved populations of Benton, Carroll, Chester, Crockett, Dyer, Decatur, Gibson, Hardeman, Hardin, Haywood, Henry, Henderson, Lake, McNairy, Madison, Obion, and Weakley counties.
- Fees for Service: Non-fee generated cases
- Brief Description: WTLS is a non-profit organization that provides assistance in civil cases to individuals, families and communities.



SOUTHWEST



Early Childhood Resources

Therapy and Learning Center (TLC)

- Location: 34 Garland Dr, Jackson, TN 38305
- Phone: (731) 668-9070
- Website: <https://www.wth.org/services/therapy-and-learning-center/>
- Eligibility Requirements: Children and Adults on the disability spectrum
- Fees for Service: TNCARE accepted
- Brief Description: The Therapy and Learning Center (TLC) provides services for children and adults living with a variety of disability. These services include: **S**peech therapy, physical therapy, occupational therapy, Early Intervention therapy, Day Care, and Disability Services

TEIS Tennessee Early Intervention System

- Referral line: (800) 852-7157
- Website: <https://www.tn.gov/didd/for-consumers/tennessee-early-intervention-system-teis.html>
- Eligibility Requirements: Children showing needs of developmental delay. Referral from pediatrician.
- Fees for Service: TNCARE accepted
- Brief Service Description: In home assessments regarding developmental achievement, case management support for referrals, in home interventions for developmental milestone growth such as occupational and physical therapy support, speech therapy support, eating therapy support, parenting skills, and resource linkage support.

Mental Health, Alcohol and Substance Abuse, and Health Resources

Harmony Family Center (Adoption Support and Preservation Program)

- Location: Statewide/In-home Services
- Phone: (888) 848-2727
- Website: <https://harmonyfamilycenter.org/pre-post-adoption/asap-gsap-services/>
- Eligibility Requirements: Adopted children 18 and under
- Fees for Service: Free services for children adopted via foster care, sliding scale for other adoptive families
- Brief Service Description: In-home, trauma informed assessment and family-focused counseling.

Nancy Plunk at Beyer Psychology Group

- Location: 26 Lamar Circle, Suite 7, Jackson, TN 38305
- Phone: (731) 660-2850
- Website: <https://www.beyerpsychgroup.com>
- Eligibility Requirements: Mental Health and Emotional Support
- Fees for Service: TNCARE accepted, private insurances, and self-pay
- Brief Service Description: EMDR and other trauma treatment

Carissa Battle

- Location: 386 Carriage House Drive, Jackson, Tennessee 38305-2236
- Phone: (540) 336-6111
- Website: N/A
- Eligibility Requirements: Mental Health, Emotional and Behavioral Support
- Fees for Service: Private insurances, and self-pay
- Brief Service Description: Individual counseling with kids and teens

Oaks Behavioral Hospital

- Location: 49 Old Hickory Blvd, Jackson, TN 38305
- Phone: (731) 668-5880
- Website: <https://woodridgebehavioral.com/madison-oaks-academy/>
- Eligibility Requirements: Males and Females, Ages 12–17 upon admission, IQ 70 or higher, under 70 considered on an individual basis, Mental Health Diagnosis (DSM V), and Ongoing mental health symptoms with an inability to be managed in a less restrictive setting
- Fees for Service: TNCARE accepted
- Brief Service Description: Inpatient residential in Jackson TN 73 bed facility for both males and females focusing on behavioral issues and mental health needs ages 12-17.

McDowell Center for Children

- Location: 711 US-51 BYP, Dyersburg, TN 38024
- Phone: (731) 286-2869
- Website: <https://mcdowellcenterforchildren.com>
- Eligibility Requirements: Juvenile Justice and substance abuse needs driven by mental health needs. Criteria met upon assessment process
- Fees for Service: TNCARE accepted and private insurances
- Brief Service Description: Inpatient residential in Dyersburg for males 28 bed facility for ages 12-18 focusing on mental health needs, behavioral issues, and substance abuse

Lakeside Behavioral Health Hospital

- Location: 2911 Brunswick Road, Memphis, TN 38133
- Phone: (901) 377-4700
- Website: <https://lakesidebhs.com/about/>
- Eligibility Requirements: For adolescents and young adults struggling with depression, anxiety and substance abuse, For adults dealing with depression, bipolar, schizophrenia and other mental illnesses, For seniors coping with early-to-late stage dementia, depression and other illnesses, For people with addiction disorders such as alcoholism, substance abuse and drug addiction, and For people with co-occurring psychiatric and addiction issues
- Fees for Service: TNCARE accepted and private insurances

- Brief Description: Inpatient psych unit for children, adolescents, and adults and day treatment program

Pathways Mental Health

- PCS Appointments: (844) 727-2778
- Website: <https://www.wth.org/services/pathways-behavioral-health-services/>
- Eligibility Requirement: Mental Health Needs - can self-refer
- Fees for Service: TNCARE accepted and some private insurance
- Brief Service Description: Individual youth and adult counseling, youth and adult case management, adult crisis, adult in patient (detox), youth and adult medication management, youth Individual Outpatient Program (Intensive group 3 times a week).

Quinco Mental Health Centers

- Phone: (731) 658-6113
- Website: <http://quincocmh.com>
- Eligibility Requirement: Mental Health Needs-can self-refer
- Fees for Service: Accepts insurance plans and works with sliding fee scale for those who qualify
- Brief Service Description: Youth and adult individual counseling, youth and adult case management, youth and adult medication management services.

*Other Locations:

- Chester County Center
Phone: (731) 989-3401
- Hardeman County Center
Phone: (731) 658-6113
- Henderson County Center
Phone: (731) 967-8803
- Madison County Center
Phone: (731) 664-2111

- McNairy County Center
Phone: (731) 645-5753
- Hardin County Center
Phone: (731) 925-1022

Youth Villages:

- Crisis Line: 1-855-274-7471
- Website: <http://www.youthvillages.org>
- Eligibility Requirement: Although admission requirements vary based on the individual program, generally speaking, we treat: Hard-to-help, hard-to-place children; children who have failed at numerous other programs often find success here, children with emotional and behavioral problems plus co-occurring medical issues, Children who have severe acting out behavior, Boys and girls, ages 7-18, Children with Verbal IQ 50 and above, Children with problem sexual behaviors, Emotionally disturbed children with developmental delays or disabilities, and Children who are medically fragile
- Fees for Service: TNCARE accepted for others call and request
- Brief Service Description: Helping emotionally and behaviorally troubled children and their families live successfully.

JACO

- Location: 900 East Chester Street, Jackson, TN 38301
- Phone: (731) 423-3653
- Website: <https://www.jacoa.org>
- Eligibility Requirement: Drug addiction support needs-call for specific details
- Fees for Service: Available upon request
- Brief Service Description: The mission of JACO is to provide the highest quality of care possible to people who are suffering from substance use disorders or co-occurring mental health disorders in an environment that preserves and promotes the dignity of the persons served without regard to race, color, creed, gender, economic or social circumstance, sexual orientation, or national origin.

- Lakeside Behavioral Health Hospital

Location: 2911 Brunswick Road, Memphis, TN 38133

Phone: (901) 377-4700

Website: <https://lakesidebhs.com/about/>

- Eligibility Requirements: For adolescents and young adults struggling with depression, anxiety and substance abuse, For adults dealing with depression, bipolar, schizophrenia and other mental illnesses, For seniors coping with early-to-late stage dementia, depression and other illnesses, For people with addiction disorders such as alcoholism, substance abuse and drug addiction, and For people with co-occurring psychiatric and addiction issues
- Fees for Service: TNCARE accepted and private insurances
- Brief Description: Inpatient psych unit for children, adolescents, and adults and day treatment program

Wo/Men Rape Assistance Program - WRAP

- Location: 512 Roland Ave, Jackson, TN, United States
- Phone: (731) 668-0411, 24/7 Hotline: 1 (800) 273-8712
- Website: <https://www.wraptn.org>
- Eligibility Requirements: Domestic violence or rape victim
- Fees for Service: Free
- Brief Description: Founded by a small group of volunteers in 1975 as a Rape Crisis line for women in Madison County, Tennessee, WRAP has grown over the last 40 years into a dual domestic violence/sexual assault program serving 19 counties in West Tennessee. WRAP is committed to a survivor-centered, empowerment-focused practice model that embraces a more holistic, trauma-informed approach to the provision of services, and WRAP is implementing an evidence-based approach to service provision that is grounded in our values of safety, service, social justice, dignity and worth of the person, importance of human relationships, integrity, and competence. These values are shared by all those work with WRAP--whether staff member or volunteer.

STAR Center

- Location: 1119 Old Humboldt Road Jackson, TN 38305
- Phone: (731) 668-3888
- Website: <https://star-center.org>
- Eligibility Requirements: Physical Impairments, Mental Health or Developmental Disabilities
- Fee for Service: TNCARE, and self-pay sliding scale
- Brief Service Description: ABA Services, Art, Music, and Speech Therapy, and Vision Services, Learning Lab (academic support) Vocational training/rehab

Educational Resources

Harmony Family Center Educational Advocacy

- Location: Statewide
- Phone: 865-982-5225
- Website: <https://harmonyfamilycenter.org/educational-advocacy/>
- Eligibility Requirements: School aged children
- Fees for Service: Initial consultation is fee. Service rates are \$75/hour. Most client's need are met in 5 hours or less.
- Brief Service Description: Harmony's professional staff use their specialized training and years of experience to offer support, education, and assistance to families navigating educational services and systems. Our advocates help prepare for school meetings, including IEP, Section 504, S-Team, or Expulsion Hearings. Harmony's advocates will support you by attending school meetings, informing you of your child's educational rights, and negotiating for your child's educational needs and services.

TN Voices for Children

- Location: 1920 Kirby Parkway Suite 200 Memphis, TN 38138
- Phone: [\(901\) 758-2522](tel:9017582522)
- Website: <https://tnvoices.org>
- Eligibility Requirements: Academic or educational needs for IEP support or behavioral planning
- Fee for Service: Free
- Brief Service Description: Case management for resource linkage, IEP support to school meetings, advocacy for children and families, training for parents for advocacy support.

STEP Program

- Phone: 1 800-280-STEP
- Website: <https://www.tnstep.org>

- Eligibility Requirements: Meet needs for children with academic or behavioral needs as well as mental health support in the school setting.
- Fee for Service: Free
- Brief Service Description: Advocacy program for children in schools and training programs for parents

Children and Teens Resources

Lakeshore Summer Camp

- Location: 1458 Pilot Knob Rd Eva, TN 38333
- Phone: (731) 584-6102
- Website: <https://lakeshorecamp.org>
- Eligibility Requirements: Contingent upon the specific camp being registered for. Camps require some of the following criteria, sexual abuse, mental health diagnoses, and drug exposure both in utero and in early childhood exposure.
- Fee for Service: Free for qualifying mental health camps, other camps are fee for service as they are regular summer camp programs
- Brief Service Description: Summer Camps: CAMP HOPE Free for children and teens for subject matter such as sexual abuse, drug and alcohol abuse/exposure, mental health diagnoses, and more. Other camps are available for summer for a fee.

Teens Transitioning into Adulthood Resources

TN Dept of Children's Services - Independent Living Program

- Website: <https://www.tn.gov/dcs/program-areas/youth-in-transition/il.html>
- Eligibility Requirements: Youth moving out of foster care with the state up to the age of 21.
- Fee for Service: no fee
- Brief Service Description: Provides a comprehensive Independent Living Program for youth moving out of foster care, including support with housing, education, life skills and other needs to help the youth successfully live on their own.

Madison-Haywood Developmental Services

- Website: <https://mhds.org>
- Eligibility Requirements: Developmental disability, mental health need
- Fee for Service: TNCARE accepted
- Brief Service Description: MHDS provides services to individuals in different settings according to their individual needs and goals within their Individual Support Plan (ISP). Group homes, job training and other supportive services for developmentally delayed or handicapped adults

*Other locations:

- Day Site and Administrative Building
Location: 38 Garland Drive, Jackson, TN 38305
Phone: (731) 664-0855 | Fax: (731) 668-2433
- Bolivar Office
Location: 615 Moss Lane, Bolivar, TN 38008
Phone: (731) 658-4404 | Fax: (731) 658-3280

Legal and Advocacy Resources

NAMI

- Phone: (800) 467-3589
- Website: <https://www.namitn.org>
- Eligibility Requirements: Mental health need personally or in the family, advocacy support or resource linkage support
- Fee for Service: Free
- Brief Service Description: NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

West Tennessee Legal Services:

- Phone: 1 (800) 372-8346
- Website: <https://wtls.org>
- Eligibility Requirements: Services available to the underserved populations of Benton, Carroll, Chester, Crockett, Dyer, Decatur, Gibson, Hardeman, Hardin, Haywood, Henry, Henderson, Lake, McNairy, Madison, Obion, and Weakley counties.
- Fee for Service: Non-fee generated cases
- Brief Service Description: WTLS is a non-profit organization that provides assistance in civil cases to individuals, families and communities.

*Other locations:

- Jackson Office: 210 W. Main Street Jackson TN
- Dyersburg Office: 208 South Church Avenue Dyersburg TN
- Huntingdon Office: 113 West Paris Street Huntingdon TN
- Selmer Office: 141 North Third Street Selmer TN



SHELBY



Early Childhood Resources

Le Bonheur Early Intervention and Development

- Location: 848 Adams Avenue, Memphis, Tennessee 38103
- Phone: (901) 287-KIDS
- Website: <https://www.lebonheur.org/our-services/le-bonheur-in-the-community/le-bonheur-early-intervention-and-development/>
- Eligibility Requirements: Families who benefit from Early Intervention typically have children who are born prematurely, has genetic, neurological or acquired disorders, has vision, hearing or other sensory impairments, experience delays in one or more areas of developmental or are at risk for delays, and has feeding difficulties.
- Fees for Service: insurance based
- Brief Service Description: Le Bonheur Early Intervention and Development (LEAD) provides early intervention services children age birth to three years. Services are provided in homes and community-based child care centers. LEAD partners with the Tennessee Early Intervention System. LEAD is designated as an Early Intervention Resource Agency by Tennessee's Department of Education.

SR VS (pronounced serves)

- Location: 3971 Knight Arnold Road, Memphis, TN 38118
- Phone: (901) 869-7787
- Website: <https://www.srvs.org>
- Eligibility Requirements: Residents of West Tennessee with disabilities. Evaluations are given to determine eligibility and establish admission.
- Fee for Services: Blue Cross Blue Shield of TN; Cigna; Coventry; United Healthcare; and Health Cost Solutions. If you do not have one of these insurance carriers, you can call to discuss options.

- Brief Service Description: SRVS offers the most comprehensive disabilities services solutions in West Tennessee under one roof. Services include residential, employment, clinical and learning center services. We now provide children's services through our SRVS Kids & Families program. SRVS Kids & Families offers a variety of therapy services to children and youth from birth to 12 years old. Licensed therapists develop individualized plans to help each child meet developmental goals and milestones. Our team of experienced pediatric therapists is committed to providing high-quality therapy services in a personalized, compassionate, family-friendly manner. Therapies include: Applied Behavior Analysis (ABA); Physical Therapy; Speech-Language Therapy; and Occupational Therapy.

T.E.I.S Tennessee Early Intervention System

- Location: 2175 Business Center Drive, Memphis TN 38134
- Phone: (901) 937-6738
- Website: <https://www.tn.gov/didd/for-consumers/tennessee-early-intervention-system-teis.html>
- Eligibility Requirements: Children diagnosed with certain disabilities or children whose test results show that they have a 25% delay in two developmental areas or a 40 % delay in one area may be eligible for TEIS. The developmental areas are motor, communication, cognition, self- help and social emotional.
- Fees for Service: Some services (including evaluation, assessment, and service coordination) are provided with no charge to family. Other services utilize private insurance, Medicaid, and government benefits.
- Brief Service Description: TEIS links families with supports and services to help them work with their child (birth through two years of age) who has a disability or developmental delay. Children diagnosed with certain disabilities or children whose test results show that they have a 25% delay in two developmental areas or a 40 % delay in one area may be eligible for TEIS. The developmental areas are motor, communication, cognition, self-help and social emotional.

The Regional Intervention Program (RIP)

- University of Memphis — 4111 South MSU B St., Bldg 48, Memphis, TN 38152
- Phone: (615) 963-1177
- Website: <https://www.memphis.edu/icl/rip/>
- Eligibility Requirements: Parent or legal guardian is a Tennessee resident, target child is younger than 6 years of age at the time the child is enrolled in the program or is placed on the waiting list, and family has concerns regarding target child's behavior in home, preschool, or community settings. Developmental concerns may also be present, but are not required, parent or legal guardian agrees to participate fully during each scheduled visit at RIP, parent or legal guardian can provide proof of a recent well-child visit and current immunization records.
- Fees for Service: There is no monetary cost to enrolled families. Adult family members pay with their time, energy, and commitment by helping support and train new families.
- Brief Service Description: The Regional Intervention Program (RIP) is a parent-implemented, professionally-supported program for young children and their families who are experiencing challenging behaviors. RIP has been serving families with young children since 1969. This unique, internationally-recognized program guides parents in learning the skills to work directly with their own children while they receive training and support from experienced RIP families.

Mental Health, Alcohol and Substance Abuse, and Health Resources

Harmony Family Center (Adoption Support and Preservation Program)

- Location: Statewide/In-home Services
- Phone: (888) 848-2727
- Website: <https://harmonyfamilycenter.org/pre-post-adoption/asap-gsap-services/>
- Eligibility Requirements: Adopted children 18 and under
- Fees for Service: Free services for children adopted via foster care, sliding scale for other adoptive families
- Brief Service Description: In-home, trauma informed assessment and family-focused counseling.

Alcoholics Anonymous - Memphis Area Intergroup Association

- Phone: (901) 454-1414
- Website: <http://www.memphis-aa.org>
- Eligibility Requirements: individuals struggling with addiction
- Fees for Service: none
- Brief Service Description: Substance Use Disorder Services, Alcohol Use Disorder Support Groups

Alliance Healthcare Services - Summer Avenue Clinic - Mental Health Services

- Location: 3628 Summer Avenue, Memphis, TN 38122
- Phone: (901) 452-6941
- Website: www.alliance-hs.org
- Eligibility Requirements: Varies depending on program
- Fees for Service: Accepts a variety of insurance plans, including Medicare and TennCare. Also participates in the Mental Health Safety Net Program and offers payment plans based on a sliding fee.

- Brief Service Description: Provides outpatient behavioral health services for adults and children. Specialized programs are also available based upon specific eligibility criteria and funding and may include psychiatric evaluations, psychotropic medication, supportive counseling, group therapy, alcohol/drug treatment.

Alliance Healthcare Services - Winchester Clinic - Mental Health Services

- Location: 3810 Winchester Road, Memphis, TN 38118
- Phone: (901) 369-1400
- Website: www.alliance-hs.org
- Eligibility Requirements: varies depending on program
- Fees for Service: Accepts a variety of insurance plans, including Medicare and TennCare. Also participates in the Mental Health Safety Net Program and offers payment plans based on a sliding fee.
- Brief Service Description: Winchester Clinic in Memphis provides outpatient behavioral health services for adults and children. Specialized programs are available based upon specific eligibility criteria and funding and may include mental health assessments, psychiatric evaluations, psychotropic medication, supportive counseling, group therapy and alcohol/drug treatment.

Alliance Healthcare Services - Medically Monitored Detoxification

- Location: 951 Court Avenue, Memphis, TN 38103
- Phone: (901) 577-9400
- Website: www.alliance-hs.org
- Eligibility Requirements: varies depending on program
- Fees for Service: Accepts a variety of insurance plans, including Medicare and TennCare. Also participates in the Mental Health Safety Net Program and offers payment plans based on a sliding fee.
- Brief Service Description: Provides assessment and medically monitored detoxification services for adults (inside Memphis Mental Health Institute).

Behavioral Health Group - BHG Memphis North Treatment Center- Drug Addiction Therapy

- Location: 2165 Spicer Cove Suite 5, Memphis, TN 38134
- Phone: (901) 372-7878
- Website: www.bhgrecovery.com
- Eligibility Requirements: Individuals suffering from opioid addiction.
- Fees for Service: Available upon request
- Brief Service Description: Provides psychiatric therapy for drug addiction, individual therapy that includes methadone maintenance and outpatient detoxification.

Case Management - Memphis - Pregnancy Substance Abuse Program - Baby Love

- Location: 1931 Dorrie Lane, Memphis, TN 38117
- Phone: (901) 271-5348
- Eligibility Requirements: Any women who are pregnant or postpartum for up to 3 months with substance abuse issues and co-occurring disorders, and their eligible children. Intensive outpatient program (Baby Love I) accepts women with up to 2 children, ages 5 and under. Residential program (Baby Love II) accepts children up to age 17 with their mothers.
- Fees for Service: No fee
- Brief Service Description: Provides Baby Love services for mothers, pregnant and postpartum, who are substance abusers with co-occurring disorders. Their children are included in assessment, counseling, and crisis intervention. Provides family-oriented recreation, transportation to support services, information and referrals, and intensive outpatient and residential drug and alcohol treatment.

Compass Intervention Center

- Location: 7900 Lowrance Road Memphis, TN 38125
- Phone: (888) 266-7279
- Website: <https://www.compassinterventioncenter.net/>

- Eligibility Requirements: varies by program
- Fees for Service: insurance based
- Brief Service Description: Compass Intervention Center provides residential and outpatient services to children and teens, ages 6 to 17, struggling with general psychiatric, substance use, or dual diagnosis disorders. Compass Intervention Center provides a continuum of behavioral healthcare services. Our programs include: Intensive Outpatient Program; Partial Hospitalization Program; Residential Treatment Program; and DBT Summer Program for teens

Innovative Counseling & Consulting - Memphis Office

- Location: 1455 Poplar Avenue, Memphis, TN 38104
- Phone: (901) 276-0220
- Website: <https://www.innovativecounselingbhs.com>
- Eligibility Requirements: varies by program
- Fees for Service: insurance based
- Brief Service Description: Provides adult and teen mental health outpatient services, including individual and group counseling and substance abuse counseling with treatment of co-occurring disorders. Counseling covers anger management, parenting issues, twelve step therapy and behavior modification. ICC is licensed by the state of TN as an Alcohol and Drug DUI School.

NAMI- Memphis

- Location: 5830 Mt. Moriah Rd., Suite 6, Memphis, TN 38115
- Phone: (901) 725-0305
- Website: <https://www.namimemphis.org>
- Eligibility Requirements: Persons affected by mental illness and their families
- Fee for Services: no fee
- Brief Service Description: Memphis affiliate of national alliance on mental illness provides specialized information and referral, advocacy, education, and support groups for people

with mental illness, including veterans and the families and persons with mental illness. National website also includes a social networking site for young adults. Provides free classes for persons with mental illness, their friends, and families. Includes classes for family member or caregivers of adults (With Hope in Mind); a program for persons with diagnosis of mental illness (Bridges); a program for caregivers of children under 18 with mental health issues (Basics); teaching packets for schools, health educators and churches to help recognize the warning signs and confront myths about mental illness (Breaking the Silence); plus other mental health awareness programs for children and faith-based organizations and multicultural packets. Provides monthly speakers at different locations (except for November and December when meeting locations change); call to confirm meeting locations, dates and times.

Parkwood Behavioral Health System - Olive Branch, MS

- Location: 8135 Goodman Road, Olive Branch, MS 38654
- Phone: (662) 895-4900
- Website: <http://www.parkwoodbhs.com>
- Eligibility Requirements: varies by program
- Fees for Service: insurance based
- Brief Service Description: Provides psychological and chemical dependency (substance abuse) assistance for ages 18 and older (including psychiatric, alcohol and chemical dependency and dual diagnosis treatment through inpatient, partial hospitalization and intensive outpatient care), adolescent psychological and chemical dependency assistance for ages 12-17, sex offender program for male adolescents ages 13-17, child psychology services for children ages 4-12 (including behavioral assessment, medication management, depression and ADHD treatment with inpatient care and partial hospitalization) and residential treatment center for ages 12-17.

Professional Care Services of West TN - Covington - Counseling & Outpatient Mental Health Services

- Location: 1997 Highway 51 South, Covington, TN 38019
- Phone: (901) 476-8967
- Website: <https://www.pcswn.org>
- Eligibility Requirements: varies by program
- Fees for Service: insurance based
- Brief Service Description: Provides psychological and chemical dependency (substance abuse) assistance for ages 18 and older (including psychiatric, alcohol and chemical dependency and dual diagnosis treatment through inpatient, partial hospitalization and intensive outpatient care), adolescent psychological and chemical dependency assistance for ages 12-17, sex offender program for male adolescents ages 13-17, child psychology services for children ages 4-12 (including behavioral assessment, medication management, depression and ADHD treatment with inpatient care and partial hospitalization) and residential treatment center for ages 12-17.

Youth Villages

- Shelby Oaks Office
 - Programs: Intercept Intensive In-home Services, Foster Care, YVLifeSet, Adoption, Specialized Crisis Services & Mentoring
 - Location: 5515 Shelby Oaks Drive, Memphis, TN 38134
 - Phone: (901) 252-7600

Educational Resources

Harmony Family Center Educational Advocacy

- Location: Statewide
- Phone: 865-982-5225
- Website: <https://harmonyfamilycenter.org/educational-advocacy/>
- Eligibility Requirements: School aged children
- Fees for Service: Initial consultation is fee. Service rates are \$75/hour. Most client's need are met in 5 hours or less.
- Brief Service Description: Harmony's professional staff use their specialized training and years of experience to offer support, education, and assistance to families navigating educational services and systems. Our advocates help prepare for school meetings, including IEP, Section 504, S-Team, or Expulsion Hearings. Harmony's advocates will support you by attending school meetings, informing you of your child's educational rights, and negotiating for your child's educational needs and services.

The ARC

- Location: 3485 Poplar Avenue, Suite 210, Memphis, TN 38111
- Phone: (901) 327-2473
- Website: <http://www.thearc-midsouth.org>
- Eligibility Requirements: individuals with disabilities and their families
- Fee for Services: Funding is provided through the waiver, private pay, and scholarships
- Brief Service Description: The Arc Mid-South advocates for the rights of all people with all disabilities, including developmental and intellectual disabilities. The Community Advocate offers assistance through information and referral, parent meetings, community education, and early childhood developmental screenings. We assist parents with understanding laws such as the Americans with Disabilities Act (ADA) and Individuals with Disabilities Education Act (IDEA). A community advocate is available to consult with families about special

education disputes and attend Individualized Education Program (IEP) meetings when necessary.

Thrive Memphis

- Location: 6560 Poplar Ave # B, Memphis, TN 38138
- Phone: (901) 387-5002
- Website: <https://www.thrivemem.org>
- Eligibility Requirements: EFWT is an inclusive community for individuals with Autism Spectrum Disorder, Down Syndrome, Developmental Delay, Cerebral Palsy, Williams Syndrome, Prader-Willi, Rubenstein Taybi, Schprinten Syndrome, and more
- Fees for Service: Fees vary depending on services provided. Additional fees may include special events and/or field trips.
- Brief Service Description: Provides social, recreational, and continued educational activities for individuals with intellectual disabilities, ages 5 and older. Varied programs include summer camps, after school program, day camps, art classes, field trips, and monthly weekend events that may include theater, sports and music for adults and children with developmental delays or intellectual disabilities such as Autism and Down Syndrome. Once enrolled, participants' families may use the drop-in service.

Mustard Seed - Memphis - After School Tutoring

- Location: 653 Mississippi Boulevard, Memphis, TN 38126
- Phone: (901) 523-9724
- Website: <https://mustardseedincmemphis.org>
- Email: William Salley Program Coordinator wmontana_2000@yahoo.com
- Eligibility Requirements: Any child k-12
- Fees for Service: No Fee
- Brief Service Description: Provides after-school tutoring Mondays 4:00 pm - 5:00 pm for any child, grades K-12 during the school year; provides volunteer tutors from University of Tennessee on Tuesday afternoons during the school year.

Children and Teen Programs

Boys & Girls Clubs of Greater Memphis - Administrative Office/Tutoring & Mentoring

Volunteers

- Location: 44 S Rembert Street, Memphis, TN 38104
- Phone: (901) 278-2947
- Website: www.bgcm.org
- Eligibility Requirements: children ages 6-18 who are enrolled in school in the greater Memphis area
- Fees for Service: \$10.00/year for members during the school year; Summer program fees vary
- Brief Service Description: Seven centers provide gang prevention, drug prevention, vocational training, abstinence programs, learning and recreational activities for children enrolled in school ages 6-18. Adult mentors and tutors welcome.

Girls Inc of Memphis

- Location: 1568 Robin Hood Ln, Memphis, TN 38111
- Phone: (901) 743-8062
- Website: www.girlsincmemphis.org
- Eligibility Requirements: Mentoring support regarding health, substance, and sexual awareness, nutrition and positive body image support and academic support. More specific needs call upon request.
- Fees for Service: Call upon request.
- Brief Service Description: Provides a variety of informal educational programs for girls through in-school, after school and summer camp. These programs include activities and educational programs in six key areas: careers and life planning, health and sexuality, teen pregnancy prevention, leadership and community action, sports and adventure, self-

reliance and life skills, and culture and heritage. (Main office moved in December 2016 to MIFA Building at 910 Vance Ave)

Leadership Empowerment Center - Frayser

- Location: 3925 Overton Crossing, Memphis, TN 38127
- Phone: (901) 358-7788
- Website: <http://www.lecmemphis.org>
- Eligibility Requirements: The majority of the population of youth we serve are from single parent households. They are the under resourced and the high risk youth in the Frayser community in grades K-12. We currently serve youth in the following Frayser schools: Georgian Hills Elementary, Hawkins Mill Elementary, Georgian Hills Middle, Frayser High, and Trezevant High.
- Fees for Service: Call upon request
- Brief Service Description: Provides faith-based programming such as youth leadership, media, sports teams, mentoring, tutoring and life skills classes through the BE3 (Be Empowered - Be Equipped - Be Educated) program for youth in the Frayser area. Provides one-on-one tutoring program with a special emphasis on helping to improve reading and math skills; provides adult mentoring program for youth in Frayser area that includes life skills education (adult mentors needed); provides weekly session of a Media program to teach youth to develop media production skills in music, video, audio and computer-based multi-media. Youth are taught how to create videos and use other forms of social media; and provides a Teen Nite every Friday.

Memphis Family Connection Center

- Location: 815 N McLean Blvd, Memphis, TN 38107
- Phone: (901) 614-1902
- Website: <https://memphisfamilycc.org>
- Eligibility Requirements: Counseling needs for family support, parent training and physical therapy and nutritional support-based on TBRI principles

- Fees for Service: Self-pay on sliding scale
- Brief Service Description: Memphis Family Connection Center seeks to strengthen adoptive and foster children, their families and their support systems by addressing the far-reaching effects of loss and trauma through holistic family centered care and training.

Memphis Office of Youth Services - Memphis Ambassadors Program (MAP)

- Location: 315 S Hollywood Street, Memphis, TN 38104
- Phone: (901) 636-6264
- Website: <http://cityofmemphisyouth.org/>
- Eligibility Requirements: Youth must reside in the City of Memphis, be in grades 9-12 and apply online; applicants are selected by a lottery from pool of applicants. NOTE: PARTICIPANTS IN THIS PROGRAM ARE NOT ELIGIBLE FOR THE CITY OF MEMPHIS MPLOY SUMMER EMPLOYMENT PROGRAM.
- Fees for Service: No Fee
- Brief Service Description: Provides year-round enrichment program for selected youth grades 9-12 who live in the city of Memphis. Usually taking applications online from December 1-31 for the following year. Activities will include youth leadership development, post-secondary preparation, cultural enrichment, green initiatives, life skills training, career exploration, financial literacy, and parental and community involvement. All participating youth will be paid a quarterly stipend. Housed in 7 sites covering seven city council districts, the program will be supported by a community cluster of faith-based institutions, businesses, schools, neighborhood organizations, non-profit agencies, government agencies, parents, and volunteers. During the school year, participating youth will be assigned to Ambassadors program sites at least twice a week after school; plus students do Ambassadors-related projects on their own and participate in a group project one weekend a month. During the summer, youth will participate in the program full-time.

Youth Striving for Excellence (YSE) - After School Tutoring, Summer Camp, Youth Groups

- Location: Scenic Hills Baptist Church — 2886 Allen Road, Memphis, TN 38128

- Phone: (901) 386-9300
- Website: <http://www.youthstriving.org>
- Eligibility Requirements: After School Tutoring is available for girls and boys from first grade and up; ages 7-12 receive tutoring in math, English, Science, History and other subjects; Summer camps are for ages 9-18; Youth Discipleship Club is for urban youth, ages 4-18.
- Fees for Service: No Fee
- Brief Service Description: Provides tutoring in different after school programs, faith-based youth clubs and academic and summer camps. Tuesday afternoon tutoring called Rock 'n' Reading tutors youth in reading, spelling, math and computers. Academic summer camp teaches reading and computer use and the Kids Across America camp teaches Christian values, swimming and canoeing. Discipleship Youth group teaches Christian values including sexual abstinence and leadership training.

Teens Transitioning into Adulthood Resources

TN Dept of Children's Services - Independent Living Program

- Website: <https://www.tn.gov/dcs/program-areas/youth-in-transition/il.html>
- Eligibility Requirements: Youth moving out of foster care with the state up to the age of 21; call for details on eligibility. Young adults who are incarcerated are still eligible unless they receive a felony charge; also pregnant teens are eligible, but must work with team to make a decision about the baby; young adults with serious disability that prevents them from pursuing an education or full time employment may be eligible as well.
- Fee for Service: no fee
- Brief Service Description: Provides a comprehensive Independent Living Program (Independent Living - Transition to Adulthood) for youth moving out of foster care with the state in Shelby County, including support with housing, education, life skills and other needs to help the youth successfully live on their own.

Legal and Advocacy Resources

Community Legal Center - Memphis

- Location: 243 Adams Ave, Memphis, TN 38103
- Phone: (901) 543-3395
- Website: www.clcmemphis.com
- Eligibility Requirements: Income must be between 125% of the federal poverty level and the living wage for Memphis. Leave message on answering machine. An assistant returns calls to determine eligibility, establish nature of the problem, explain procedure and schedule appointments.
- Fee for Services: General Legal Service Fee: \$5.00-\$30.00; Immigration service fee: \$0 - \$60.00; fee may be reduced or waived, depending on individual circumstances of the client.
- Brief Service Description: Provides legal advice, mediation, representation, and referrals for non-contested divorces, adoptions and consumer issues such as problems with used cars and rental agreements. Draws up Do Not Resuscitate orders, powers of attorney/conservatorship for the elderly, wills, living wills, garnishments, conservatorships, guardianships, real estate-related matters, commercial/contract disputes, probate matters, and family law matters for persons in the Memphis area with lower income. Provides legal assistance for eligible immigrants in Arkansas, north Mississippi, Tennessee and the southwest corner of Kentucky. Spanish speaking staff available.

Disability Rights TN - West TN Regional Office – Memphis

- Location: 1407 Union Avenue, Suite 1015
- Phone: (901) 458-6013
- Website: www.disabilityrightstn.org
- Eligibility Requirements: Persons with disabilities or anyone concerned with disability issues in West TN; Requirements determined by federal guidelines and public-driven priorities

annually approved by the Board of Directors. All requests for services must go through a centralized intake process. Intake coordinator can be contacted toll free in Nashville.

- Fee for Service: no fee
- Brief Service Description: Provides enforcement of legal rights of persons with disabilities through disability technical training, information and referral and advocacy about disability rights, investigation of abuse of persons with disabilities. Also provides Client Assistance Program which provides services to any person with a disability who is seeking or is receiving services from an agency funded under the Rehabilitation Act such as TN Vocational Rehabilitation Services, TN Blind Services Agency, Center for Independent Living, Projects with Industry. Assistance is provided to access and benefit from rehabilitation services leading to employment, independent living and community participation. Agency also provides assistance for parents/guardians at IEP meetings at schools. This is the regional office of West TN.

Financial Assistance and Basic Needs Resources

My Town Miracles - Financial Assistance for Greater Memphis Residents in Need

- Location: 449 Highway 72 West Suite 129, Collierville, TN 38017
- Phone: (901) 355-2208
- Website: www.mytownmiracles.org
- Eligibility Requirements: Persons or families with addiction or other life challenges (including persons needing help at the end of their life) in the following Memphis area zip codes (38017, 38018, 38016, 38103, 38104, 38105, 38115, 38116, 38119, 38120, 38134), or residents of DeSoto and Marshall counties in MS and Fayette and Tipton counties in TN.
- Fees for Service: No Fee
- Brief Service Description: Provides one time financial or other supportive services on a case by case basis for men, women or children in the greater Memphis Area (outside the inner city) and in north MS (DeSoto, Marshall counties) and in Fayette and Tipton counties in TN. Faith-based agency partners with individuals with needs in the Four L's: Life, Liberty, Learning (Education) or Last Days (end of life assistance); this includes help for persons with addiction issues or persons at the end of their life, or adults or children with education or life growth needs.