

THE BARN

See below for upcoming service offerings at The Barn focusing on connection, growth, and learning. From support groups to horse-empowered tutoring, our mission is to create safe opportunities for humans to experience the love, acceptance, transformation, and healing that results when humans and nature come together in harmony.

CAREGIVER CONNECTION GROUP

- First Thursday of every month from 5pm-7pm starting May 1st
- Cost: \$50/session - come to one or all!
- Open to parents, family members, or grandparents full-time caring for kids with physical, cognitive, or psychosocial needs
- Connection with other caregivers, rest and play with equine partners, and healing in the natural environment of Montvale Springs

I BELONG @ THE BARN

- A group designed to help kids in care connect with other children who are in similar situations, caring adults, and our equine partners in the healing environment of Montvale Springs. Objectives for this group will be for the children to learn about communication styles, healthy relationships, emotional regulation, building confidence, and many other skills through engaging with each other and horses.
- Wednesdays at 4pm starting June 18th (8 total sessions)
- Open to kids in care (foster or kinship placement) 7-12 years old
- Cost: \$280 (\$35/session) - able to work with TN Strong Families Grant
- 8 spots available



Click [here](mailto:montvaletherapeutics@harmonyfamilycenter.org) to get started with services or reach out to us at montvaletherapeutics@harmonyfamilycenter.org with questions!